



February is Heart

9 in 10 Canadians are at risk for heart disease and stroke. The

Work to be done to save lives

The Heart and Stroke Foundation continues to fund research advances and public education initiatives to prevent devastating outcomes. Some of the \$66-million spent on research in Canada in 2009 included:

- research behind the development and use of the implantable pacemaker

- pioneering the artificial heart for transplant patients
- creating a scale that measures the severity of strokes
- the use of acetylsalicylic acid (ASA) in preventing heart attack and stroke
- clot-busting drugs that reduce mental and physical damage caused by 80 per cent of strokes
- public awareness of stroke signs and heart attack warning signals
- developing and updating guidelines for resuscitation (CPR)
- promoting public recommendations for the management of high blood pressure

The Heart and Stroke Foundation's tradition of funding world-class science means today's research climate is producing medical advances at a rate never imagined 50 years ago.



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Research reduces

With one in three deaths due to heart disease and stroke, Canadians continue to look to the Heart and Stroke Foundation to fund vital research that will reduce their risk of heart disease and stroke and improve the quality of their lives. The Foundation has met that challenge – the mortality rate from heart disease and stroke has decreased by 70 per cent since 1952, thanks in large part to our research.



Millions of Canadians are still at risk, and will be, for generations to come. More than 50,000 strokes, 75,000 heart attacks and 40,000 cardiac arrests occur every year. Sadly, one in three deaths in Canada are

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