

Belles and Beaus organization

By JOYCE TILSON

The Belles and Beaus is a Seniors organization which meets every second and fourth Monday of each month at 1:30 p.m. in St. John's United Church Hall. We have now reached our limit of 175 members, but we do welcome visitors. When members leave we are able to add new members from the waiting list.

We have guest speakers, films and other subjects of interest. At

Seniors for the Future

our last meeting our guest speaker was Mr. Jeff Eason, a local lawyer, who spoke on Wills, Condominiums, and other related subjects, it was a very informative meeting. On the fourth Monday of the month the

members play Euchre or Bingo, followed by a tasty lunch.

Una Wheeler plans our trips - this week we are going by bus on a shopping spree to Yorkdale Shopping Centre. Our recent trip to Hamilton was thoroughly enjoyed by everyone. We attended the "Parade of Stars" and a flower show at a Dinner Theatre - the entertainment was outstanding.

The Seniors Rally was held Nov. 15th at the Acton Legion facility. Clubs from many districts were represented. The members brought their own lunches and enjoyed the entertainment from the different Seniors groups in the area. From line dancing, square dancing, singing and recitations, it was all very entertaining. The guest speaker was Mr. Jack Dyce, whose topic was "Seniors" and he gave us many good tips about our age group. He also spoke to us about the unfortunate number of people in hospitals suffering from drug interactions.

I have been privileged to be President since last September and I will hold office for 2 years. Vice-President of our group is presently Flo Carswell, and our Secretary is Laurreta Mills. Please contact us if you have any questions. You can meet the nicest people at the Belles and Beaus!

There's nothing nicer than "little things,"
Somehow they stay in mind
And have a way of making a day
The brighter and happier kind.
There's the song of a bird at daybreak,
Wildflowers bursting in bloom,
The clasp of a hand - the sound of a laugh,
The warmth of a cozy room.
There's nothing nicer than "little things,"
And here's hoping that all life through
The joy of seeing and knowing them
Will gladden each day for you.
Author Unknown.



Kasual Katering

by Geri & Lori Kestner

TOURTIERE

Ingredients:

- 2 lbs. lean ground pork or a mixture of beef, pork and veal
- 1 1/2 cups finely chopped onions
- 1 cup fine dry bread crumbs
- 1 tsp. ground ginger
- 1/4 tsp. ground cloves
- 1/4 tsp. ground allspice
- 1/2 tsp. black pepper
- 1 tsp. salt
- 1/2 cup water
- 9" round pie dish
- 1 recipe shortcrust pastry
- 1 egg, beaten with 1 tsp. water

Method:

Combine the ground meat, onions, ginger, cloves, allspice, pepper and salt in a large heavy pot. Cook over medium heat, stirring to break up the meat, until the pork loses its raw color. Add the water, bring to a boil and simmer for 1/2 hour, stirring occasionally.

Stir in the bread crumbs, remove the pot from the heat and allow to cool.

Lightly flour your work surface, divide the pastry in two, roll out each half into a circle about 11" in diameter (large enough to fit the dish with a bit over). Roll one circle up around your rolling pin, and unroll it on top of the dish.

Spoon the cooled meat into the pastry, dampen the edges of the pastry with water and lay the second sheet on top, pressing the edges together well. Trim off the excess with a sharp knife. Cut a couple of slashes for steam to escape. Make cut-outs from the excess pastry and decorate the top, if you like. Brush with the beaten egg (may be prepared up to 2 days ahead to this point. Keep refrigerated, or you may freeze).

Preheat oven to 425° F.

Bake the tortiere in the preheated oven for 15 minutes, then reduce the heat to 350° F and bake for 40 minutes longer, until the pastry is golden brown. Remove from the oven and allow to cool for 20 minutes before cutting.



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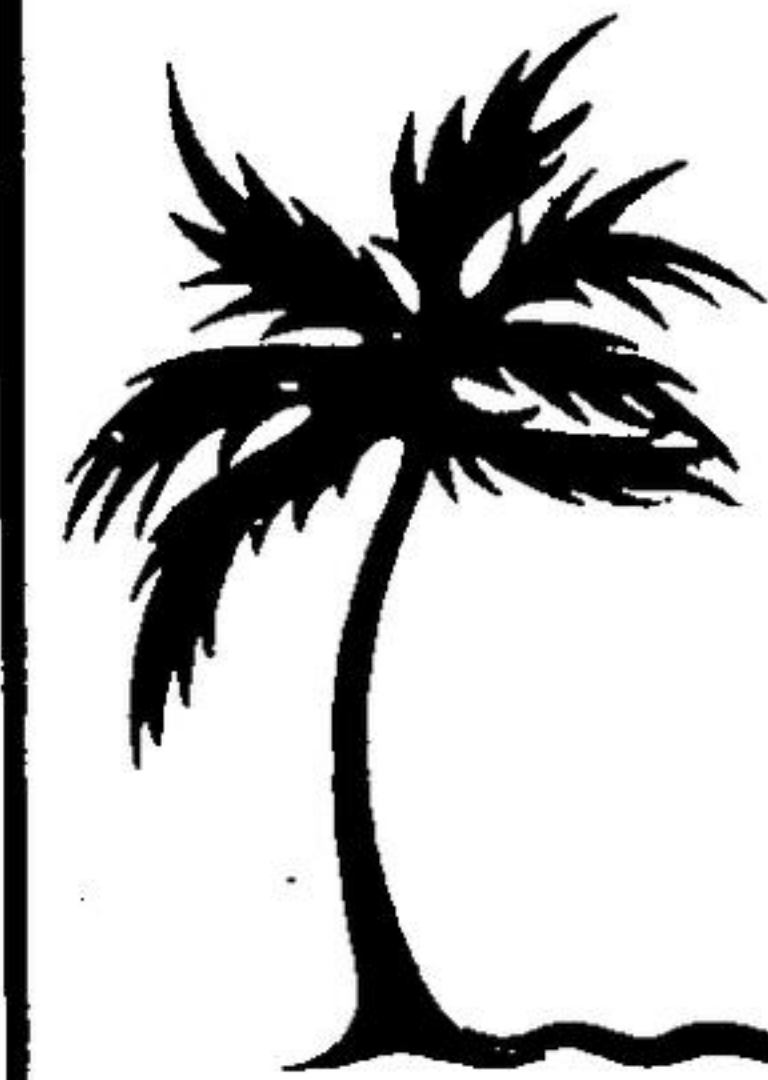


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