

Extreme caution suggested when crossing frozen water

With winter really getting underway, people in Halton Hills should be careful when attempting to cross frozen water.

Thin ice poses many dangers and is responsible for many fatalities each year. Hypothermia, which is a decrease in body temperature, kills people in cold water by reducing their ability to swim or stay afloat.

A person that has fallen through the ice can eventually die of cardiac arrest if he or she is not rescued and rewarmed.

To avoid danger, the Royal Life Saving Society Canada (RLSSC) would like to pass on these safety tips:

- Always check ice thickness before venturing out on it. Snowmobiles require at least five inches of clear solid ice and autos at least eight inches to a foot of clear solid ice.

- You can't tell the strength of ice just by its appearance. Temperature, thickness, snow cover, depth of water under the ice, size of water body, water movement and distribution of the load on top of the ice area all fac-

tors affecting ice safety.

- Before you head out onto any ice, check with a local bait shop operator or resort owner for known ice conditions, thin ice areas or dangerous open water conditions.

Despite precautions, there are no guarantees with ice. If you should break through the ice:

- Don't panic, the clothes you're wearing will trap air and keep you buoyant.

- Turn towards the direction you came from and place your hands and arms on the unbroken surface.

- Kick your feet and try to push yourself forward on top of the unbroken ice on your stomach like a seal.

- Once you are lying on the ice, don't stand up. Roll away from the break until you're on solid ice.

From a car or truck, the best time to escape is when the vehicle is still afloat. The best escape hatches are the windows, as the water and ice pressure will make it near impossible to open the doors.

When out snowmobiling, people

face a few natural risks - the cold, thin ice and hazards such as snow drifts and trees on the path. But, the biggest hazard is one the snowmobiler can control, say the Royal Life Saving Society Canada (RLSSC). It's drinking while snowmobiling.

Alcohol affects a person's balance and judgement. A moment of dizziness or a misstep may not cause harm on the ground or in a restaurant, but it can spell disaster on a snowmobile.

If that's not enough warning, you should know that impaired snowmobiling is just as serious as impaired driving. The penalty on a first offence is a minimum fine of \$300.

For a second offence there is imprisonment for not less than 14 days. For the third and each subsequent offence, there is imprisonment for not less than 90 days.

In addition, you may be prohibited from operating a snowmobile for a minimum of three months and could also lose your driver's license.



GDHS Athletes

Rebel senior volleyball player Kim Collison and wrestler Dustin Thompson were chosen as Georgetown District High School's athletes of the week for helping their teams succeed. The volleyball team has only lost one game this season and are tied for first, while the wrestlers won their own tournament last weekend. (Herald photo)

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FRIDAY
Hockey
AAA rep hockey. Bantam Hurricanes vs. Barrie, 8:30 p.m. at Alcott Arena.

SATURDAY
Hockey
AAA rep hockey. Midget Hurricanes vs. Barrie, 5:00 p.m. at Alcott Arena.

Hockey
AAA rep hockey. Minor Bantam Hurricanes vs. Barrie, 3:45 p.m. at Alcott Arena.
Skating
Public 1:00-2:20 p.m. at Gordon Alcott Arena.
Public 3:00-4:30 p.m. at Acton Arena.

SUNDAY
Skating
Public 1:00-2:20 p.m. at Alcott Arena. Public 2:30-3:50 p.m. at Memorial Arena. Public 2:30-4:00 p.m. at Acton Arena.
Swimming
Public 2:00-4:00 p.m. Family 4:00-5:00 p.m. Adult 5:00-6:00 p.m. at Georgetown Indoor Pool.

MONDAY
Swimming
Public 7:00-8:00 p.m. Adult 8:00-9:00 p.m. at Acton Indoor Pool. Family 7:30-8:30 p.m. Adult 9:00-10:00 p.m. at Georgetown Indoor Pool.
Curling
Men's curling league, 7:00 p.m. at North Halton Golf and Country Club.

TUESDAY
Hockey
AAA rep hockey. Minor Atom Hurricanes vs. Hamilton, 7:30 p.m. at Memorial Arena.

Hockey
AAA rep hockey. Minor Peewee Hurricanes vs. Hamilton, 7:00 p.m. at Alcott Arena.

Skating
Parent and tot 10:00-11:50 p.m. Noon skate 12:00-12:50 p.m. at Alcott Arena.

WEDNESDAY
Curling
Business ladies curling league, 7:00 p.m. at North Halton Golf and Country Club.

RECREATIONAL SWIMMING SCHEDULE
Winter - Jan. 7 to March 11
ACTON INDOOR POOL
Saturday - Public 2:00-4:00 p.m. Family* 4:00-5:00 p.m. Adult* 5:00-6:00 p.m.
Sunday - *Disabled 11:00-12:30 p.m. Public 2:00-4:00 p.m. Family* 4:00-5:00 p.m. Adult* 5:00-6:00 p.m.
Monday - Public 7:00-8:00 p.m. Adult* 8:00-9:00 p.m.
*Saunas Open.

GEORGETOWN INDOOR POOL
Saturday - Public 2:00-4:00 p.m. Family 4:00-5:00 p.m. Adult 5:00-6:00 p.m.
Sunday - Public 2:00-4:00 p.m. Family 4:00-5:00 p.m. Adult 5:00-6:00 p.m.
Monday - Family 7:30-8:30 p.m. Adult 9:00-10:00 p.m.

RECREATION SKATING SCHEDULE
Winter - Oct 13 to March 10, 1991
ACTON ARENA
Saturday - Public 3:00-4:30 p.m.
Sunday - Public 2:30-4:00 p.m.

GORDON ALCOTT ARENA
Saturday - Public 1:00-2:20 p.m.
Sunday - Public 1:00-2:20 p.m.
Tuesday - Parent and Tot 10:00-11:50 a.m. Noon skate 12:00-12:50 p.m.

GEORGETOWN MEMORIAL ARENA
Sunday - Public 2:30-3:50 p.m.
Wednesday - Adult 8:00-9:20 p.m.
For more information call: Acton Arena - 853-0020. Gordon Alcott Arena - 877-8488. Georgetown Memorial Arena - 877-9612.

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