

SENIORS LIFESTYLES

Wanted: creative fundraising ideas

By **JULIE CONROY**
Acton Seniors Centre news

Have you just moved to the Acton area, recently retired and are 55 plus? There are always lots of things happening at the Acton Seniors Centre, whether it is volunteering, or just joining some of the various drop-in programs or enjoying the monthly social evenings.

Quite a few members visited the Centre during the week between Christmas and New Year's, including the exercise classes and the scrapbooking class. Some people dropped in to renew their membership or become members. Did you forget to renew yours with all the hustle and bustle of Christmas? The 2010 membership dues were due by December 31. As the response to the opening over the holiday week was positive, I think it will be continued another year.

The Fundraising committee meets once a month and Bev Jones is the chair. He is always looking for fresh ideas and new members. Are you interested in helping with something like this? If so please leave a message at the front desk and Bev will call you back. The next major fundraiser will be the Spring Bazaar on Saturday, May 8

which is the Mother's Day weekend. Our Christmas bazaar raised just over \$3,000. The committee asked me to thank everyone who helped in any way, whether by shopping, donating items for sale, or their time.

Thinking of fundraising, did you know that if you make a donation to the Acton Seniors Centre (or the Looking to the Future fund), you will receive an official income tax receipt, which can be used for a deduction in your income tax.

Donna Rowley tells me there are still openings for dart players on Monday mornings. They have lots of fun, and now have more space as the pool table has found a new home. She is hoping to challenge the Georgetown members to a friendly game in the near future.

All the regular drop-in and other programs are up and running:

- Mondays— T'ai Chi, line dancing, badminton or walking in the Dufferin Centre, carpet bowling, scrapbooking (last Monday of month).
- Wednesdays— exercise classes, watercolouring
- Thursdays— canasta and bid euchre and scrapbooking
- Fridays— shuffleboard, lunch, bingo, hiking



Donation to Bennett Village Gallery

Paul Armstrong presented a utility cart to The Gallery at Bennett Village. Accepting the cart are property manager Carol Flikkema (left) and Gallery Social Committee member Ann Totten (right). The Gallery at Bennett Village is a life-lease retirement housing for the 60+. The Gallery hosts open house tour/special presentation on Wednesday, Jan. 20 at 2 p.m. For more information call 905-702-1247 or go to www.bennettvillage.ca

Submitted photo

Co-ed Senior Volleyball 55+: plays Tuesday evenings 6:15-8:30 p.m. at Christ the King School. Non-competitive. We have great fun with lots of laughs. This is a great exercise while playing at your own level. Interested players please call Gratia, 905-702-7811.

Georgetown Seniors Centre euchre: (euchre 1st/3rd Tuesday; bid euchre 2nd/4th Tuesday), 7 p.m. Admission \$2.

German Skat: a card game is played at the Georgetown Seniors Centre every Wednesday starting at 6:30 p.m. For details call Martin, 905-878-7013.

Georgetown

DENTURE CLINIC

Alexander Trenton, DD, F.C.A.D. (A)

Creating Confident Smiles Since 1982!

18 Church Street, Georgetown
905



877-2359

LONG TERM CARE AND RETIREMENT LIVING



Eden House
Care Facility Inc.

"A Nice Place to Live"

Please call for a tour
8:30 am - 5:00 pm

Accredited by:



R.R. 2, Guelph
519-856-4622

www.edenhousecarehome.ca

"Serving Seniors since 1968"

Acton Denture Clinic

Tracy Mitchell DD

130 Mill Street East,
Acton

- Full & Partial Dentures
- Implant Retained Dentures
- Precision Dentures (BPS® Certified)
- Same Day Service for Repairs & Relines
- Dental Lab On Site
- No Referrals Needed

519-853-0079

AS LOW AS \$0.47 A DAY

For more information on how you can sponsor your community in 2010,

please call

Amy Sykes

Special Features

905-873-0301 ext. 237

MOUNTAINVIEW RESIDENCE

"Family Caring. Caring for Life."

222 Mountainview Road North
Georgetown, ON L7G 3R8
(905) 877-1800 tel.
(905) 873-9083 fax
www.mountainviewresidence.com
info@mountainviewresidence.com
82 suites



SERVICES INCLUDED

- Around the Clock Professional Staff
- In-house Physiotherapy & Blood tests
- Medication Supervision & Treatments
- Daily Light & Weekly Full Housekeeping
- Personal & Room Laundry
- Home-style Meals & Snacks
- Full Time Activities Coordinator

AVAILABLE CARE

- Respite/Convalescent/Vacation/Trial Stays
- Visiting Foot Care Nurse
- Hairdressing

AMENITIES & SPECIAL FEATURES

- 5.66-Acre Park-like Landscaped Property
- French Provincial Café
- Theatre/Chapel Lounge
- Sun Room Lounges
- Fire Place Lounge
- Tuck Shop
- Games & Crafts Room
- Internet & Library Lounge
- Intimate Family Dining Room
- Planned Outings With Transportation
- Individually Controlled Heating & Cooling
- Spacious Private Suites from 300 to 630 sq ft



Specializing in Alzheimer's Clientele



"TOTALLY SECURED ENVIRONMENT"

Fox Run is a country estate located on four scenic acres overlooking the Caledon Hills, and close to the quaint village of Erin, Ontario. Fox Run caters exclusively to individuals in early to mid states of Alzheimer's disease and related dementia. We offer a non-institutional alternative for those who can no longer live alone and need around the clock attention.

Contact Patricia Kelly (Owner/Administrator) at 519-833-1033

RR2, Erin, Ontario