

Harmony stressed

By FLAVIA TESTA
Herald Special

If you have been listening to the news in the past few weeks you may have noticed the escalation of crime rates. It seems that every day someone is the victim of a violent act. From rape, to murder, to marital disputes, the list seems to be lengthening every day. To what can we attribute the current problems we are having?

Everybody knows what it is like to struggle with emotions and everybody knows that it can be very difficult for us to cope with these emotions. Almost every kid on the block has been subjected to some kind of harassment from another schoolmate. These are facts of life and we learn to cope with them and eventually they pass. Right?

On Sept. 25, Georgetown High School students attended a special assembly organized by members of our staff and a group of people from Calgary, Alberta. The assembly entitled "Harmony" focused on the everyday struggle that people have with their emotions and how we can resolve our problems in a peaceful and rational manner.

The Motivational Media Assembly had a 40 minute presentation dealing with today's society and the individuals in it. The focus was on how young people today, should deal with their emotional problems. We have all felt jealous, envious and at times it is difficult to resolve our con-

flicts. Violence and verbal assault are not the answers.

We find ourselves growing up in a very rich society and unfortunately in a materialistic society. Sometimes individuals forget about their values and their feelings towards others in order to increase this material wealth.

Instead of turning our backs on our problems we should all confront them willingly in order to resolve them.

Talk to the people in a rational manner. It is very easy to become angry. When we are unhappy we tend to take our frustrations out on others. The problem is that we are not really solving anything, we are only making matters worse by dragging someone else into the web we have spun.

The presentation featured a movie on how teenagers could handle problems in a non-violent way. There was a slide presentation which was choreographed to music and this too focused on the same basic message.

The feelings were mixed and I received many interesting comments. Some students thoroughly enjoyed the program and said they understood the message behind it. They also agreed with the idea of a non-violent way of resolving problems.

Another point a student brought up was the actual "freshness" if you will, of the assembly. He was very impressed that it was actually current!



Round 30

Halfway through a run-a-thon around Centennial Middle School on Delrex Boulevard, teacher Lorraine Brown had already marked 30 rounds on the cards of students Robert LaRose (left) and

Corey Murray (right). All the students at Centennial were outside Friday during the schools' annual Run, Walk and Bike-a-thon to raise money to buy such things as school uniforms. (Herald Photo)

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Locker break-ins plague GDHS

By BRYN DAVIES
Principal, GDHS

Students Should Leave Their Valuables At Home:

Over the past week, it has come to our attention that some students' lockers have been broken into. The primary target seems to have been walkmans and wallets, however this is not always the case.

As we have announced to students on many occasions, the best way to avoid the heartache of losing valued possessions is to leave them at home. We have also reminded students not to share their locker combinations with anyone.

These guidelines are particularly important since the School Board is not insured to cover such losses.

First Edition of Student Paper Distributed:

Many students and staff were impressed with this year's first edition of Express Yourself, a student newspaper produced by and for GDHS students.

The paper has a staff of over 20 students from all grades. Michelle de Braux, the editor, sees the paper as a way for students to report on events in the school, to publish their creative writing and to speak out on issues of concern.

Express Yourself is produced monthly on desktop publishing. The October edition will be three pages, back-to-back. The paper is free to all GDHS students. It is funded through advertising sold to local businesses and patrons.

For information regarding advertising rates, please call the

school and leave a message for Michelle. Our number is 877-6966.

Commencement To Be Held In Gymnasium November 8:

Traditionally, the GDHS Commencement has been held in our cafeteria.

While this year's idea for staging and lighting, the audience is "standing-room-only" and it gets very warm. It is particularly uncomfortable for proud grandparents who come to celebrate their grandchildren's successes.

We have therefore decided to move this year's Commencement to our double gym. With the balcony, we should be able to accommodate many more people.

We hope to feature the Commencement in a future edition of The Herald.



Young Terry Fox runners

Students at George Kennedy Public School raised \$69 during their Terry Fox run Friday afternoon.

(From left to right) Danielle Blair, Michael Stopford, Arla Laffo-Hall and Matthew Hills.

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