



Pitching power

Georgetown Juvenile pitcher John Butler puts one into play during his team's game against Cawthra at the Fairgrounds on Wednesday. The locals kept their perfect record intact through the season's first five games, winning 7-6. (Herald photo)

Ladies Flag Football J.V. Jets break losing streak

By LEANNE FOURNIER
Herald Special

JV Jets finally broke their losing streak of close to two seasons with a victory over Michael's Restaurant 35-12.

In other action, CIBC Chargers shook a monkey from their back as they defeated O'Tooles 16-12. Arnie's Body Shop had little trouble handling West Insurance as they beat them 38-7. Burns Transport were disappointed by a Mobile Sound System no show.

JV Jets have found a new lease on life with Deb Barber at the helm. Linda Ferguson had another superb game as she posted 15 points. Terry Korzack, Carrie Gallant and Ineke Booth all scored majors with Melanie McCracken pulling in two. Maryann Ouellette and Terry Korzack each had an interception to aid the cause.

Michael's Restaurant sported a new look in veteran quarterback

Carol Izzio. She hit the mark twice with receptions by Cindy See. Izzio could be the ticket to this new team's success.

Arnie's Body Shop showed no mercy as they racked up big points. Kelly Cunningham picked up 14 points while Judy Grinberg posted eight, Tara Bouskill six, Sue Ferguson six, Pat Horruzey and Michelle picked up two each. Tara Bouskill had a great day on defense with two interceptions. Pat Horruzey and Michelle also snapped up West Insurance passes.

Arnie's could have been into the 50's if not for Roseann Harrison and Jeanine Larusso intercepting passes in the endzone. Ruth scored for West Insurance while Tammy McLaughlin kicked the convert.

In the third game, driving rain force two potent offences into submission as neither team could find their mark. O'Tooles scored

first at the hands of Donna Waters.

CIBC Chargers marched back with a Monica Masterlerz shuffle and a single to put them ahead by one. Speedster Brenda Ryan pulled in another six for O'Tooles to regain the lead.

Early in the fourth, Mastalerz found Leanne Fournier for six and picked up a two point convert, thanks to Lori Hofings's sure hands. Mastalerz also picked up a single on a punt. Interceptions were posted by Julie Burgan and Lori Hofing to seal the win.

Game stars: Lori Hoging (C), Brenda Ryan (O), Silvana Larose (WD), Tara Bouskill (ABS), Cindy See (MR), Linda Ferguson (JV).

A reminder to all teams of the upcoming Co-Ed Charity Football Tournament June 22. Contact Sandra Cousens for details.



Summer staff

This year's summer leader staff for the Halton Hills Recreation and Parks Department got together for a group picture at the Civic Centre on Monday. From left to right, back row, are Aileen Dobbie, Joy Turton, Lynn Hamilton, Angela Fitzsimons, Kevin McMurray, Scott Van de Valk, Karen Hamilton, Brent Couling and Greg Socha. Middle

row, left to right, are Tamara West, Jackie Farrell, Mark Duke, Sarah Hobbs, Tracy Moore, Ryan Brain, Rebecca Moore, Chris Cizmar, Erik Kremer, Heather Willmott, Tim Pearson, Debbie Miethig and Dee Dee Haynes. Front row, left to right, are Lydla Hollis, Liz Weststeyn, Stephanie Cook, Darrell Ford and Scott Dobbins. (Herald photo)

Coach Donohue's Tips

For more information, contact the Coaching Association of Canada or 3M Canada Inc.

Picturing the play

A picture is worth a thousand words. This is so true in sport. Movement needs to be seen to be learned, with words used only as highlights.

Planning a good demonstration is like planning a film. Here are the steps:

1. Why the skill - Name it, then say, simply and briefly, how, where and when it is used.
2. Teaching points - Choose two to five teaching points to emphasize. Make up short, descriptive key words or phrases to highlight each.
3. Teaching aids - Decide if an aid - a chart or video, for example, would help. Use an aid only if it will add something important to the demonstration.
4. Formation - Design a formation so that everyone will see and hear the demonstration clearly. Make sure the athletes face away from any distractions like sun or other activity.
5. View - Decide on the best angle to show the skill - sideways, head on, from behind, a mixture. A certain teaching point might fit best with a certain view.
6. Demonstrator - Choose someone who can perform the skill correctly at the athletes' present level. Be sure your demonstrator is willing.
7. Repetitions - Decide how many times to repeat the demonstration to cover all points, but avoid confusion and boredom.
8. Questions - Make sure the athletes understand. Ask if they have any questions. Help the athletes recall the key words or phrases you used.

- Three important tips to remember are:
- With younger or inexperienced athletes, use only one or two teaching points.
 - The entire procedure should last about 70 seconds. Three minutes is absolute maximum.
 - Rehearse!

Jack Donohue was coach of Canada's National Basketball Team from 1972-1988 and is a nationally recognized coaching expert. For more information on coaching skills and the National Coaching Certification Program, contact the Coaching Association of Canada, 1604 James Naismith Drive, Gloucester, Ontario, K1B 5N4, or 3M Canada Inc., P.O. Box 5757, London, Ontario, N6A 4T1.



GDHS athletes

Heather Bouwman and Adam Hagen were chosen as Georgetown District High School's athletes of the week for their efforts on the baseball diamonds recently. Bouwman hit a grand slam home run against Loyola during Milton's softball tournament May 21, helping her team advance to the finals. Hagen was selected for his outstanding pitching, including Tuesday's opening playoff game against Assumption, getting the save in a 3-0 win. (Herald photo)

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