



the HERALD'S
Christmas Gift Guide



Gift of travel well received

If you're looking for a way to make the holidays special, you might want to give the gift of travel. Near or far. For a weekend, a week or longer.

The Christmas season — when families go visiting (and kids are off from school) — is one of the most popular times of the year to travel.

Travel expert Denis Seynhaeve, president of Delsey Luggage, suggests giving somebody on your holiday list a round-trip ticket to visit a loved one.

Or, if spending the holidays with relatives or friends isn't your idea of a treat, you can find a suitable destination for just you and your mate.

It can be a welcome — and personal — surprise at Christmas.

You can also plan for a trip months after the holidays, but surprise the right person — or the whole family — with the good news at Christmastime.

To make grand plans without giving away the secret, just mention that a frequent flyer you know got a free round-trip to the destination of his choice — then innocently ask, "Where would you go?"

Careful planning and preparation are the key to keeping the "surprise" in a surprise. Don't wait until the last minute to start talking about trips.

Buy a travel magazine and leave it in a conspicuous place, creating the perfect conversation starter when your partner starts to rifle through it.

Fantasize aloud about your ideal getaway vacation after watching a travel commercial on TV. Ask your mate about his or her favorite dream spot.

Cover all angles of the gift trip, to make it a memorable experience.

For example, plan for the transportation to and from the airport; call ahead and confirm reservations, and pick up the itinerary from your travel agent so it won't be discovered in the mail.

Use your creativity to wrap your travel present in an innovative way, recommends Seynhaeve. Luggage is just the thing.

The OK! Delsey line of totes and travel bags offers a complete array of durable, nylon bags — including backpacks — that are perfect for weekend jaunts.

If it's a weekend in the mountains you're arranging, mark the location on a map. Tuck the map into a backpack and then gift-wrap the backpack.

Or, if it's a trip to a spa for an extra sensory experience (massage, pedicure, manicure, facial), place the schedule of suggested activities in a Club Hardside Beauty Case from Delsey.

Or, put a spa brochure in the pocket of a plush terry cloth robe and pack the robe in Delsey's Axiome suitcase. There is a wide array of unique travel packages to choose from.

Check with your travel agent for suggestions on your gift needs.



GIVE THE GIFT OF SAFETY this holiday season with practical automotive accessories.

Add a splash of holiday flash with accessories

This holiday season, classic fashion styles such as the little black cocktail dress and the elegant black tuxedo will get their flair from colorful and festive accessories. Whether you're buying a gift for that special someone or treating yourself to a party outfit, bypass the clothes rack and stop by the accessories counter or your favorite boutique. With a little creativity, last year's tux or dress can be this year's high fashion item.

From head to toe, men and women should think big, bold and colorful to accent both casual and formal holiday attire. Whether it's oversized cufflinks, dramatically patterned scarves or footwear with an extra flair, small additions to this season's wardrobe can make the ordinary look extraordinary.

Men who lean more toward the conservative can add a small but stylish touch to their party attire by substituting a pair of bold, oversized cufflinks for the standard monogrammed set.

Consider donning a pair of elegant Western boots for a discreet fashion look.

Men who prefer to walk on the wilder side might add a splash of flash to their attire by accessorizing a classic tuxedo with vibrantly-colored and intricately-patterned silk scarves, neckwear and vests.

Women should take a second look at their existing wardrobe and spruce up last year's outfits with this year's extras. Whether for formal occasions or casual get-togethers, attention to the details from top to bottom will help create fun, original holiday wear.

Whether you are struggling over your gift list or your wish list, remember that accessories make a versatile addition to any wardrobe. So don't agonize; accessorize!

Country Bake Holiday Fruit Cake

- 1/2 cup brandy
- 6 eggs
- 1 lb. sultana raisins
- 1 lb. Thompson seedless raisins
- 1/2 lb. cooking dates
- 1/2 lb. green glazed cherries
- 1/2 lb. maraschino cherries
- 1-19 oz. tin crushed pineapple (drained)
- 1/2 lb. raw almonds
- 1/4 cup molasses
- 1/2 tsp. all spice
- 3/4 tsp. baking soda
- 1/2 lb. butter
- 1/2 cup brown sugar
- 1/2 lb. red glazed cherries
- 1/2 lb. pecan halves
- 1/2 tsp. clover
- 2 tbsp. pure vanilla extract
- 2 1/2 cups all purpose flour

Beat egg whites until light and frothy. Combine egg yolks, molasses, sugar, butter and brandy; mix well.

Add raisins, dates, glazed cherries, maraschino cherries, crushed pineapple, almonds, pecan halves, all spices, flour and baking soda.

Fold in egg whites. Pour into greased 9x6" loaf pan. Bake at 350 degrees F for 3 hours. Cool in pan 10 minutes, remove from pan.

FITNESS FOR CHRISTMAS



HEALTH RISK APPRAISAL

Those you care for will appreciate the computerized Health Risk Appraisal administered by a fitness counsellor. They will learn at what age they are presently living at according to their lifestyle.

\$500



3 DAY PASS

Let us introduce your friends and family to our fitness facilities and professional staff. A three day pass is an economical way to see what our club has to offer.

\$7000



30 DAY TRIAL MEMBERSHIP

Friends and family will love our Christmas idea. The 30 DAY Trial Membership will entitle a person to use our Weight Room, LifeSteps, LifeCycles and participate in fitness classes from December 27, 1991 to January 27, 1992.

\$3000



COMPUTERIZED FITNESS ASSESSMENT

A computerized fitness assessment is a great motivator for people who want to know what they need to do to improve their fitness level.

\$3000



GIFT PACKAGE COMBINATION

We have combined our 30 Day Trial Membership with a Fitness Assessment and a Health Risk Appraisal. This super gift pack is sure to let that special someone know just how much you really care about them.

FOR ONLY **\$5000**



WORK THAT BODY
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From all of us at Work That Body, we would like to wish everyone in Nelson Hills a Merry Christmas!