

# THE ONLY WEIGHT LOSS PROGRAM IN 2010



# FOR U

**U** weight loss<sup>®</sup> clinics

CANADA'S PREMIER CHOICE FOR REAL WEIGHT LOSS RESULTS

There is no better time than **NOW** to start improving the quality of your life and well-being. **U Weight Loss<sup>®</sup>** offers just the right personalized and doctor-formulated program for **U** to reach and maintain your weight loss goals and to improve your health. Start today and learn how our **3 Simple Secrets** to rapid and lasting results can

## CHANGE YOUR LIFE!

- Eat real food from delicious recipes
- Receive one-on-one personal coaching
- Achieve fast and healthy weight loss
- Maximize your energy levels
- Free your body of toxins and cravings
- Learn about nutrition and exercise
- Improve your libido

**LISA**  
Saskatoon, SK

**27**  
LBS LOST



**ALLY**  
Saskatoon, SK

**30**  
LBS LOST



**TERRY**  
Georgetown, ON

**71**  
LBS LOST



LIMITED TIME OFFER  
PRESENT THIS COUPON AND RECEIVE:

**free + free**  
HEALTHY WEIGHT ANALYSIS    DETOX & CLEANSE KIT<sup>1</sup>

to cleanse your digestive system of toxins, conquer cravings, accelerate weight loss and begin your path to healthy living.

PLUS:  
JOIN NOW AND  
ENJOY YOUR FIRST  
**8 weeks free**

CALL **905.702.0072** OR VISIT US AT:  
**U WEIGHT LOSS<sup>®</sup> CLINIC OF GEORGETOWN**  
371 MOUNTAINVIEW ROAD SOUTH  
Email us at [ugeorgetown@uweightloss.com](mailto:ugeorgetown@uweightloss.com)

[www.becomeuagain.com](http://www.becomeuagain.com)  
OVER 60 LOCATIONS ACROSS  
CANADA AND GROWING!

**lose** the weight · **live** your life · **love** yourself

<sup>1</sup>No obligation. Must be at least 18 years of age. Limited time offer. First visit only. \*Offer available with the purchase of a full weight loss program. One offer per person. Not valid with any other coupons, specials or promotions. Offer expires March 15, 2010. Certain conditions apply. See U Weight Loss<sup>®</sup> for details.

## FROSTBITE?

## Do you know what to do?

- Cover the affected area
- Handle the area gently and never rub the skin as this may cause further damage
- Warm the area gently by immersing the affected part in water that is warm and comfortable to the touch
- Continue to warm until the part until it is warm and looks red.
- Bandage the affected area with a dry sterile dressing
- Ensure that the affected part does not become frozen again.
- Get the person to a doctor as soon as possible