

# Lifestyles show

According to specialists who study social trends, the "Yuppie" of the 80's is out! The nineties will see a decade of humans who will be looking for healthy lifestyle alternatives. This includes taking better care of their health and bodies and a total awareness regarding the care of the environment in which they live. This would also include the quality of life they would be leaving for future generations.

As a matter of fact this is not a new idea, proponents of healthy lifestyles have always existed.

The 'new' trend will enforce these long held beliefs and hopefully make everyone aware that a 'healthy lifestyle' is really the only way for this generation to leave its mark for the future. All we need now is a catch phrase!

To learn more about how to achieve a 'healthy lifestyle,' why don't you make plans right now to visit 'Lifestyles of Halton Hills' Rich in Resources ... Famous for Fun, a community Open House, April 6, at the Georgetown District High School, 10 a.m. to 4 p.m. Bring the whole family, visit Kids World, take part in the Health Safari, get fit with Ronald McDonald and gather information from scores of health related groups, leisure time groups and services vital to our community such as the Red Cross, the Ambulance Service and the Distress Centre, the list goes on. Every type of group you can imagine have already booked this day to show you personally just how easy it is to have a healthy lifestyle. For more information or to register your group (it's not too late), don't hesitate, call 873-2600.

## Public Meeting

### Municipal Conflict of Interest Consultation Committee

We want to hear your views to help us improve municipal conflict of interest laws.

Public meetings of a government-appointed consultation committee will be held across the province. The committee will consider all aspects of this subject including such questions as:

- does the current legislation adequately determine when a conflict exists?
- should the Municipal Conflict of Interest Act extend to local government employees?
- should conflict rules extend to gifts and benefits received because of position or office?
- should local politicians be required to disclose significant assets and interests which may create conflicts?
- do the current rules deal adequately with elected officials undertaking additional paid activities?

Meetings will be held at:

Mississauga — Tues. Apr. 2  
Dufferin-Peel S.S. Board, 40 Matheson Blvd. West

Toronto — Thurs. Apr. 4  
Toronto Board of Education Auditorium, 155 College St.

Hamilton — Wed. Apr. 10  
St. Mary's High School Auditorium, 1400 Main St. West

Kitchener — Tues. May 7  
Kitchener Public Library Auditorium, 85 Queen St. North

All meetings commence at 7:00 p.m. and all meeting locations are wheelchair accessible.

If you would like to make a presentation, please call the toll-free number listed below to book the time. An advance copy of any material you intend to present would be appreciated. Please send it to:

Municipal Government Structure Branch  
11th Floor, 777 Bay Street  
Toronto, Ontario M5G 2E5

Written submissions will also be welcome. Please send them to the above address before May 31, 1991. All presentations and submissions may be made in either English or French. All submissions to the committee will be considered public information.

#### Discussion paper

You can get a copy of a discussion paper on this topic prepared last year by the Ministry of Municipal Affairs or the committee's terms of reference, by calling us. Copies for reading are available in the office of your municipal clerk or at the main branch of your local library system.

Contact us for information or materials by phoning toll-free:

1-800-668-0230

On peut obtenir des renseignements en français en téléphonant au (416) 585-6288 (nous acceptons les frais).



Ministry of  
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**PRICES EFFECTIVE SUN. MAR. 17 - SAT. MAR. 23, 1991.**  
(\* Where applicable) We reserve the right to limit quantities to normal family requirements. Coupon items limited to two.

## Look! Spend Less.

<p>FIRST GRADE</p> <p><b>Wildmere Butter</b></p> <p>1 lb PACKAGE</p> <h1 style="font-size: 2em;">1.99</h1> <p>WITH COUPON BELOW - LIMIT 2 COUPONS-</p>	<p>CANADA NO. 1, ALL PURPOSE</p> <p><b>P.E.I. Potatoes</b></p> <p>LARGE 20 lb BAG</p> <h1 style="font-size: 2em;">1.99</h1>
<p>FROZEN, GRADE 'A', BASTED GOLDEN DELUXE OR</p> <p><b>Butterball Turkeys</b></p> <p>3.06/kg</p> <h1 style="font-size: 2em;">1.39</h1> <p>1 lb</p>	<p>CONDENSED</p> <p><b>Heinz Tomato Soup</b></p> <p>284 mL TIN</p> <h1 style="font-size: 2em;">4 / .99</h1> <p>LIMIT: 4 TINS PER FAMILY PURCHASE</p>
<p>ASSORTED VARIETIES</p> <p><b>Primo Pastas</b></p> <p>900 g BAG</p> <h1 style="font-size: 2em;">.69</h1> <p>LIMIT: 4 BAGS PER FAMILY PURCHASE</p>	<p>CHOLESTEROL FREE</p> <p><b>Primo Vegetable Oil</b></p> <p>3 LITRE JUG</p> <h1 style="font-size: 2em;">2.99</h1> <p>LIMIT: 3 JUGS PER FAMILY PURCHASE</p>
<p>CEREAL</p> <p><b>Kellogg's Rice Krispies</b></p> <p>700 g BOX</p> <h1 style="font-size: 2em;">2.99</h1> <p>LIMIT: 3 BOXES PER FAMILY PURCHASE</p>	<p>OLD WORLD STYLE, SELECTED VARIETIES</p> <p><b>Ragu Spaghetti Sauce</b></p> <p>750 mL JAR</p> <h1 style="font-size: 2em;">1.49</h1> <p>WITH COUPON BELOW</p>
<p>ALL FLAVOURS</p> <p><b>Yukon Club Beverages</b></p> <p>CASE OF 24 - 280 mL TINS (Unit cost 5.9¢ per 100 mL)</p> <h1 style="font-size: 2em;">3.99</h1> <p>WITH COUPON BELOW</p>	<p>ALL FLAVOURS</p> <p><b>Yukon Club Beverages</b></p> <p>750 mL BOTTLE (Unit cost 5.9¢ per 100 mL)</p> <h1 style="font-size: 2em;">2 / .89</h1> <p>PLUS 40¢ PER BOTTLE DEPOSIT</p>
<p>WITH THIS COUPON <b>SAVE 75¢</b></p> <p>FIRST GRADE 1 lb PACKAGE</p> <p><b>Wildmere Butter</b></p> <h1 style="font-size: 2em;">1.99</h1> <p>LIMIT: 1 package per coupon. Offer valid Sun. Mar. 17 - Sat. Mar. 23, 1991. (Feature price without coupon 2.74) S.C. #871</p>	<p>WITH THIS COUPON <b>SAVE 75¢</b></p> <p>SMOOTH, CRUNCHY, SMOOTH NO SALT OR SUGAR 1 kg JAR</p> <p><b>Kraft Peanut Butter</b></p> <h1 style="font-size: 2em;">3.99</h1> <p>LIMIT: 1 jar per coupon. Offer valid Sun. Mar. 17 - Sat. Mar. 23, 1991. (Feature price without coupon 4.74) V.C. #</p>
<p>WITH THIS COUPON <b>SAVE 30¢</b></p> <p>OLD WORLD STYLE, SELECTED VARIETIES 750 mL JAR</p> <p><b>Ragu Spaghetti Sauce</b></p> <h1 style="font-size: 2em;">1.49</h1> <p>LIMIT: 1 jar per coupon. Offer valid Sun. Mar. 17 - Sat. Mar. 23, 1991. (Feature price without coupon 1.79) V.C. #00214054</p>	<p>WITH THIS COUPON <b>SAVE \$1.00 + 7¢ GST + 8¢ PST</b></p> <p>ALL FLAVOURS CASE OF 24 - 280 mL TINS (Unit cost 5.9¢ per 100 mL)</p> <p><b>Yukon Club Beverages</b></p> <h1 style="font-size: 2em;">3.99</h1> <p>LIMIT: 1 case per coupon. Offer valid Sun. Mar. 17 - Sat. Mar. 23, 1991. (Feature price without coupon 4.99) Q/P S.C. #872</p>

## SCORE & WIN

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