



**ON DELIVERY
MEALS ON WHEELS**

On delivery

Taking a break from wheeling meals in Acton are (back, left to right) Sabrina Piercy, Michelle Smith, Karen Piercy and (front, left to right) Jennifer MacNaughton and Katie White who are members of the Ospringe Girl Guides. The entire Guide group was out meeting seniors and delivering meals for Acton Social Services Meals on Wheels Friday as part of a service project. (Herald Photo)

Important seniors forums scheduled

Seniors for the Future

The question is often asked - what are the major needs of Halton Hills seniors and what can be done about them?

Recreation centres in Acton and Georgetown are long overdue. Difficulty in finding transportation to shop or visit friends keeps many at home for long, lonely hours. Housing is a problem for others, especially when increasing frailty makes upkeep of a house or apartment difficult. And how does one find help in order to stay at home? What happens when one is caring for a frail relative with few breaks in a 24-hour day - 7 days a week struggle? How can seniors cope with all the losses that come with aging and still remain in reasonably good health most of the time?

These questions will be addressed at two important Community Forums held in Georgetown and Acton on November 26 and 27 respectively.

The discussions will focus on the following:

- seniors recreation centres - in both communities
- a range of affordable housing choices - with "built-in" support systems
- improved transportation
- improved services to assist those who are struggling to remain safely at home.

The Advisory Committee of the Seniors Study currently underway at Georgetown and District

Memorial Hospital is chaired by Les Mellish of the Georgetown Seniors Association. The committee is emphatic - there have been enough studies. It is time for action. Community reaction, involvement and support are crucial. A good turnout at these Community Forums will indicate interest in making seniors services in Georgetown and Acton first class.

The needs of the adult disabled are the subject of a separate study which will be completed in the spring of 1992. It is hoped that the results from both of these studies will be coordinated to make the best use of resources available.

It is always important to plant community resources wisely. It is even more critical when money is scarce. Fortunately, the most economical solutions are sometimes the best.

It is possible, for example, that a seniors recreation centre in Georgetown could be "housed" in a Community Resources Centre, and that an organization similar to ASSIC (Acton Social Services and Information Centre) could be

developed in Georgetown to deal with a broad range of needs.

ASSIC and a similar association in the Georgetown centre could even share resources and collaborate in planning.

The provincial government is currently planning for changes in Long Term Care throughout the province in response to a number of factors:

- Increase in seniors population
- Demand for community care options
- Poor coordination of services
- Increasing costs.

To address these factors, the governments priorities for Long Term Care include:

- a shift from nursing home to creative community-based care
- more community support programs
- improved access to services.

The timing of the Halton Hills Seniors Study is therefore very opportune. We could even be in the forefront of these coming changes. Recently, a seniors letter to the editor clearly pointed out the deficiencies in our community compared to others in Halton. Changes are long overdue to correct those deficiencies. Plan to attend the Community Forums to help the Seniors Study Advisory Committee choose:



THE CORPORATION OF THE
Town of Halton Hills
1 Halton Hills Drive — P.O. Box 128
HALTON HILLS (Georgetown), Ontario L7G 5G2
873-2600

**PUBLIC INFORMATION CENTRE
PROPOSED RECONSTRUCTION OF TODD RD.
MOUNTAINVIEW RD. TO C.N.R. SPUR LINE**

The Town of Halton Hills invites you to attend a Public Information Centre to view the preliminary Design Proposal for the reconstruction of the above-named section of road.

The Public Information Centre will be held as follows:

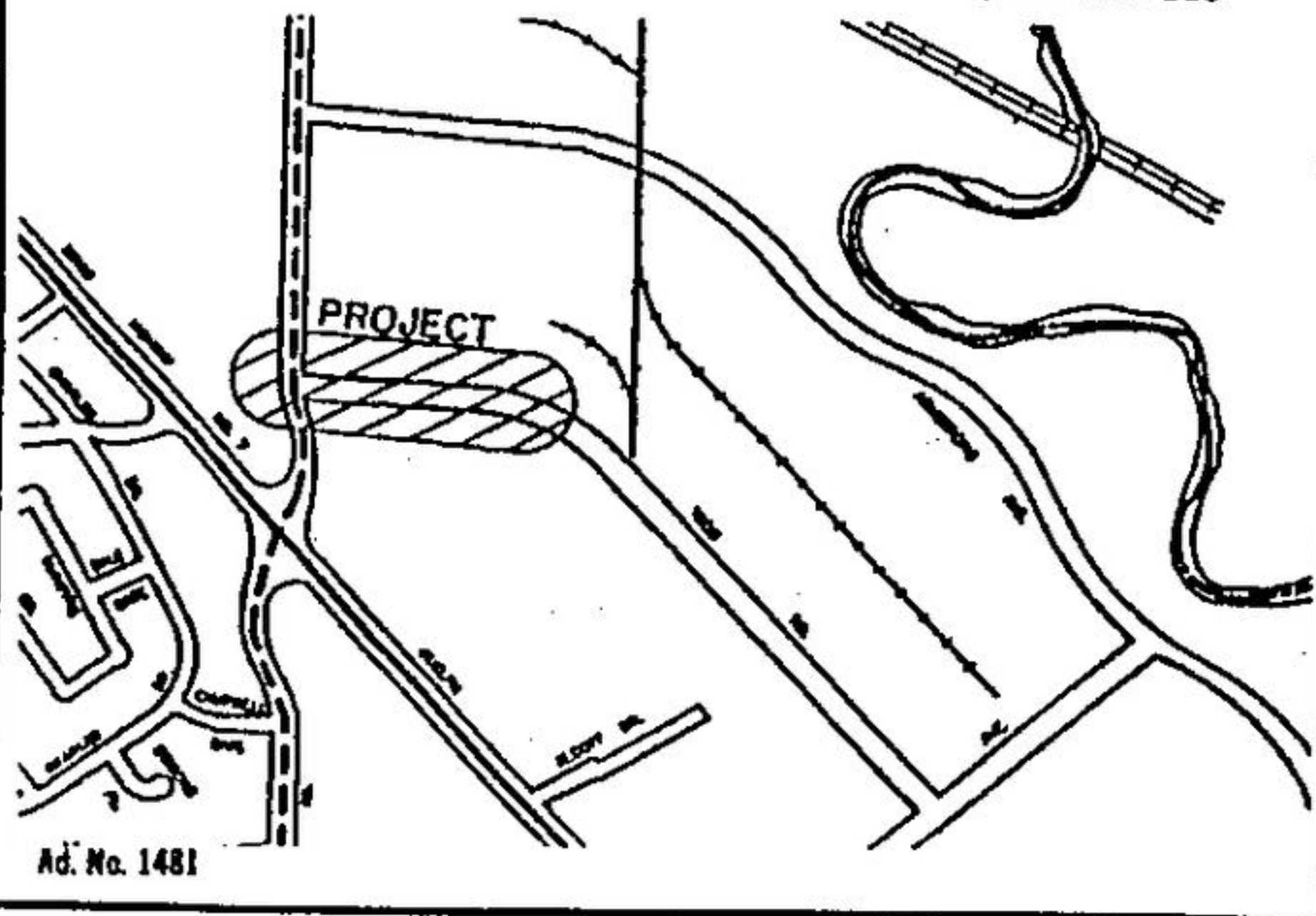
- DATE:** Wednesday, December 4, 1991
- TIME:** 3:00 p.m. to 4:00 p.m. and
7:00 p.m. to 8:00 p.m.
- PLACE:** Town of Halton Hills Civic Centre
Committee Room
1 Halton Hills Drive
Georgetown

This Public Information Centre will be an informal meeting where plans showing the preliminary design will be available for viewing by area residents and other interested parties. Town of Halton Hills staff will be available to discuss the project. The public are encouraged to attend the centre to review the design and provide comments.

The project is being carried out in accordance with the Class Environmental Assessment Process for Municipal Road Projects.

Inquiries on the project may be addressed to:

Mr. R. A. Goddard, C.E.T.
Town of Halton Hills
1 Halton Hills Drive
Halton Hills, Ontario
L7G 5G2
Telephone: 873-2600, extension 310



Ad. No. 1481

**Seniors
health
program**

Seniors who have diabetes and must inject insulin daily to maintain health and life are to receive help paying for needles and syringes, Health Minister Frances Lankin has announced.

The \$2 million program will provide an annual grant of \$125 to 15,500 seniors with diabetes. The grant is approximately 75 per cent of the cost to the average insulin user of buying needles and syringes. Insulin has been provided free to seniors through the Ontario Drug Benefit Program since 1975. Insulin can only be taken by injection. Those who need it face death or serious illness if they do not take it.

Ms Lankin noted that it is 70 years since Canadians Frederick Banting and Charles Best discovered insulin.

"The Insulin Syringes for Seniors Program will resolve a longstanding inequity for those 65 and over with diabetes in this province. This program recognizes not only the need for accessibility to essential therapy, but also the significant individual contribution made by seniors who have managed their health with diabetes through a disciplined adherence to a diabetic regime." Ms Lankin said. She added that seniors are a group at high risk for complications and illness arising from the disease and they are also among those least likely to have private insurance plans covering needles and syringes.

Ms Lankin thanked the Canadian Diabetes Association (CDA), Ontario Division and its branches for their continuing role in diabetes awareness and their particular concern for this issue.

Starting this week, seniors with diabetes may obtain application forms for this program and a factsheet describing this and other diabetes programs through their local CDA offices; or they may call the Assistive Devices Program's Toronto office, 1-800-268-6021.

Anyone living in Ontario and holding an Ontario Health 65 card may apply. Eligible applicants will receive applications by mail each year after they receive their first grant.



THE CORPORATION OF THE
Town of Halton Hills
1 Halton Hills Drive — P.O. Box 128
HALTON HILLS (Georgetown), Ontario L7G 5G2
873-2600

**PUBLIC INFORMATION CENTRE
PROPOSED RECONSTRUCTION OF
CONFEDERATION STREET
KAREN DRIVE TO WILDWOOD ROAD**

The Town of Halton Hills invites you to attend a Public Information Centre to view the preliminary design proposal for the reconstruction of the above-named section of road.

The Public Information Centre will be held as follows:

- Date:** Thursday, December 6, 1991
- Time:** 3:00 p.m. to 4:30 p.m. and
6:30 p.m. to 8:00 p.m.
- PLACE:** Town of Halton Hills Civic Centre
Committee Room
1 Halton Hills Drive
Georgetown

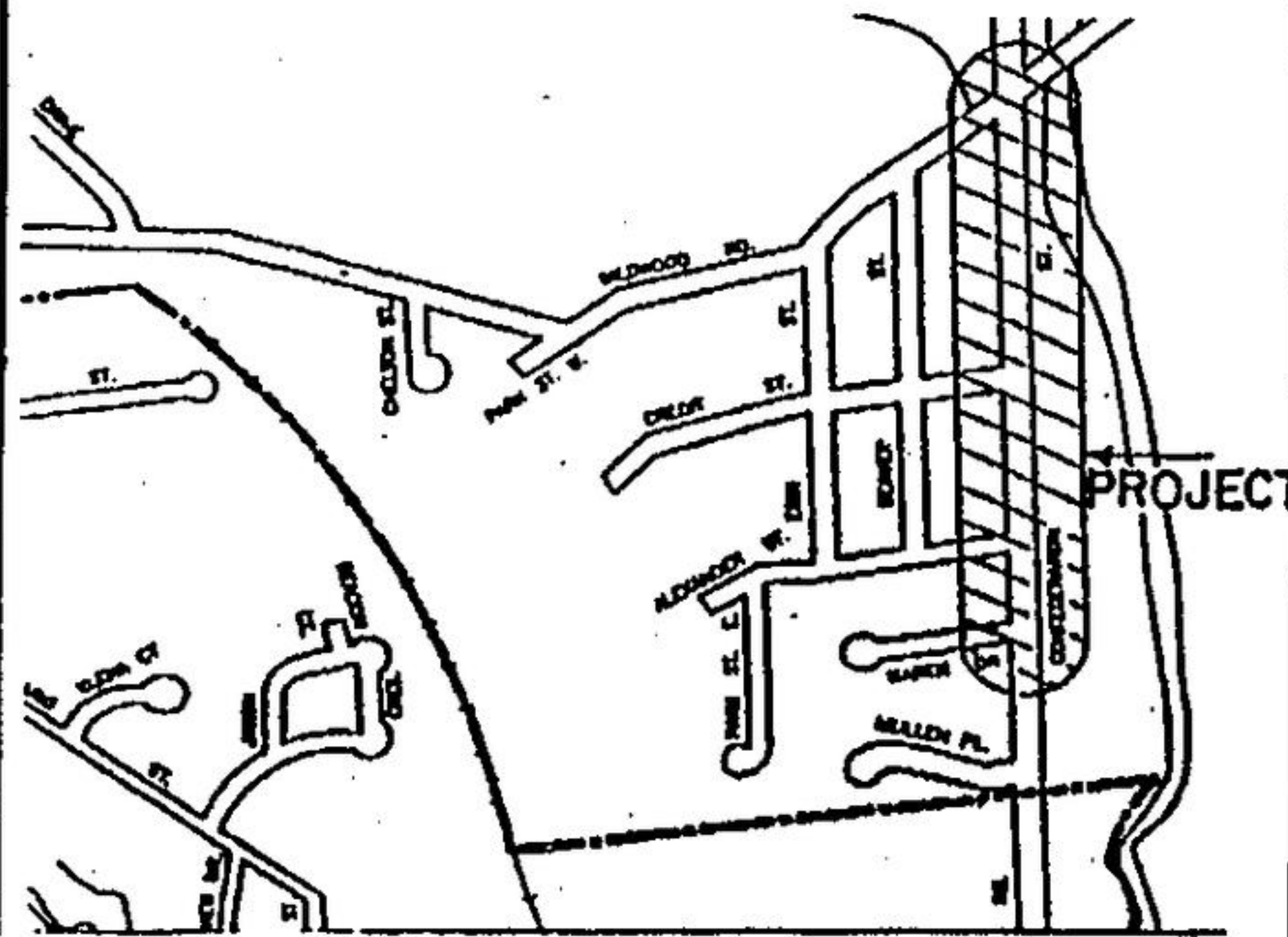
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GLEN WILLIAMS



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