

## Sunday, Jan. 3

**Services at Norval United:** Did you make any New Year's resolutions? Broken them yet? Everyone is welcome at Norval United Church, 486 Guelph St. for Sunday worship services at 8:45 and 10 a.m. If you want to find greater meaning in life, a bit of inspiration and encouragement, a place for your whole family then "come check us out." A fantastic children's program planned too! Info: 905-877-6122, www.norvalunited.ca.

**Halton Hills Sports Museum and Resource Centre:** is open weekly on Sundays, 1-5 p.m. in the Gordon Alcott Heritage Hall at the Mold-Masters SportsPlex.

**Georgetown Runners:** are a group of local runners who meet at the Atlantis Family Athletics (Guelph St. and Mountainview Rd.) 8 a.m. Sundays. All are welcome to join the runs and meet afterwards for coffee at LaVita Cafe. Visit www.georgetownrunners.ca or call Jim, 905-702-1162.

**Emotions Anonymous (EA):** announces the beginning of a new chapter starting Jan. 3. Meetings will be held on Sundays, 7 p.m. at 39 John St. Acton. (beside St Joseph Church parking lot enter in front door.) Everyone is welcome. Info: Robert or Donna, 519-853-2972.

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## Monday, Jan. 4

**Blood donor clinic:** 4-8 p.m. at Acton Arena & Community Centre, 415 Queen St. (Hwy 7), hosted by Canadian Blood Services. Call 1-888-2-DONATE for an appointment.

**Halton Hills Toastmasters:** meets 7:30-9:30 p.m. at St. Alban's Church, 537 Main St., Glen Williams). Develop your speaking and leadership skills now. Info: www.haltonhillstm.org or Kathy Atkinson-Thomas, VP Membership, 647-505-0677, hhtml.membership@gmail.com.

**TOPS-Acton:** meets at St. Joseph Church. Weigh-in: 6-7 p.m. Meetings follow until 8 p.m. Info: Jacquie, 519-853-1019.

**Celebrate Recovery:** Are you looking for a place to go where you can safely admit that you are struggling with addictions or compulsive habits? Many have experienced freedom through this internationally recognized, Christ-centred 12-step recovery program. All are welcome, 7 p.m. at Georgetown Alliance Church. Info: Doug, 905-873-0249 or CR@togetheratgac.com or www.celebraterrecovery.ca

**Al-Anon Family Group meetings:** for families and friends of alcoholics on Mondays, 1:30 p.m. (One Day at a Time Group, St. Joseph Catholic Church, 64 Church St., Acton), and Wednesdays, 8 p.m. (Acton Al-Anon Family Group, Trinity United Church, 70 Mill St., Acton). Info: 1-888-425-2666.

# Community Calendar

## Tuesday, Jan. 5

**Alzheimer Support group:** An opportunity for family caregivers (caring for someone with Alzheimer or related dementia) to receive information and share their personal journey with others at a support meeting, 7-9 p.m. at the Halton Regional Police Station, 217 Guelph St. Info: 1-800-387-7127. Open to all family caregivers.

**Writing your memoirs:** Everyone has something to tell about their life... learn how to write it down. Canadian Federation of University Women (CFUW) Georgetown hosts a public lecture on how to write your memoirs, 7:30 p.m. in the Gallery of the Halton Hills Cultural Centre. Nora Zylstra-Savage will guide your first steps. Co-sponsored by the Halton Hills Public Library.

**Adult volunteer tutors needed:** Can you spare three hours per week? No experience necessary, training provided. Info: 905-873-2200, www.literacyinh.org

**Optimist TV Bingo:** Tune in Tuesday nights, 6:30-7:30 p.m. on the Cogeco Cable channel. Prizes are \$50 to \$250/night. Tickets are available at local convenience stores.

**TOPS-Georgetown:** meets at St. Andrew's United Church. Weigh-in: 6:30 p.m. Meetings follow at 7:30 p.m.

**Georgetown Seniors Centre euchre:** (euchre 1st and third Tuesday; bid euchre second and fourth Tuesday), 7 p.m. at the centre on Guelph St. Admission \$2.

**Halton Adult Badminton:** play Tuesday evenings at Centennial School, Georgetown, 8-10 p.m. All levels of players welcome. Info: Andy, 905-877-7186.

## Wednesday, Jan. 6

**Blood donor clinic:** 4-8 p.m. at Gellert Community Centre, hosted by Canadian Blood Services. Call 1-888-2-DONATE for an appointment.

**Halton Hills Women in Business Networking Luncheon** begins a new year with an education presentation on Safe Business Practices, 11:30 a.m. to 1:30 p.m. Info/register visit www.haltonhillschamber.on.ca or call 905-877-7119.

**Family Storytime:** resumes at the Georgetown branch of the Halton Hills Public Library at 9:45 a.m. and the Acton Community Centre at 2 p.m. No registration required! Also Jan. 13, Jan. 20, Jan. 27.

**Awana Kids Club:** is offered to children in JK to Grade 6 and is hosted by Maple Avenue Baptist Church. All are invited to come out for fun activities, gym games, special theme nights, crafts, Bible learning and to make new friends, 6:25-8 p.m. Info: Heather, 905 873-9549.

**Sleepytime Stories:** Before you tuck the kids in at night, bring them to the Georgetown library for Sleepytime Stories, 7 p.m. Children wear their pajamas to this program full of stories, music and fun! No registration required! Also Jan. 13, Jan. 20.



**German Skat:** a card game is played at the Georgetown Seniors Centre every Wednesday starting at 6:30 p.m. For details call Martin, 905-878-7013. **Look for an expanded version of Community Calendar— events until March 31, 2010— at www.independentfreepress.com/communitycalendar**

## Win a Makeover Contest

Nominate yourself or someone you feel deserves it! (VALUE OVER \$3000.00)

- Hair Cut and Colour, Makeup Application, take home products from Salon Philosophies
- "The New You" Makeover Package from the Downtown Spa and Relaxation Centre
- "Medical Aesthetic" Procedure donated by Dr. Norm Goldberg
- "Semi-Permanent" Eyelash Extensions from the Colour Clinic
- 3 month membership and Fitness Consultation from Atlantis Athletics
- Free Thermography Breast Exam from Heal Thyself Clinic
- 60 min. Perspective Coaching from S.C. Consulting

Entry forms available at:

Atlantis Athletics 232 Guelph St., Georgetown 905 877 0771	Downtown Spa and Relaxation Centre 185 Mountainview Rd. N., Georgetown 905 873 4907 downtownspa11@bellnet.ca	Heal Thyself Clinic 13377 4th Line Acton 519 853 8950	Salon Philosophies: Hair & Make-up Studio 505A Guelph St., Norval 905 877 8497
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# ATHLETES of the week

Acton High School	Christ the King	G.D.H.S
Cara Lyall	Kalsey Smith	Sarah Hickman
Zach Fitterer	Megan Ardron	Stefan Sicard

**Acton High School** Athletes of the Week are Cara Lyall and Kalsey Smith. Both are members of the Bearcats senior volleyball team, with Lyall playing setter and Smith in middle. Chosen for their game against Pearson, Lyall had great setting and saved passes, while Smith had some great hits and spikes which dominated Pearson two games straight.

**Georgetown District High School** Athletes of the Week are Megan Ardron and Stefan Sicard. Both are members of the Rebels swim team. Ardron was selected for her hard work and training, which has resulted in her swimming many personal bests. Sicard was chosen for his performance at the University of Guelph meet, where he swam personal bests in both the 50 back and 100 IM.

**Christ the King Catholic High School** Athletes of the Week are Sarah Hickman and Zach Fitterer. Hickman, a guard on the senior Jaguars basketball team, was chosen for her 12 points scored against White Oaks. Fitterer, a linebacker and offensive guard on the Jaguars' senior football team, was cited for his two SACs and more than five tackles in a win against Loyola.

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# Find it First! Boxing Week.

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**LIVE DEC 24<sup>TH</sup> 4PM**



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