

Ladies Powderpuff

Tony's Tarts in first place

JUNE 2 (May 24 Rainouts)
Thunder Buns 20,
Champagne on Ice 0
 The skies opened and thunder roared as the Buns sent the girls in pink back to the rack. Awesome plays and a triple by Teri Korzack, Barb Martin batting 5 for 5 and Goldie Cach batting 4 for 4 helps the Thunder Buns win. As for the girls in pink, coaches only comments were too much champagne, not enough ice.

Orange Peelers 13,
Green Monsters 12
 Monsters slipped on a peel and lost their lead, but what a game. For Orange, Monica Mastalerz and Nancy Reid hit doubles while the green side had doubles hit by Linda Anderson and Suzette Corley with great batting by Donna Brandford, Lisa Switzer and Virginia Walker.

Bishops Queens 8,
Black Widows 7
 Those Queens knew all the right moves as they worked their way to the top. For Bishops Queens, doubles were hit by Paula Raine and Annette Van Dyke. Martha Jack had a 2 run hit shot down 3rd base. Annette and Nikki pitched well.

Meanwhile Widows were spinning a trap with Wendy Farrow-Reed's triple, Debbie Tatham's double, Andy Perryman batting 3 for 3. Good fielding by Leanne Hall and Robin Richardson but they didn't spin fast enough.

Champagne on Ice 17,
Orange Peelers 16
 Girls on Ice sliced through Orange for their first victory with

Sherry Love smashing out a home run and 3 RBI's. Peggy Rawlings had 2 triples, Lois Osborne 1 triple, Fay Brantford a double, Kay King a double, and 2 RBI's, Lori Taylor a double, and Debbie Miller sending in 3 RBI's. For Peeler's, home runs were hit by Linda McClure along with a triple followed by Jan Walker along with a double. Diane Moore and Bonnie Penny each hit a double but Champagne on Ice were the celebraters.

Infield Flies 6, Thunder Buns 5
 Flies didn't mind the weather conditions as the Buns got bogged in a good game by both teams. For Buns, Carol Spiteri swatted a double and good base stealing by Jennie David and Joyce Hutchins. The Buns welcome Vicky Cunningham to the league. As for the Flies sorry no write up from your coach.

Bishops Queens 10,
Tony Tart's 9
 Tart's turned sour as Queen's gave them their first loss. For Queen's doubles were hit by Dini Fisher, Mary Jones and Pat McElroy, Dini, Nikki and Annette all pitched well.

Great defence from Calee Jones and Mary Jones, good base running and stealing home by Pat McElroy, and Bernice Griffith showed great patience at the plate with bases loaded to get the winning run walked in. Sorry Tarts, no write up from your coach.

JUNE 5
La Bats Blue 18,
She Devils 4
 Girls in red got the devil kicked

out of them by La Bats Blue with good pitching by Sue Ferguson, along with two doubles, good pitching by Susan Walsh along with a three run homer, Karen Bottomley, slaming out a triple, doubles by Colleen Cadger and Barb Terry and a good double play at short by Holly Peterson.

Travelling Blueberries 20,
The Outlaws 7
 Outlaws got snagged in the bushes as Berries threw them for a loop as doubles were hit by Elaine Moreland, Jane Roberts-Long, two by Wendy Watson and Denise Robinson with RBI's hit in by Debbie Anderson, Mary Becker, Brenda Bennett, Linda Bobor, Laura Crazier, Elaine Moreland, Joanne Payton, Jane Roberts-Long, Karen Smith, Laurie Sunnucks, Wendy Watson and Denise Robinson.

Black Widows 23,
Green Monsters 9
 Widows spun their magic and again kept the Monsters spellbound. Wendy Farrow-Reed and Debbie Tatham each hit two doubles, Leanne Hall had 3 RBI's, Suzanne Presswood had a double and Melanie Hewson had a double along with 3 RBI's.

G.L.P.L. TEAM STANDINGS
 (As of June 3rd)

Team	GP	W	L	T	Pts.
Tony's Tarts	6	5	1	0	10
La Bats Blue	5	4	1	0	8
Peeler	5	4	1	0	8
Infield Flies	5	3	1	1	7
Bishop's Queens	6	3	3	0	6
Travelling Blueber.	5	3	2	0	6
The Outlaws	5	3	2	0	6
Black Widows	6	2	3	1	5
Thunder Buns	6	2	4	0	4
She Devils	6	1	5	0	2
Champagne on Ice	6	1	5	0	2
Green Monster	5	1	4	0	2



Focus on Fitness
 by Laurie Burns
 Exercise Physiologist

Heavy television viewing

If a child watches an inordinate amount of television, there is a better chance he or she will become overweight. A recent study by obesity experts of Tuft's University Medical School and Harvard Medical School have shown a strong relationship between the number of hours of TV watching and the amount of obesity. Approximately 1,400 youngsters and adolescents were studied. It was found that those who watched the most daily TV were significantly more obese or "super obese" than peers who spent less time watching. For every additional hour adolescents viewed TV, the number of children who were obese rose two per cent. Obese children have a tendency to be less active and thus watch more television. The survey concluded that the obesity in these children occurred because of TV watching. It found their lifestyles were otherwise identical to normal weight children. Considering that watching TV uses up about as many calories as sleeping, you can see one reason for the study's results. Another factor is that most children's programs advertise non-nutritious foods on a regular basis. This constant bombardment of food commercials led to another study that showed the more television children watch, the more they snack. Summer is coming and it doesn't take very long after school ends that boredom sets in. Keep your children busy this summer and limit the amount of television they watch. Don't let your television become a substitute babysitter. (This includes video games). Help your children find alternatives to television that require activity and give them less opportunity to snack on non-nutritious or fattening foods.

Say: "I saw it in The Herald"

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SATURDAY
 Rugby
 Niagara Rugby Union. Halton II vs. Guelph II, 1:30 p.m. at Neilson Field. Halton I vs. Guelph I, 3:30 p.m. at Neilson Field.
SUNDAY
 Baseball
 Halton Hills Slow Pitch League. 9:00 a.m. - Lions Club vs. Royal Pizza, S.F.A. vs. Park Lincoln. 10:30 a.m. - Kinsmen Club vs. Capital Ford, Firemen's Club vs. Random Car Club. 12 noon - Elks Club vs. Kendale, Newfoundland Club vs. Optimist Club. All games at Fairgrounds.

MONDAY
 Baseball
 Halton Rural Bantam Boys Baseball. Rockwood at Acton, 8:30 p.m. Harry Brown's Excavating of Limehouse at Glen Williams, 8:30 p.m.
TUESDAY
 Baseball
 Georgetown Baseball Association Tyke rep team vs. Cawthra. 6:15 p.m. at Fairgrounds.
 Swimming
 Family 7:00 - 8:00 p.m., adult 8:00 - 9:00 p.m. at Acton and Georgetown Indoor Pools.

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Bantam Baseball
 Sixth victory for Limehouse

Harry Brown Limehouse Bantams racked up its sixth victory of the season with an 11-0 win over Acton in Limehouse on June 6. David Patey walked, stole second and scored on a single by David Osbourne, who also moved around the bases and scored on a passed ball to give Limehouse a 2-0 lead after one inning. In the second inning, Mike MacArthur got the Limehouse boys started again with a single. Walks to Rob Brown and Fred McDonald loaded the bases and Ian St. Clair stroked a double to drive in two runs.

A walk to Don Patterson again loaded the bases and Chris Nolan wasted no time by bashing a single and driving in two more. David Patey followed with another single for one more run to close out the inning. The final four runs were scored in the third inning. David Osbourne singled, stole second and third and after a walk to Jamie Willett, scored on another passed ball. Following a walk to Kevin Willett, a Jason Bouman single scored J. Willett with Kevin Willett advancing to third on the play. Willett then scored on a

passed ball and Bouman scored the final run on a sacrifice fly by Derrick Robson. Limehouse's pitching combination of Derrick Robson and Eric Bodin allowed Acton only two hits. The whole team played very sound defence with the combination of catcher David Osbourne and second baseman Sheldon Stuckless picking off two Acton base runners at second base when they were caught too far off the bag. Limehouse plays an exhibition game against Acton Midgets in Limehouse on June 13, at 7:00 p.m.

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