

Women's Institute holds first winter meeting

By BETTY SOJKA
Herald Special

Mrs. Grace McEnery gives us the following report of the January Women's Institute meeting held at the home of W.I. President Mrs. Margaret Jamieson, on Jan. 8th. This was the first of our winter afternoon meetings which started with dessert, and chit chat at 10:00 a.m.

Later the president opened the meeting with New Year's thoughts from the Scottish Friendship Book. The roll call - name a way honey is used in your home, was answered by nine members with three visitors in attendance. The minutes and financial statement were given by the secretary treasurer Ada Kirkwood.

A discussion was held on

money making projects. It was decided to hold our euchres again this winter. These are planned by three groups, and are usually held in the homes during February. A report was given by Eileen McEnery on the delivery of the Christmas Cheer boxes, and thank you letters were read.

The Workshops to be held in Fergus on Feb. 22nd were planned, and several intend to attend. There were six topics to choose from - such as C.P.R., lawn chair macrame, cake decorating. Choosing the topics for next year's work shops will be decided at the next meeting. The topic for this meeting was Family and Consumers affairs. The Conveynor was Alma Sinclair. Current events were prepared, and read by Betty Koopdraad.

The motto "Good Nutrition"

Ballinafad News

makes us stronger, and makes us live a little longer", was given by Margaret Jamieson. She reviewed the Canada Food rules, and emphasized the present idea of lowering fat content, and being aware of cholesterol content. Nutrition can be very complicated. There are 40 different nutrients to be considered if we are to have a perfect diet. The committee reports Betty Koopdraad discussed the high cost of putting food on the table, and also the fact that so many people are beginning to rely on food banks, and many should

becoming more self reliant, and learn to use food in a more self sufficient way. The food banks may give out. Are school breakfasts, and community meals the answer?

We had a guest speaker, a local crafts person, Mrs. Yolande Lulman, who is an instructor who teaches Folk art painting in her home in Ballinafad. She has taken many classes, and has travelled afar for seminars. She decorates on metal, wood, silk, and other materials with acrylics. It is a creative art where you make your own, (or copy) designs. She showed many pictures, and had many objects on display of her talents. Her initiative work included decorative milk cans, board boxes, coat hangers, jewellery cases. She shows at many craft shows, and

bazaars.

A kitchen knife holder was raffled, and won by Eileen McEnery. This was very interesting, and it is fine to know the talent that we have at home. Alma Sinclair thanked her, and expressed our appreciation for her presentation. The meeting was adjourned. The next one will be an afternoon meeting on February 5th, at the home of Eileen McEnery, at 10:00 a.m. for dessert.

Last reminder of the Ballinafad Hall Board Annual Meeting, coming up Sunday, Jan. 26th. It is to be held at the community centre, and will begin at 2:00 p.m. Refreshments will be served. Let's show some community support, and see you there!

The Robbie Burns dinner on Saturday, Jan. 25th, is a sell out.

Community Service Bulletins

CSBs

If you are a non-profit organization, service club or charity or church group and would like us to publish your community service announcement of community interest, call us at 877-2201 during regular office hours. There is no charge for this service to Halton Hills community groups. The deadline for submissions is Friday at Noon for publication for the following Wednesday. Deadlines will not be extended under any circumstances. Although we will do our best to print all announcements, space is limited and there are no guarantees of insertion.

Kinsmen Club of Georgetown meet every other Wednesday at the McGibbon Hotel at 7 p.m. For more information call Ron Lefebvre at 877-2370.

Lion's Club of Georgetown meets every Tuesday at the Lion's Hall on Mill St. behind the Arena at 7 p.m. For more information call Bill Mason at 877-7901.

The Rotary Club of Acton meets Tuesdays at 6:30 p.m. at the Wooden Hearth Restaurant. For more information call Brian Robertson at 853-1653.

Optimist Club of Georgetown meets 2nd and 4th Tuesday of the month at 7 p.m. at the club, Hwy. 7. For more information contact Sandy Booth at 877-4569.

Georgetown Branch 120 Royal Canadian Legion monthly meeting at 8 p.m., 4th Thursday of each month at the Georgetown Lion Branch 127, Mill St., Georgetown. For more information call 877-4413.

Multiple Sclerosis Self-Help Group meetings held 3rd Thurs. of the month at 10 a.m. at the Social Services Building, Willow Street, Acton.

The Georgetown and District Memorial Hospital invites all persons interested in Alzheimer's Disease and starting our own Community Support Group to an Open Forum: Wednesday, Jan. 29, 1992, 7:00 to 9:00 p.m. Bennett Recreation Room, Guest Speaker: Mary Everett, RSVP to Kelly 873-0111 ext 191.

Acton Al-Anon Group is meeting every Wednesday at Acton Baptist Church, side entrance at 8 p.m. Everyone welcome. For further information contact Eleanor at 853-0331.

The Georgetown Chapter of the Canadian Diabetes Association Meetings are held on the last Wednesday of each month, at 7 p.m., in the Lion's Hall on Mill Street, behind the arena. For more information call Jim Akers at 873-3377 before 5:00 p.m. Everyone is welcome.

Annual Meeting Friends of the Museum from Halton Region Museum, Kelso will be held in Milton at Hugh Foster Hall on Tues. Jan. 28 at 7:30 p.m. Call 875-2200.

Volunteers

Georgetown Vintners are looking for amateur winemakers. For more information call 877-5302.

Red Cross Georgetown and District requires volunteers to assist in Finance and Publicity, driving and First Aid instructions. For more information call Bernice at 877-5233.

Alcoholic Anonymous can help. Call 877-1211 for more information. The Salvation Army will pick up appliances in working order. For more information call 853-3321.

Volunteer drivers for the Canadian Cancer Society, Georgetown Unit, needed to transport patients to and from the Princess Margaret Hospital in Toronto. Reimbursement for mileage will be paid. Please contact the Georgetown Unit's office at 164 Guelph St., Georgetown, between 1-4 p.m. daily, or call the cancer office at 877-1124.

Halton Support Services is looking for mature individuals who are interested in contract positions working 4-15 hours per week teaching life skills to children with developmental handicaps. Instruction takes place in the child's home. If you are 18 or older call (416) 849-8000 for more information.

Big Brothers is looking for men 18 years or older to volunteer 4 hours a week to a young boy from a father-absent home. For more information please call 847-7267 or 876-4756.

Become a foster parent. Call Kim Elliott at 844-8211 and find out how. There's a child who needs you now. Attention Seniors and Disabled. Help with snow shoveling available, for more information call North Halton Distress and Information Center at 877-1211.

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Happenings

Georgetown Optimist Club are now planning Bang-O Rama Victoria Day weekend. If interested in getting involved contact Optimist Sandy Booth 877-4569.

Ballinafad Hall Board Annual Meeting, Sunday, January 26, 2 p.m. Ballinafad Community Center. All welcome.

Judo Ages 6-14, Wed. Jan. 22 6:30 to 8:00 p.m. Odd Fellow's Hall, \$40.00 call 1-800-661-0242.

Big Sister Awareness Month Girls 6 to 16 are invited to enlist for a Big Sister. Parents just call 878-0378 or 878-7772.

A networking group workshop for abused women will be held every Wednesday, 7:30 p.m. at Georgetown District High School. For further information contact either Pam Johnston 877-8877 or Connie Karlsson 877-2436.

The Halton Creative Sewing Association, Tues., Jan. 28, 8:00 p.m., St. Andrews United Church, Georgetown, \$4.00 per person.

The Georgetown Unit of the Canadian Cancer Society is presenting a Vaudeville Show, Fri., Feb. 7 and Sat. Feb. 8, 8:00 p.m. Children's Matinee Sat. Feb. 8, 3:00 p.m., John Elliott Theatre, tickets for evening performances \$15.00 GST included, \$5.00 for matinee. Call 877-6563 or 877-7239.

Victorian Order of Nurses Foot Care Clinic \$15.00 Georgetown Hospital from 1:00 to 4:00 p.m. on Feb. 4 and Feb. 18.

Call 1-800-387-7127 and 7128.

Canadian Mental Health Association, Halton Region Branch will host a special production of "Well Hello Follies", at Theatre Sheridan on Feb. 13, 1992. \$15.00 per person, call 845-5044.

Halton Regional Health Department, Preventive Services Division and Centennial Middle School will offer a six-part series "I-RATE PLUS" designed to promote personal wellness with other women. Begins Mon., Feb. 3, 1992 at Centennial Middle School, 9:30 a.m. to 11:00 a.m. Babysitting can be provided. Call 877-6976 for information.

Sweetheart Dance Sat. Feb. 15, 1992, 9 p.m. - 1 p.m. Ballinafad Community Centre, cash bar, music by S and S Sound. Pot luck menu. Spot prizes, door prizes. \$7.50 per person. Tickets available at the Ballinafad General Store.

Meetings

Acton Lions Club meet the 2nd and 4th Wed. of the month at 8 p.m. at Legion Branch 197, Acton. For more information contact Dave Pyke at 853-3410.

Living With Cancer groups meet every second Thursday at the Canadian Cancer Society, Milton Branch, 751 Main St. E. at 7:30 p.m. For more information call 877-5228 or 878-1876.

Lioness Club of Georgetown meet at the members homes on the 1st and 3rd Wednesday of the month. For more information contact Louise Giffin at 877-8888.

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