With winter really getting underway, people in Halton Hills should be careful when attempting to cross frozen water.

Thin ice poses many dangers and is responsible for many fatalities each year. Hypothermia, which is a decrease in body temperature, kills people in cold water by reducing their ability to swim or stay afloat.

A person that has fallen through the ice can eventually die of cardiac arrest if he or she is not rescued and rewarmed.

To avoid danger, the Royal Life Saving Society Canada (RLSSC) would like to pass on these safety

- Always check ice thickness before venturing out on it. Snowmobiles require at least five inches of clear solid ice and autos at least eight inches to a foot of clear solid ice.

- You can't tell the strength of ice just by its appearance. Temperature, thickness, snow cover, depth of water under the ice, size of water body, water movement and distribution of the load on top of the ice area all factors affecting ice safety.

.- Before you head out onto any ice, check with a local bait shop operator or resort owner for known ice conditions, thin ice areas or dangerous open water conditions.

Despite precautions, there are no guarantees with ice. If you should break through the ice:

- Don't panic, the clothes you're wearing will trap air and keep you buoyant:

- Turn towards the direction you came from and place your hands and arms on the unbroken surface.

- Kick your feet and try to push yourself forward on top of the unbroken ice on your stomach like a

- Once you are lying on the ice, don't stand up. Roll away from the break until you're on solid ice.

From a car or truck, the best time to escape is when the vehicle is still afloat. The best escape hatches are the windows, as the water and ice pressure will make it near impossible to open the doors.

When out snowmobiling, people

face a few natural risks - the cold, thin ice and hazards such as snow drifts and trees on the path. But, the biggest hazard is one the snowmobiler can control, say the Royal Life Saving Society Canada (RLSSC). It's drinking while snowmobiling.

Alcohol affects a person's balance and judgement. A mo-. ment of dizziness or a misstep may not cause harm on the ground or in a restaurant, but it can spell disaster on a snowmobile.

If that's not enough warning, you should know that impaired snowmobiling is just as serious as impaired driving. The penalty on a first offence is a minimum fine of \$300.

For a second offence there is imprisonment for not less than 14 days. For the third and each subsequent offence, there is imprisonment for not less than 90 days.

In addition, you may be prohibited from operating a snowmobile for a minimum of three months and could also lose your driver's license.

THE WEEKEND OUTLOOK, Friday, January 18, 1991 - Page 15



GDHS Athletes

Rebel senior volleyball player Kim Collison and wrestler Dustin Thompson were chosen as Georgetown District High School's athletes of the week for helping their teams succeed. The volleyball team has only lost one game this season and are tied for first, while the wrestlers won their own tournament last weekend. (Herald photo)

COMMUNITY SPORTS CALENDAR

ATTENTION ALL SPORTS ORGANIZATIONS! To Place Your Upcoming EVENT or Post Your RESULTS Phone Rob Risk/Sportsline 877-2201 or Fax 877-4960



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8:30 p.m. at Alcott Arena.

5:00 p.m. at Alcott Arena.

p.rn. at Acton Arena.

5:00-6:00 p.m.

Saunas Open.

p.m. Adult 5:00-6:00 p.m.

p.m. Adult 5:00-6:00 p.m.

p.m.

Barrie, 3:45 p.m. at Alcott Arena.

Public 3:00-4:30 p.m. at Acton Arena.

5:00-6:00 p.m. at Georgetown Indoor Pool,

4:00-5:00 p.m. Adult 5:00-6:00 p.m.

Next Home Game:

Jan. 19, 7:30 p.m.

vs. Oakville

Next Away Game:

Jan. 18, 7:30 p.m.

vs. Milton

FRIDAY

Hockey

AAA rep hockey. Bantam Hurricanes vs. Barrie,

SATURDAY

Hockey

Hockey

Skating

SUNDAY

Skating

2:30-3:50 p.m. at Memorial Arena. Public 2:30-4:00

Swimming

Public 2:00-4:00 p.m. Family 4:00-5:00 p.m. Adult

RECREATIONAL SWIMMING SCHEDULE

Winter - Jan. 7 to March 11

ACTON INDOOR POOL

Sunday - *Disabled 11:00-12:30 p.m. Public

Monday - Public 7:00-8:00 p.m. Adult* 8:00-9:00

GEORGETOWN INDOOR POOL

Saturday - Public 2:00-4:00 p.m. Family 4:00-5:00

Sunday - Public 2:00-4:00 p.m. Family 4:00-5:00

Monday - Family 7:30-8:30 p.m. Adult 9:00-10:00

Saturday - Public 2:00-4:00 p.m.

2:00-4:00 p.m. Family* 4:00-5:00 p.m.

Public 1:00-2:20 p.m. at Alcott Arena. Public

Public 1:00-2:20 p.m. at Gordon Alcott Arena.

AAA rep hockey. Midget Hurricanes vs. Barrie,

AAA rep hockey. Minor Bantam Hurricanes vs.

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Jan. 20, 1:00 p.m.

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Next Home Game: Next Away Game:

vs. Wingham

MONDAY Swimming

Public 7:00-8:00 p.m. Adult 8:00-9:00 p.m. at Acton Indoor Pool. Family 7:30-8:30 p.m. Adult 9:00-10:00 p.m. at Georgetown Indoor Pool.

Curling Men's curling league, 7:00 p.m. at North Halton Golf and Country Club.

TUESDAY

Hockey AAA rep hockey. Minor Atom Hurricanes vs. Hamilton, 7:30 p.m. at Memorial Arena.

Hockey AAA rep hockey. Minor Peewee Hurricanes vs. Hamilton, 7:00 p.m. at Alcott Arena.

Skating Parent and tot 10:00-11:50 p.m. Noon skate 12:00-12:50 p.m. at Alcott Arena.

WEDNESDAY

Curling

Business ladies curling league, 7:00 p.m. at North Halton Golf and Country Club.

RECREATION SKATING SCHEDULE Winter - Oct 13 to March 10, 1991

ACTON ARENA Saturday - Public 3:00-4:30 p.m. Sunday - Public 2:30-4:00 p.m.

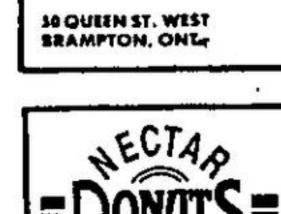
GORDON ALCOTT ARENA Saturday - Public 1:00-2:20 p.m.

Sunday - Public 1:00-2:20 p.m. Tuesday - Parent and Tot 10:00-11:50 a.m. Noon skate 12:00-12:50 p.m.

GEORGETOWN MEMORIAL ARENA

Sunday - Public 2:30-3:50 p.m. Wednesday - Adult 8:00-9:20 p.m.

For more information call: Acton Arena -877-8488. 853-0020. Gordon Alcott Arena -Georgetown Memorial Arena - 877-9612.



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