



DANCING UP A STORM

Acton sisters Sydney, 10, (left) and Rachel Durham, 8, showed off their award-winning style for members of the Acton Seniors Centre at a recent Birthday Tea.

— Julie Conroy photos



Dragon boat race aids Halton Seniors

On Saturday, May 28, the annual Lively Dragon Boat Race will be held in Milton at Kelso Conservation Area to raise funds for the residents of Halton Region's Allendale long-term care home and adult day programs (Milton Place and Friends Landing in Milton and Silver Creek Place in Georgetown). Lively Dragon is a dragon boat racing club that organizes boat races to raise funds for charities. The event will take place from 8 a.m. to 5:30 p.m. and will feature a

barbeque, family activities, and dragon boat racing.

"We are grateful for the generous support of the Lively Dragon boat club that continues to enrich the lives of the seniors we care for in Halton," said Halton Regional Chair Gary Carr. "The proceeds from the race will be used to purchase equipment and support special events for the residents of Allendale long-term care home and participants of the adult day programs."

Since the first race in 2002, the annual Lively Dragon Boat Race at Kelso has raised over \$70,000 in support of Halton Region's long-term care homes and adult day programs. If you would like to participate, there is still time to register a team for the 2011 race. To register a team, you need 20 people and lots of energy. Paddles, lifejackets, and boats are all provided. For more information, contact the Lively Dragon boat club at www.lively-dragon.com.



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