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# What's Cookin': Lasagna Rolls

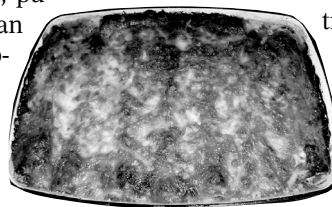
Serves 4-5

## Ingredients

- 2 (28 oz cans) diced tomatoes
- 2-4 cloves garlic
- 1 tbsp Italian seasoning
- salt and pepper
- 1 tbsp vegetable oil
- 2 medium cooking onions, diced
- 2 cups sliced mushrooms
- 1/2 package Europe's Best frozen spinach (thawed), squeezed to release extra liquid
- 2 cups ricotta cheese
- 1 egg, lightly beaten
- 1/2 cup shredded cheddar cheese
- 1/2 cup shredded mozzarella cheese
- salt and pepper
- 1 package fresh lasagna noodles (7 sheets per package)
- 1 cup shredded cheddar cheese
- 1 cup shredded mozzarella cheese

## Method

1. Preheat oven to 350°F.
2. In a food processor, puree tomatoes, garlic, Italian seasoning, salt and pepper. Set aside.
3. Spray 13 X 9-inch (3 L) glass baking dish with cooking spray. Pour one third of the tomato mixture in the baking pan.



**Lori Gysel & Gerry Kentner**



4. In a non-stick skillet, heat oil. Add onions and mushrooms. Cook over medium high heat until slightly caramelized. Stir occasionally. Remove from heat and set aside.
5. In bowl, stir together onions, mushrooms, spinach, ricotta cheese, egg, half cup of shredded cheddar and half cup of shredded mozzarella. Season with salt and pepper. Mix well.
6. Lay all 7 sheets of pasta on the counter. Divide the filling evenly between the sheets, mounding it along the short end. Tightly roll up the pasta to make a long tube. Lay each filled pasta tube in the baking dish on top of the tomato sauce, seam side down. Repeat with other pasta tubes.
7. Pour remaining tomato sauce on top. Sprinkle remaining cheese over top.
8. Cover with foil and bake in centre of oven for 30 minutes. Remove foil and continue to bake for 10-15 minutes until cheese is bubbling and browned. Allow to rest for 10 minutes before serving.

*Email your questions and comments to Lori and Gerry at [whatscookin@independentfreepress.com](mailto:whatscookin@independentfreepress.com)*

*Look for Lori and Gerry's What's Cookin' column about this recipe in the Lifestyle section on [www.independentfreepress.com](http://www.independentfreepress.com)*

## ATHLETES of the week

**Acton High School**



Brittany Schrader

**Christ the King**



Rebecca Amirault



Brendan Uberig



Jake Pehiniak



Nicole Arthurs



Sarah Racinsky

**G.D.H.S**

**Acton High School** Athletes of the Week are Brittany Schrader and Rebecca Amirault. Both are members of the Bearcats' senior volleyball team. Schrader, who plays right side, was chosen for her good setting and serves in two straight wins against Corpus Christi. Amirault, who plays power, was selected for her great diving and key hits in the same match.

**Georgetown District High School** Athletes of the Week are Sarah Racinsky and Nicole Arthurs. Grade 10 student Racinsky, a setter on the Rebels' junior girls' volleyball squad, has been a key contributor to her first-place team's run of five match victories in a row. The 6-foot-tall Arthurs provides an imposing right side presence at the net for the 7-0 senior girls' volleyball Rebels and is a Grade 11 student.

**Christ the King** Athletes of the Week are Jake Pehiniak and Brendan Uberig. Pehiniak, a Grade 9 student and 6-foot power forward on the Jaguars' midget boys' basketball team, was singled out for his efforts in recent games against White Oaks and Holy Trinity. Uberig had a goal and an assist in the CTK boys' hockey team's 8-1 trouncing of Assumption last week and the Grade 12 student provided solid defensive play as well.

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