

MAPLE LEAF FOODS • MONARCH
ENRICHED ALL PURPOSE FLOUR
 LARGE 8kg BAG
 2 BAG LIMIT **3.99**
 ADDED TOUCH ASST CAKE MIXES 500g BOX **79c**

DOLE FROZEN UNSWEETENED ASSORTED
JUICE
 355mL TIN **79c**
 10 TIN LIMIT EA.
 DOLE ASSORTED PINEAPPLE 540mL TIN **89c**

NABOB • TRADITION
 REGULAR • FINE • EX FINE
GROUND COFFEE
 300g VAC PAC **1.69**
 3 LIMIT
 CADBURY INSTANT HOT CHOCOLATE 500g TIN **1.79**

Cambridge/Waterloo
FREE OKTOBERFEST BRUNCH SATURDAY 8 am to Noon
 Enjoy a Schmieders Oktoberfest Sausage on a Dempsters Burwich Sandwich Bun, with a Nabob Coffee or Coca Cola... Plus by Walter Oetenak, Canada's Polka King, and a special appearance by the 40-piece Trachtenmusik Woffberg from Austria!
 Only at Knob Hill Farms Cambridge/Waterloo Food Terminal as AM109 and CFCA-FM welcome Knob Hill Farms to K-W Oktoberfest!

KNOB HILL FARMS

CAMBRIDGE / WATERLOO FOOD TERMINAL

"KEEP YOUR FOOD COSTS DOWN - SHOP BY THE BASKET" (\$2.00 DEPOSIT)

NEW ZEALAND GENUINE FROZEN
 WHOLE OR HALF
SPRING LAMB GOAT
 3.73kg **1.69** LB.
 20-25 LB. AVG.
 PRODUCT OF ARGENTINA LEMONS 88's - 100's **3/\$1**

DIET COKE • SPRITE • A&W • SCHWEPES • MINUTE MAID • WINK • C-PLUS
COCA-COLA 750 mL BOTTLE **39c**
 NO COUPON REQUIRED
CANADA DRY CASE 24 x 355 mL TINS **5.99**
 3 CASE LIMIT
 HUNPTY DUMPTY CHEESE STICKS DOODLES • POTATO CHIPS 180g BAG **99c**
 NAYA NATURAL SPRING WATER 6 x 1.5L BOTTLES **2.99**

PRODUCT OF CANADA • MELROSE BRAND 4-6LB. AVG.
PICNIC PORK SHOULDERS
 2.18 kg **99c** LB.
 SMOKED READY TO SERVE
 PRODUCT OF U.S.A. YAMS 1.52kg **69c** LB.

BLUEWATER SEAFOODS FROZEN
 FISH FRIES 680g BOX • FISH KRISP 680g BOX
 FISH STICKS 700g BOX • FISH IN TEMPURA BATTER 700g BOX
2.99 EA.
 McCain FROZEN LITE DELITE DINNER 280g BOX **1.99**

PILLSBURY CANADA • GREEN GIANT
CANADA FANCY KERNEL CREAM CORN
 19 fl. oz. 540mL TIN **79c**
 6 LIMIT
 BLUE BONNET MARGARINE 2LB. 907g TUB **1.49**

FROM ONTARIO PACKERS CUT FROM CANADA GRADE "A" BEEF
SHOULDER & BLADE STEAKS
 4.39kg **1.99** LB.
 ONTARIO WHITE FRESH MUSHROOMS (FILL YOUR OWN BAG) 4.39kg **1.99** LB.

FROM ONTARIO PACKERS • AT SERVICE COUNTER
SWEET PICKLED SHORTCUT PEAMEAL BACON
 BY THE PIECE 4.39kg **1.99** LB.
 SLICED 5.49 kg 2.49 LB.
 MITCHELL'S APPLE SAUCE 28 fl. oz. JAR **99c**

McCain SWEETHEART
 MOZZARELLA • BRICK • COLBY • MILD • MEDIUM • OLD
CHEESE BARS
 LARGE 2LB. • 907kg. BAR **6.49**
 2 LIMIT
 McCain 100% PARMESAN CHEESE 250g SHAKER **2.99**

PRODUCT OF ONTARIO • FRESH NEVER FROZEN
 WHOLE OR HALF NO CENTRE CHOPS REMOVED
LOIN OF PORK
 4.39 kg **1.99** LB.

SCHNEIDERS • 450g VAC PAC
 RED HOT • SKINLESS • ALL BEEF
WIENERS
 3 PAC LIMIT **1.69**

SMITHKLINE BEECHAM • AQUAFRESH
TOOTHPASTE
 100mL TUBE **89c**

FROM ONTARIO PACKERS • FRESH OR PREVIOUSLY FROZEN
 CHOICE CANADIAN VEAL SHOULDER
 4.39 kg **1.99** LB.

SCHNEIDERS FROZEN
OKTOBERFEST SAUSAGE
 500g TRAY PAC **1.69**

DIAL DEODORANT
BAR SOAP
 2-3 BAR PACKAGE **1.29**

QUALITY PACKERS "TOWN CLUB" BRAND 2-3LB. AVG. VAC PAC
SWEET PICKLED COTTAGE ROLLS
 4.39 kg **1.99** LB.

PILLERS BRAND • SELF SERVE OR DELI COUNTER
POLISH SAUSAGE
 3.73 kg **1.69** LB.

GILLETTE • SOFT & DRI
ANTI-PERSPIRANT
 250 mL AEROSOL • 60 mL SOLID **2.29** EA.

BONA BRAND WHOLE • VAC PAC RANDOM WEIGHT
 HOT OR SWEET CAPPICOLI & PEPPER BUTTS
 8.80 kg **3.99** LB.

QUALITY PACKERS "TOWN CLUB" BRAND AT DELI COUNTER
 CUSTOM SLICED
COOKED HAM
 4.39 kg **1.99** LB.

CHESEBROUGH PONDS • PEARLS
 SHAMPOO • CONDITIONER
 BONUS 450mL BOTTLE **1.69** EA.

CUDDY FARMS • CUSTOM SLICED AT DELI COUNTER
 FULLY COOKED & CURED
TURKEY BREAST ROAST
 8.80 kg **3.99** LB.

PILLER'S FINEST QUALITY BRAND • BONELESS 3-4 LB. AVG VAC PAC
 BLACK FOREST STYLE HALVES
SMOKED & COOKED HAM
 6.59 kg **2.99** LB.

PROCTER & GAMBLE • ALWAYS
FEMININE NAPKINS
 ASSORTED SIZES **2.99**



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HWY 401 N4
 PINEBUSH RD.
 HWY 24
 PINEBUSH RD. 8
 HWY 24
 just south of Hwy 24

CLOSED SUNDAY "OUR FAMILY DAY" MONDAY THRU WEDNESDAY 9 A.M. TO 10 P.M. THURSDAY AND FRIDAY 8 A.M. TO 10 P.M. SATURDAY 7 A.M. TO 10 P.M. **CLOSED MONDAY "THANKSGIVING DAY"**