RICHARD

COMELY &

ZELMA

AFTER

JOGGING

EVERY DAY

. R. COMELY & Z. ZITZERMAN

AND STAYING ON

HIS DIET FAITH-

FULLY FOR WEEKS,

OGGY BEAR

GINGER WAS HAPPY TO SEE HER DAD

LOCKING AND FEELING BETTER. NOW

A HE COULD DO MORE

 OGGY

YOU'RE

TRIM!

.OOKING

THINGS WITH

HER.

COULD NOW

SEE A BIG

DIFFERENCE

HE FELT

BETTER

Youth Forum

Summer water safety suggestions



David Thacker, age 4, a member of the Safari day camp for children with asthma, sponsored by Halton Region Lung Association: "Don't run on the deck (because you could slip and



Brittany Youngblut, age 7, a member of the Safari day camp for children with asthma, sponsored by the Halton Region Lung Association: "Dor.'t dive in the shallow end, don't chew gum in the pool, and if you're little, wear a life-jacket."





Adam Szlatchta, age 11, a member of the Safari day camp for children with asthma, sponsored by the Halton Region Lung Association: "Obey all of the signs. Don't horseplay around because you could get hurt, and don't litter!"

BOYS-GIRLS

EARN A REGULAR INCOME-NO COLLECTIONS

The following routes will be coming available soon: ACTON

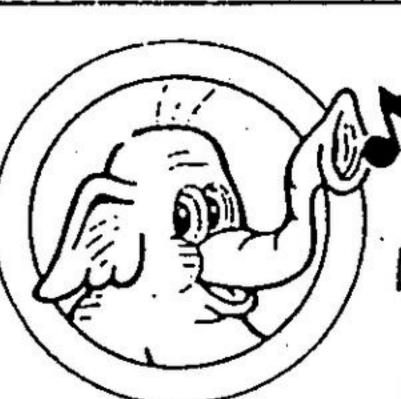
> POPLAR & CRESCENT ST. - Will earn you up \$7.00 per week.

DON'T DELAY-CALL TODAY!

The Halton Hills

HERALD

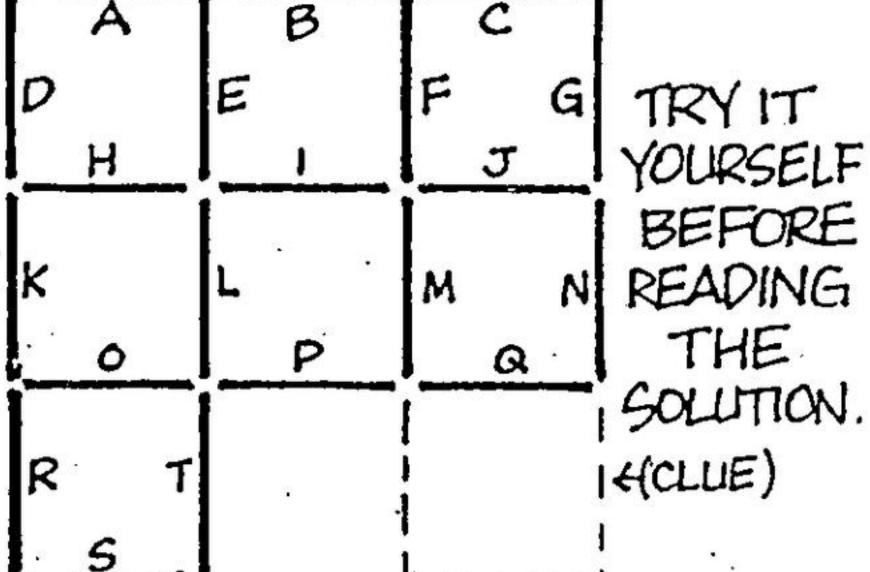
877-2201



SQUARES PUZZLE

TAKE 20 TOOTHPICKS AND ARRANGE THEM AS SHOWN BELOW! NOW ASK A FRIEND TO MAKE

FIVE CONNECTED SQUARES, ALL THE SAME K SIZE BY ONLY MOVING 3 TOOTHPICKS!



SOLUTION:

PICKS TO FORM A SOURRE WITH Q AS TOP. REMONE B'K AND N'USE THESE 3 TOOTH-

CARRIER OF THE WEEK **BOYS-GIRLS**

Bryan, 14, a Grade 9 student at Toronto Christian District High School in Woodbridge, has been delivering the Halton Hills Herald for four years.

He delivers 157 papers on Wednesday and Friday.

Bryan has been putting most of his pay cheque into the bank to save up for university. He spends some of his pay cheques on every day things.

In his spare time, Bryan enjoys bicycle riding and computer games.

For being chosen Carrier of the Week, Michael will receive a large pizza courtesy of Pizza Hut in Georgetown.





TAKE A BIG STEP TOWARDS A BRIGHT FUTURE

JOIN THE HERALD CARRIER TEAM!

EARN A REGULAR INCOME - NO COLLECTIONS **DON'T DELAY - CALL TODAY!**

CIRCULATION DEPARTMENT 877-2201