

# Food

## Upper Canada Caterers gobble up St. Hubert's

TORONTO - Upper Canada Caterers Ltd. announced today it has acquired the Master Franchise for St-Hubert Bar-B-Q Restaurants in Southern Ontario bounded by Niagara Falls, Oshawa, Barrie, and Lake Ontario. President James B. Demeroutis said that the 17 St-Hubert chicken and ribs restaurants currently operating in this market will benefit from such Ontario-based management services as advertising and local promotions.

Demeroutis is also President of Panache Rotisseurs Inc. that acquired its first St-Hubert restaurant franchise in 1981. His experience has convinced him that the trend toward healthy eating is strengthening, and that chicken is a popular alternative to red meats. "Although St-Hubert is a family-style restaurant the ambience and service levels are more up-scale than other chicken specialty operations. Another aspect that sets us apart is our food which is selected and prepared in a different manner. For example, chickens must be fresh, not frozen, weigh 3½ pounds and have the 'Canada, Category A' seal. We also offer free home delivery service," he said.

The existing restaurants - all but one franchised to independent entrepreneurs - are located in Metropolitan Toronto, Brampton, Mississauga, Thornhill, Hamilton, Oshawa, Burlington, Pickering and Ajax. Upper Canada Caterers is planning for expansion from within as qualified new franchisees come up through restaurant operations.

St-Hubert chicken and ribs restaurants have an average capacity of 200 seats. Exteriors are distinguished by large red and yellow "Hubie the Chicken" logos.



*Kasual Katering*  
by Geri & Lori Kentner

### FALL GARDEN BORSCHT

- 6 cups water
- 1 lb. beef chuck cut in 1" cubes
- 2 pkg. dehydrated onion soup mix
- 1-6 oz. can tomato paste
- ¾ cup celery cut in 1" pieces
- 2 cups sliced raw beets
- 1½ cups sliced carrots
- 1 small cabbage, cut in wedges
- 1 bay leaf
- 1 cup grated raw beets
- 2 tbs vinegar
- 1 tsp salt

Combine all ingredients and simmer for 1½ to 2 hours - the longer the better. Serve with a dallop of sour cream for an extra treat.

### CHERRY HERMIT COOKIES

- 1 ¾ cups flour
- 1 tsp baking powder
- ½ tsp baking soda
- ½ tsp salt
- 1 tsp cinnamon
- ½ tsp nutmeg
- ¼ tsp cloves
- ½ cup soft butter
- ½ cup soft shortening
- 1½ cups brown sugar
- 3 eggs
- 1 cup raisins
- 1 cup chopped dates
- ½ cup chopped nuts

#### Method

Mix flour, baking powder, soda, salt and spices. Cream butter, shortening until fluffy. Gradually add sugar. Add eggs one at a time, beating well. Add dry ingredients, raisins, dates and nuts. Chill dough ½ hour.

Drop from teaspoon onto greased cookie sheet. Bake at 375 degrees for 8 to 10 minutes.

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