

Jim Corrigan moves into top spot in youth darts

Last week's youth leader, eight-year-old Jason Mercer was not able to play this past weekend and dropped down the standings a shade as a result. Jim Corrigan takes over, with Kyle Hancock and Jamie Schell close behind. The players were divided into two sides for baseball and the game was tied at 38-38 at the close. A tie breaker ensued and went to the 11th inning before Corrigan's team made the winning point over Justin Penfold's team.

In normal, if I may use the term, as an old stager, player Keri Penfold notched the season to date high finish with 70. The high score went to 135 with Corrigan and Hancock sharing the honours. Leanne Luck scored 105 and Tommy Allen finished 61. A good Sunday afternoon's darts at

O'Tooles for the young players.

The Halton adults had the opportunity of playing this Sunday in zone shoots for Darts Ontario - clashing with the Grey Cup football final, which I did watch. Great Stuff, the Argos defended themselves to victory, and what a magic minute in the fourth quarter to seal it all. (Ooops, wrong sport!)

George no. 2 played George no. 3 last week and won 10-4 with several high scores from each team. Self shot 180. Mark See achieved 15 bonus points. Joe Cairns scored two 140s and most players managed a bonus of two or more. Ashley Windsor notched a high finish of note.

Industrial League continued at the Legion with first and second division play. This evening it is

Alex Tough



the team doubles competition - so be early for the registration and start.

First division has Hustlers, 71 pts., Gasketman Cutters 66 pts., Westenders and Steeprock, 53 pts., Ensigns and Acadian Pools, 42 pts., High Rollers 36 pts. and

Aces with 33 pts. in bottom place.

Second division leaders are Panthers, 52 pts., Inter County and Hotshots, 49 pts., Taxmen, 46 pts., Independents 40 pts., Firemen 34 pts. and Bandits bringing up the rear with 26 pts.

Two individual moments of note were Brad Youman's opening high of 160 and Erwin See with a high finish of 131 in season to date. High score in first and second division remains 180 from Ron Scarlett and Roger Moore respectively. Chris Stiles' 136 is the high start and Graham Griffith's 113 is the high finish in the second division.

Stan Rhynold had free and easy night with 4 opens and 2 closes and two opens were 120, scored 109 to finish. Not bad at all. Bruce Hope and Mark See had 2 closes each and Eddie Ebbinge topped 125. Hunter Carroll popped 110 to close and Dan Abercrombie scored 125 and went 2-1 in starts and finishes. Paul Kirby had 3 starts and 2 finishes with support from Hugh Smid and his 3 starts and steady darts from Bob Girdwood. Jim Fisher opened 3 and Eric Fuller closed 3 with Brian Hicks firing 140 and 138.

Dave Beaumont went 3-1 and his finish was a fine 78. Bill Hall also began 3. Ron Scarlett began

108 two sets in a row. Beau Beaumont opened with 112 and scored 121. Al Murphy opened five, one of 100 and scored 135 with Harry Bottoms starting 2 and closing with 66. Dan Fraser scored 140 and Bruce Stevens and Tim Fields each knocked 133.

Graham Griffiths scored 135, Bruce Cpriol scored 134 and Joe Poirier went 2-2. George Powell opened 45 and Bryan Turner closed 3 with Alex Bowie scoring 101. George O'Neil and Ted Nelson each scored 140.

Did you see darts last week on TV? I did not, although the semi finals featured Eric Bristow, Mike Gregory and Newcomer, to me, Priestly with another, unknown to me. Anyone tape the matches, who won? When you see the world class pros at it and see them hit several 180s in a night, realization sets in - a long way to go. Canada's Bob Sinnaeve seems to have dropped out of top contention these days.

Rick Harden still makes a try to appear for Cutters on Wednesdays and recently went to the winners circle in the Darts Ontario blind draw tourney. Ian McDonald also featured strongly and came second in his section. That's all folks.



Champion 'Misfits'

This team from Mimico, the Misfits, were the overall winners at the Georgetown Vanier Centre's first annual Darts Tournament, held at the Copper Kettle Pub in Glen Williams Tuesday, Nov. 19. Eight teams competed in this day long tournament.

Approximately \$700 was raised during the tournament and will be presented to the United Way of Georgetown. (From left to right) Bill Brazil, Mike Haydar, Fred Horn, and Burlock Winston. (Herald Photo)

KINSMEN GIRLS' SOFTBALL GENERAL MEETING

GORDON ALCOTT ARENA
THURSDAY, NOVEMBER 28
7:00 P.M.

ALL INTERESTED PEOPLE WELCOME!
PLEASE PLAN TO ATTEND.
WE NEED YOUR IDEAS AND SUPPORT

Focus on Fitness
by Laurie Burns
Exercise Physiologist

Holiday Health

People think they have to offer food along with their hospitality. Actually, you can visit friends for an afternoon or evening and have a nice visit without consuming hundreds of calories in cakes, nuts, and chips that neither of you would have had if you had not been together in the first place. We need to learn to be able to have a conversation without using it as an excuse for having calories at the same time. If you tend to overeat tell your friends that you are coming for their good friendship and are watching what you eat. (This way they know ahead of time and will not be insulted if you eat less).

One of the reasons that most published diets fail over the long term is that they require you to have specific personal foods in the house - or else put the entire family on the diet. Such diets do not allow for most restaurant meals, or special events such as weddings and dinner parties. Another problem of these diets is they have you thinking about food all day long.

If you have success on a well balanced diet, stick with it. However, after you have been dieting for six months or a year, if you find that your weight tends to come back up to where it was originally - or worse yet even higher - then the whole process is obviously at fault. When you diet, you are not learning anything about yourself, your lifestyle habits, or your real problems. Once you stop dieting, you are right back to your old habits of eating the wrong foods, carrying out the wrong activities, and getting ready to buy your next diet book.

This Christmas give yourself a very special gift.

1. The season should not be your reason to overeat.
 2. Eat well-balanced meals daily.
 3. Consume enough calories for the activities that you do.
 4. If you are not active then get started.
- What better gift could you give yourself than health!

Midget Hurricanes gain split

The Hurricanes gained a split in their two league games this week, defeating Oakville 5-4 in Oakville, before falling at home to Brampton 5-2 Sunday evening.

In Oakville, the Hurricanes found themselves down 2-0 before the game was three minutes old. They responded with four unanswered goals to take a 4-3 lead into the dressing room for the second period intermission.

Jason Cole started the comeback and finished the night with a goal and two assists. Other marksmen were Randy Bond, Mark Lunn, Ken Kosziwka and Jamie Janjevich. Both teams scored power play goals in the third period as the game ended 5-4 for Halton.

Sunday evening, the Hurricanes fell 5-2 to Brampton. Both teams exchanged goals in the first period with Ian Davidson scoring the Hurricane marker. Brampton took the lead for good with three straight goals before Mark Lunn gave the Hurricanes comeback chances a lift.

Brampton closed the door and added the clincher with less than a minute remaining in the final period.

The Hurricanes travel to Barrie tonight before playing in North Bay on the weekend.

SHOP DOWN TOWN THIS CHRISTMAS

NOVEMBER 30: COME DOWNTOWN AND WATCH THE LIONS CLUB... SANTA CLAUS PARADE

DECEMBER 1st: JOIN US THIS SUNDAY BETWEEN NOON AND 5 PM FOR... OPEN HOUSE/CUSTOMER APPRECIATION DAY

Good Olde Fashioned Christmas Cheer. A great opportunity to browse for gifts. Also bring a food donation for the Love in Christ Food Bank Drive.

DG DOWNTOWN GEORGETOWN