



Young's Pharmacy Team

The Young's I.D.A. team, which plays in the Kinsmen Girls Junior Softball League, posed for a picture before a game at the Fairgrounds earlier this year. From left to right, back row, are Megan McCracken, Aimee Burns, Jessica Beaque, Julia Skikavich, Kristen Higgins, Lynn Hayes, Deidre

Edwards and Kati Moore. Front row, left to right, are Lorie Tutt, Jennie Gooijen, Alene Malenfant, Dana Higgins, Melissa Sheppard, Kristen Skikavich, Katie Borg, Angela Hillts, Danielle Malenfant and Steph Perkins. (Photo submitted)

Summer soccer doldrums hit Atom girls' teams

The summer doldrums usually appears in girls Under 10 soccer in the last week of July and this year is no exception. Substitute players are hard to find as Georgetown families seem to leave town at the same time.

Green Hornets played short against Municipal Trust purple players, but the game was well played with a tied score of 1-1. Lauren Boyce was the goal scorer for Green Hornets with a pass from a corner kick by Courtney Evers-Jordan.

Rachel Bryan-Maloney tied it up in the third quarter with a long kick from left field for Purple Municipal Trust.

Sharilyn Kogan took a ball in the face from "friendly fire" and this took the one substitute out of action till the last quarter. These players, along with Erin Longworth from Green Hornets

and Jennifer Westman from Municipal Trust were noteworthy players.

Dutch Nurseries Blue Sharks were unable to procure enough players for a game with Yellow Millieres TV Golden Bullets and forfeited the game. The players had a good scrimmage with each other instead and Ryan Taylor refereed for them.

Tim Horton Red Devils and Cool Blue Remax Realty teams were in fine nettle and played to a score of 6-0 for Red Devils. Charlene Roche scored three goals with Shaylyn Rypstra, Deirdre McKee and Faith Malinosky getting one each.

Remax Realty Blues played resolutely and with determination. Its noteworthy players were Cindy Benner, Kira Lawrence and Krystal Westman. Cason Buikema did a fine job refereeing this week.

Baseball Peewees beat Brampton

It took two years, but Georgetown Minor Peewee rep baseball team defeated Brampton

7-1 on Monday, spoiling the visitor's chances of moving to within one point of league leading

Burlington.

The win put a damper on Brampton's spirits, having just won its own tournament championship on the weekend and taking an early 3-0 lead in the first inning on five errors by Georgetown. The locals came back with a five run explosion in the third and got two more in the fifth to put things away.

Georgetown has been steadily improving its play this season, most recently making it to the consolation final of the Streetsville tournament in mid-July. After the rough start in Monday's game, Eagles pitchers settled down, with Mike "Curveball" Kelly shutting down Brampton over the next two innings.

In the bottom of the third, Kevin Humeniski, Todd Bussell, and Daniel Young hit consecutive singles to load the bases. Doug Inglis, sporting a .342 average, slammed a three-run double to tie the game. Next, Steve Gibbons, batting .406 for the season, crunched a one run double, followed by another run to close out the inning leading 5-3.

After retiring nine in a row, Kelly surrendered the first earned run of the game in the top of the fifth inning. Georgetown pulled further out in front in the bottom of the frame with Inglis and Gibbons being scored by Kelly and Dan Hughson. Kelly shut the door by retiring the last nine batters, three of them on strikeouts.

Player of the game honors were shared by Inglis who had two singles and a double, getting two RBI's while scoring twice, and Kelly striking out five to bring his ERA to 3.12.

Georgetown's regular season concludes with a game tonight (Friday) against Streetsville at the Fairgrounds and on the road Monday at Oakville.

Focus on Fitness
by Laurie Burns
Exercise Physiologist

Corporate Fitness

It definitely pays to invest in fitness. Companies with fitness programs have reported a variety of bottomline benefits, ranging from decrease absenteeism to lower medical costs.

1. A 10 year study (1978 to 1988) of the effect of exercise on absenteeism found a 39 per cent decrease in absenteeism among the most active participants of Canada Life Assurance's fitness program (compared with a 29.7 per cent increase among sedentary employees).

2. A 1988 cost-benefit analysis of the Coors wellness program estimated a potential annual savings of \$58,209 in medical costs for salaried employees with high risk behaviors who participated in the program and changed their behaviors. Coors put the potential savings in productivity at \$407,580 per year, and \$61,290 in turnover savings.

3. The General Electric Company found that members of its employees' fitness centre had measurably higher levels of job satisfaction (based on such factors as freedom on the job, "good working conditions" than did non-members).

Health Care Costs

"According to a Harvard Business School study, corporate expenses for health care are rising at such a fast rate that, if unchecked in eight years, they will eliminate all profits for the average Fortune 500 company."

"In 1986, Corporate America spent approximately \$150 billion as a result of poor health among employees. This translates into approximately \$1500 per employee."

Frank Baker, President,
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REGISTRATION

Thursday, Aug. 8
&
Thursday, Aug. 15
7:00 p.m.-9:00 p.m.



Alcott Arena

Bring Birth Certificate
for Age Verification



HALTON HURRICANES
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TRYOUT TIMES

SAT., AUGUST 17
Thompson Arena, Milton

- 12-1 p.m. MINOR NOVICE
- 1-2 p.m. NOVICE
- 2-3 p.m. MINOR ATOM
- 6-7 p.m. ATOM
- 4-5 p.m. MINOR PEEWEE
- 5-6 p.m. PEEWEE
- 3-4 p.m. MINOR BANTAM
- 7-8 p.m. BANTAM
- 8-9 p.m. MIDGET
- 9-10 p.m. JUVENILE

Further dates after registration and first tryout

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