

# Women suffering from endometriosis may go undiagnosed

"I am angry that women are not made more aware of this condition and its symptoms especially in light of the high rate of occurrence and the havoc it can play with one's life if not treated early...I am angry at an attitude that tells women that pain with their periods is normal...I am angry with myself for listening."

...Quote from a woman with endometriosis.

The majority of women with endometriosis, a leading factor in infertility, may remain undiagnosed simply because they believe the pain they experience with menstruation, one of the most common symptoms of endometriosis, is normal. This was one of the major findings of a recent survey of Canadian women.

### Menstrual Pain Not Normal

The survey revealed that eight out of 10 Canadian women experience some pain with their periods, however almost half of these women have never mentioned this pain to their doctor. Women participating in the survey said the reason for not mentioning the pain was that they "thought it was normal" or "something to put up with."

"On average it takes 10 to 12 years from when a woman first experiences symptoms of endometriosis to when she is actually diagnosed with the disease. Women need to know that menstrual pain is not healthy and may be a symptom of a disease that can have tragic consequences, such as infertility," says Mary Lou Ballweg, President of the Endometriosis Association. Ms. Ballweg has struggled with symptoms of endometriosis for over 27 years.

### Endometriosis Affects One in 10 Women

As many as one in 10 women are thought to be affected by this disease in which endometrial tissue (tissue that normally lines the uterus) is found in parts of the body outside the uterus, where it swells and bleeds during a woman's monthly cycle. This issue is often found in the abdominal/pelvic region, implanted on the ovaries or within the ovaries, the fallopian tubes, and even the intestines. In these areas, endometriosis not only causes pain, but it may also be associated with infertility.

Classic symptoms include chronic pelvic pain, pain during menstruation, pain with sexual

intercourse, and pain with urination and/or bowel movements.

Endometriosis can be a serious and sometimes devastating disease both for the sufferers and for their families. Almost all (91 per cent) of the women with endometriosis say that the disease has affected the quality of their lives. Approximately half of these women go so far as to say

the disease has incapacitated or debilitated them.

### New Hope Now Available

Conventional treatment for endometriosis is either surgery or medication. "A new drug, recently approved for the management and treatment of endometriosis may offer some hope for these women," explained Dr. Yuzpe. "Synarel, a GnRH agonist (gonadotropin-releasing hor-

none), is part of a breakthrough class of drugs that researchers claim is perhaps one of the most important advances in the hormonal therapy of gynecological disorders since the development of the birth control pill," he added.

Public Education Needed  
Approximately seven out of 10

Canadian women say they are either unaware of or know very little about endometriosis. This lack of awareness is striking when compared to other female disorders such as premenstrual syndrome (PMS) or osteoporosis.

For further information, contact the Endometriosis Association 1-800-426-2END (2363).

## Province gives \$40,000 to Halton CSCAG

Children with emotional, social or psychological difficulties in Halton will benefit from an additional grant of \$40,000 from the province.

The Children's Services and Co-ordinating Advisory Group (CSCAG) will be given the funding to enhance and expand its existing services to Halton children, Zanana Akande, Ontario's Minister of Community and Social Services, announced.

Mrs. Akande said \$20,000 of the grant will be used for a home support service program for children. The program helps to maintain and provide support for children who are emotionally, psychologically, or socially disturbed, providing services such as special care and training, and short-term relief for family members.

The remaining funds will enable CSCAG to more effectively fulfill its function as a co-ordinating, planning, and advocacy body in Halton.

"Halton CSCAG is very valuable," said Mrs. Akande. "The work it does in planning, co-ordination, and training, and its role as a catalyst for getting people to work together in the community, makes it the kind of service all communities should have."

CSCAG is funded 100 per cent by the Ministry of Community and Social Services and is administered by the Regional Municipality of Halton.

### "RESPECT FOR LAW WEEK"

## PROCLAMATION

**WHEREAS,** crime and its effects upon the lives and property of our citizens continues undiminished, despite efforts by government, citizens' organizations and many individuals, and

**WHEREAS,** the problems of crime touch and affect all segments of our society undermining and eroding the moral and economic strengths of our communities and their citizens, and

**WHEREAS,** there is still a reluctance on the part of many citizens to involve themselves in actions to insure the protection, rights and wellbeing of their fellow citizens, and

**WHEREAS,** Optimist clubs and their members continue to sponsor and support programs aimed at combatting crime and disrespect for law through year-round efforts; now therefore be it

**RESOLVED,** that I, Russell Miller, Mayor of Halton Hills, proclaim the week of May 26-June 1, as RESPECT FOR LAW WEEK and ask all citizens of Halton Hills to join with the Optimists in carrying the message of respect for law to other citizens, by example, exercise responsible citizenship.

Done at the Town of Halton Hills, this 13th day of May in the year of our Lord, nineteen hundred and ninety-one.

Signed   
Mayor of Halton Hills

# LIBERTY MUTUAL.



Due to Fire we have temporarily relocated to  
**169 QUEEN ST. E., SUITE 107  
BRAMPTON**

Serving the Brampton and Georgetown community for all your Home, Auto & Life Insurance needs.

**BRIAN ROSA  
AND ASSOCIATES  
454-8680**

## Bank raises \$5,500

Bank of Montreal employees at First Canadian Place raised more than \$5,500 in the local kick-off of Quarter Mile Sprint, one of the Bank's principal fundraising activities for Project Sunshine, in support of children's hospitals. The Bank employees managed to collect from lunch-hour strollers a strip of 25-cent pieces stretching from one end of the downtown office complex to the other.

"It was a great success," said organizer Mike McAdams, branch manager at First Canadian Place. "We were asking for quarters, but most people were putting down loonies or paper money and, as a result, the proceeds from our fundraiser this year were 25 per cent higher than last year."

The Quarter Mile Sprint fundraising campaign is taking place in Bank of Montreal branches across Canada. The money raised in the Toronto-area branches will be donated to Toronto's Hospital for Sick Children during next month's Children's Miracle Network Telethon (June 1 and 2). Last year, through activities like the Quarter Mile Sprint, Toronto Bank employees raised more than \$160,000 for Sick Kids - the largest single donation in the Telethon - part of more than \$1.3 million raised for children's hospitals by employees across Canada.

## The Kiwanis Club of Georgetown's ANNUAL LOBSTERFEST



**SATURDAY,  
JUNE 8th, 1991**

Georgetown High School (Cafeteria)

**\$37.50** per person

Featuring Music from Sonic Entertainment

Proceeds to Georgetown Memorial Hospital  
And Other Local Charities

**ORDER YOUR TICKETS TODAY!!**

Tickets available from any Kiwanis Member or These Locations:

\*CIBC Branches  
\*David Ashbee  
877-5206

\*Mac's Milk  
(Mountainview)  
\*Brian MacAdam  
877-5155

\*J.V. CLOTHING  
\*The Herald  
877-2201

# Money Orders \$1.25

per money order for up to \$999.99 orders.

Available in Canadian & U.S. Dollars & English Pounds

**Compare with the  
banks and then  
come in to:**



**DELREX  
SMOKE SHOP**  
GEORGETOWN MARKET PLACE  
877-9284 (FAX SERVICE AVAILABLE)