

PRODUCT OF CANADA UTILITY GRADE #1
ROCK CORNISH HENS 1.69
VAC PAC FROZEN 3.73 kg

PRODUCT OF ONTARIO

PRODUCT OF CANADA FRESH OR PREVIOUSLY FROZEN / BACKS ATTACHED
CHICKEN LEGS 99¢
5 LB. LIMIT 2.18 kg



TURKEY COLD SPRING FARMS FROZEN YOUNG OVEN READY UTILITY GRADE 6-16LB. AVG. 2 BIRD LIMIT
ROASTING CHICKENS FRESH NEVER FROZEN GRADE "A" UTILITY GRADE 2-4LB. AVG. 3 BIRD LIMIT
DUCKS KING COLE FROZEN YOUNG OVEN READY UTILITY GRADE 4-5LB. AVG. 2 BIRD LIMIT

2.18 kg
99¢
LB.

MAPLE LEAF
MINCEMEAT 2.79
24 oz. LIQ. 682ml. JAR

MAPLE LEAF
TENDERFLAKE LARD 99¢
1 LB. 454g

YORK FARMS
PURE PUMPKIN 1.29
28 fl. oz. 796ml. TIN

OCEANSPRAY • WHOLE • JELLIED
CRANBERRY SAUCE 99¢
FRESH 12 oz. BAG
• CRANBERRIES

ALCAN
FOIL WRAP 1.99
12" X 50' • 18" X 25' PKG.

PRODUCT OF U.S.A. CALIFORNIA • #1 GRADE • LARGE ORIGINAL BUNCHES

CHRISTMAS ROSE GRAPES

69¢
LB.

FILL YOUR OWN BAG

1.52 kg

PANTRY SHELF TROPICAL
FRUIT SALAD 99¢
28 fl. oz. TIN

MOTT'S RASPBERRY
FRUIT PACKS 1.49
6'S

PRODUCT OF CANADA • #1 GRADE

'NEW CROP' WASHED CARROTS

99¢

2 BAG LIMIT

LARGE 10LB. POLY BAG

DEMPSTER SUNSHINE BRAND • SLICED LARGE 675g LOAF

• WHITE • 80% WHOLE WHEAT • 20% CRACKED WHEAT
• HOT DOG ROLLS (8 PACK) • HAMBURGER BUNS (8 PACK)
• ENGLISH MUFFINS (8 PACK)

BREAD

3/1.99

MIX OR MATCH
9 LOAF OR PKG. LIMIT

SARA LEE FROZEN
LAYER CAKES 99¢
369g

AULT DAIRIES • SEALTEST PARLOUR • REGULAR & 1%

ICE CREAM

2L TUB

2.99

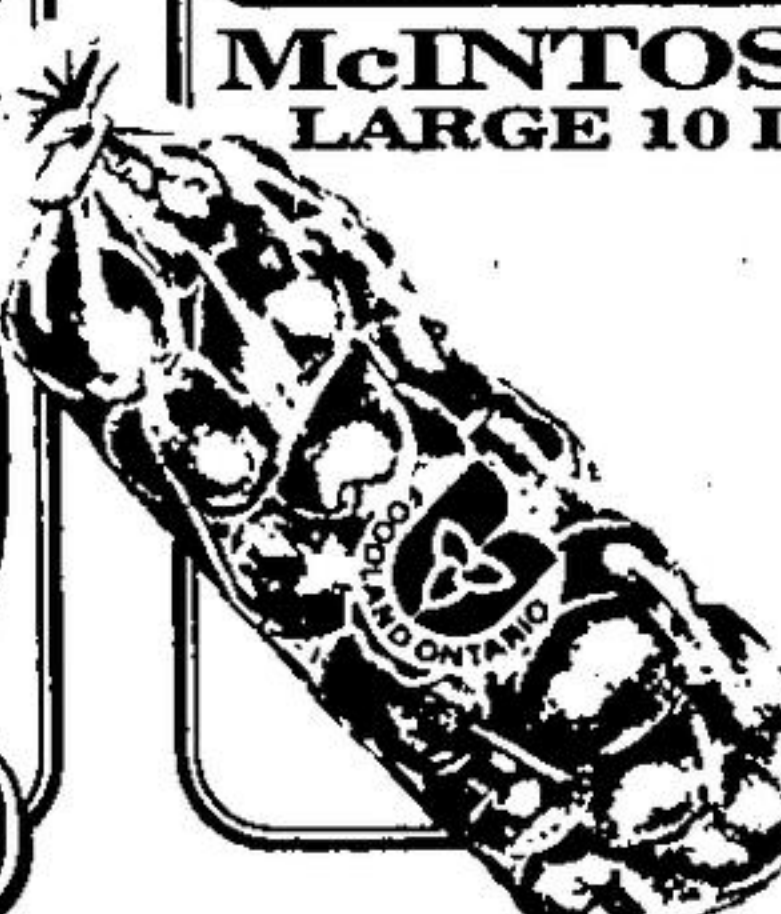


DELICIOUS FRUIT ON THE BOTTOM
YOGOURT 4.99
175g TUB 49¢ FLAT OF 12

PRODUCT OF ONTARIO • CANADA FANCY

McINTOSH APPLES
LARGE 10 LB. POLY BAG

3.99



PRODUCT OF CALIFORNIA
STRAWBERRIES 99¢
HEAPING PINT

CADBURY SCHWEPES • WELCH'S • OCEAN SPRAY

• WHITE • CONCORD GRAPE JUICE
1L BTL
• CRANBERRY • CRANRASBERRY
40 fl. oz. BTL
• PRUNE NECTAR
40 fl. oz. BTL

1.99



EA.
GARDEN COCKTAIL 69¢
29 fl. oz. BTL

KIMBERLY CLARK • KLEENEX

• FAMILY • ULTRA
FACIAL TISSUE

99¢



EA.
IN TANK
SANI-FLUSH PUCK 59¢
50g

PRODUCT OF U.S.A. CALIFORNIA • #1 GRADE

TOMATOES

1.30 kg

59¢



EXTRA LARGE SIZE
FILL YOUR OWN BAG

AULT-FOODS • SEALTEST

LIGHT REAL WHIPPING CREAM 79¢
225g TIN



AULT FOODS • SEALTEST

• SOUR CREAM
• COTTAGE CHEESE
600 mL/g TUB

1.19



PRODUCT OF BRAZIL • IMPERIAL BRAND

CORNED BEEF 1.39
12oz. 340mL TIN



PRODUCT OF U.S.A. OR ONTARIO • #1 GRADE

• BARTLETT • BOSCH
PEARS 79¢
LARGE SIZE 1.74kg LB.

79¢

PRODUCT OF NEW ZEALAND • MEDIUM SIZE 39'S

KIWI FRUIT 4/\$1
SELECT YOUR OWN

4/\$1

PRODUCT OF ARGENTINA • ASSORTED SIZES

HONEY TANGERINES 99¢
FILL YOUR OWN BAG 2.18kg LB.

99¢

PRODUCT OF SWAZILAND • LARGE SIZE 88'S

VALENCIA ORANGES 2.99
FILL YOUR OWN BAG DOZ.

2.99

PRODUCT OF U.S.A. CALIFORNIA • JUMBO SIZE

WHITE GARLIC CLOVES 99¢
FILL YOUR OWN BAG 2.18kg LB.

99¢

PRODUCT OF U.S.A. • #1 GRADE • LARGE SIZE

CUCUMBERS 3/\$1
SELECT YOUR OWN

3/\$1

PRODUCT OF ONTARIO

BRUSSEL SPROUTS 99¢
FILL YOUR OWN BAG 2.18kg LB.

99¢

PRODUCT OF ONTARIO • #1 GRADE

EXTRA LARGE SIZE
GREEN CABBAGE 79¢
SELECT YOUR OWN

79¢

PRODUCT OF ONTARIO • #1 GRADE

WAXED TURNIPS RUTABAGAS 59¢
JUMBO SIZE

59¢

PRODUCT OF ONTARIO

PEPPER SQUASH ANY SIZE 3/\$1
SELECT YOUR OWN

3/\$1

CLIP & SAVE WITH THIS COUPON
PILLSBURY
CRESCENT ROLLS 69¢
25g TUBE
COUPON VALID UNTIL CLOSING SAT. OCT. 12/91 LIMIT ONE TUBE
ONE COUPON PER FAMILY IN STORE RETAIL \$1.29

CLIP & SAVE WITH THIS COUPON
KELLOGG'S
• **FRUIT LOOPS**
• **FROSTED FLAKES** 1.69
COUPON VALID UNTIL CLOSING SAT. OCT. 12/91 LIMIT ONE BOX
ONE COUPON PER FAMILY IN STORE RETAIL \$3.79

CLIP & SAVE WITH THIS COUPON
KRAFT GENERAL FOODS
MAYONNAISE 1.99
750mL JAR
COUPON VALID UNTIL CLOSING SAT. OCT. 12/91 LIMIT ONE JAR
ONE COUPON PER FAMILY IN STORE RETAIL \$3.99

CLIP & SAVE WITH THIS COUPON
KRAFT GENERAL FOODS
PHILADELPHIA CREAM CHEESE 1.29
250g PKG.
COUPON VALID UNTIL CLOSING SAT. OCT. 12/91 LIMIT ONE PKG.
ONE COUPON PER FAMILY IN STORE RETAIL \$1.99

CLIP & SAVE WITH THIS COUPON
KRAFT GENERAL FOODS
STOVE TOP STUFFING MIX 69¢
12oz BOX
COUPON VALID UNTIL CLOSING SAT. OCT. 12/91 LIMIT ONE BOX
ONE COUPON PER FAMILY IN STORE RETAIL \$1.49