

Ministry attempts to raise AIDS awareness

Across Ontario, the Ministry of Health and the Ontario AIDS Network have designated October 15-21 AIDS Awareness Week, 1990. This year's theme is "Outliving, Out loving, Outlasting AIDS." The purpose of the week is to raise public awareness that AIDS directly or indirectly affects every person in the community.

Halton Region continues its efforts to combat fear, provide education and care for individuals and groups affected directly or indirectly by the AIDS virus. Current patterns and rates of HIV infection demand an increased awareness of individual risk. The AIDS Awareness Week posters depicting two pairs of hands with different skin colours joined in a handshake symbolize that AIDS is caused by a universal virus that can affect everyone regardless of sex or race. The public is reassured that touching another human being in a social context poses no risk of HIV infection and underlines the human need for touch in everyone's life. Through unified efforts, hope is offered to people living with HIV infection and AIDS that they can continue to live and love safely, as research continues to refine treatments and work to develop a cure.

The following activities have been planned in Halton Region to commemorate AIDS Awareness Week, 1990.

1. The AIDS Project has offered consultative services to the Burlington Youth and Community Group in the organization of the AIDS Education Marchathon, which takes place on Sunday, October 14, 1990 at 1:00 p.m. at Nelson High School, Burlington. The marchathon is the culmination of the lasting impression left by Karin Donnan's personal account of life before, during and after AIDS and its resulting mobilization not only of the students, but also the community. AIDS Project staff will host an education and information display on site during the day.

2. A certificate of merit, in recognition of their commitment to AIDS awareness and education, will be presented to the Burlington Youth and the Community Group Planning Committee.

3. Certificates pledging an ongoing commitment to AIDS education and efforts will be presented to local agencies during the week.

4. Representatives of Halton Regional Health Department, Hamilton-Wentworth Public Health Department, Special Immunology Clinic at Chedoke-McMaster and Hamilton AIDS Network for Dialogue and Support (H.A.N.D.S.) will be meeting the press to create awareness and support for the clinic's existence and to show a united, co-ordinated front in AIDS education, treatment and support.

5. On October 10, Mr. Peter Pomeroy, Regional Chairman, will proclaim October 15-21 as AIDS Awareness Week at the Regional Council meeting.

6. Dr. Bob Nosal will speak about the Halton Regional Health Department's AIDS Project activities and services at the Media Conference in Hamilton on October 15, 1990. Representatives from Hamilton-Wentworth Public Health Department, the Chedoke-McMaster S.I.S. (Special Immunology Service) Clinic, the Hemophilia Society and H.A.N.D.S. (Hamilton AIDS Network for Dialogue and Support) will also share information about their respective programs and services.

7. The AIDS Project will participate in Sheridan College's AIDS Awareness Week activities by holding an AIDS Awareness Blitz on October 17.

8. Oakville-Trafalgar Memorial Hospital will combine AIDS Awareness Week and their Infection Control Week, and AIDS Project staff will provide an information display to promote ongoing awareness and education for staff and the visiting public on October 18th and 19th.

9. The AIDS Project staff will provide an information display at Joseph Brant Hospital on October 16th.

10. The Halton Health Department public health nurses have received updated AIDS resource packages to facilitate education opportunities in the schools and local communities.

11. Distribution of the Healthy Relationships Campaign components will continue throughout the week. This will include an expansion of the "Play It Safe" condom distribution sites in health and social service agency locations.

12. Individual "Rate your Risk" self-awareness cards will be available to the community through Halton Health Department public health nurses and the AIDS Project. By scratching off the answers which best reflects their behaviour patterns, the in-

dividual develops a sense of their level of risk for HIV infection, and then can adapt their behaviours to reduce this risk.

13. General information packages are being distributed to the Public and Separate School Boards of Education, Sheridan College and several other health and social service agencies throughout the Halton Region.

Across Ontario, the Ministry of Health and the Ontario AIDS Network have designated October 15-21, "AIDS Awareness Week, 1990." The theme is "Outliving, Out loving, Outlasting AIDS." Numerous activities have been planned in Halton Region to support and foster an increased public awareness of AIDS.

For more information, call the

Halton Regional Health Department AIDS Project at 639-5141, ext. 763.

Hallmark
GREETINGS & GIFTS
NOW OPEN
OPEN SUNDAYS & EVENINGS
GEORGETOWN MARKET PLACE
873-7096

The Feminine Way
INTERNATIONAL
Passive Reducing Exclusive Ladies' Salon
SUNTAN BEDS
\$7.00 Per Session
10 Sessions for \$50.00
873-4907
116 Guelph St.
(Rear Entrance)
Georgetown

LOOK GOOD FEEL GREAT!
Male and Female Memberships Available!
1 Month Trial Membership
Includes classes, individualized weight training, life fitness equipment, daily use of lockers. **\$75.00**
WORK THAT BODY
232 GUELPH STREET, GEORGETOWN
877-0771

\$4,000.00 SHOPPING SPREE VALUE STORE

WATCH FOR "Fantastic Fall Festival Flyer" in your mailbox this week!
IDEAL FOR YOUR PARTY OCCASIONS
HORS D'OEUVRES 50 PIECE BOX \$18.95
Reg. \$22.95
• CRAB • BACON PUFFS • SPINACH PUFFS • DANISH MEATBALLS • FRANKS IN A BLANKET
877-0721 STEAK EXPRESS
Delrex Blvd. & Guelph St., Knolcrest Centre, Georgetown

Apple contest

TORONTO - The highlight of Black Creek Pioneer Village's Apple Harvest weekend celebrations, Oct. 13 and 14, is the eighth annual Bake It With Apples contest. Toronto's biggest and most popular pie contest features prizes for traditional and open pies in several classes - junior, youth, adult and senior.

Winners and runners-up receive cash prizes, ribbons and plaques. The best of the contest is a \$100 cash prize. As well, all contestants receive a gift for participating.

Judging takes place at the Village Town Hall from 12:30 to 2:30 p.m. on Sunday, Oct. 14. An awards presentation follows at the Village Visitors Centre at 3:30 p.m. Each year a judging panel is selected to represent the food production industry and food and nutrition studies, such as the Ontario bakery apprenticeship program at George Brown College. The judges, in turn, select the lucky winners.

Canada Packers Inc., maker of Tenderflake lard, is the sponsor of the baking contest. There is one qualification: Tenderflake lard must be used in the pie crust (proof of purchase required).

In 1989 the contest drew 130 entries from as far away as Sudbury. Bake It With Apples is part of a two-day celebration of the Apple Harvest, an annual Village event focusing on the importance of apples in our lives, both past and present.

To register for the Bake It With Apples contest call (416) 736-1733 or write: Bake It With Apples Contest, Black Creek Pioneer Village, 1000 Murray Ross Parkway, Downsview, Ontario, M3J 2P3. The registration deadline is 4:30 p.m. Friday, Oct. 12. All entries must be delivered in person no later than 12 noon on Oct. 14.

Located at Jane Street and Steeles Avenue in northwest Metro Toronto, Black Creek Pioneer Village is easily reached via Highway 400 and the TTC. Village admission is adults \$5.50, seniors

\$3.50, students and children \$2.50. Parking is free.

Tenderflake BEST RECIPES

TERRI CARSON'S PRALINE PUMPKIN PIE

A bit unusual, yes, but the crunchy praline that tops this traditional pumpkin pie has made this dessert an all time favourite with Terri and her family of six.

PASTRY
TENDERFLAKE Perfect Pastry dough for double-crust 9" (23 cm) pie (see TENDERFLAKE lard package).

FILLING

2	eggs	2
1 cup	lightly-packed brown sugar	250 mL
1/2 tsp	salt	2 mL
1 tsp	cinnamon	5 mL
1/4 tsp	nutmeg	1 mL
1-3/4 cup	YORK Canned Pumpkin	400 mL
1 cup	evaporated milk or light cream	250 mL

TOPPING

1/3 cup	granulated sugar	75 mL
1/3 cup	lightly-packed brown sugar	75 mL
3 tbsp	evaporated milk or light cream	45 mL
1/2 cup	pecan halves	125 mL

NUTRIWHIP: whipped (optional)

Roll out half of dough and fit into 9" (23 cm) pie plate. Trim edge even with pie plate. Roll out remaining pastry. Cut out small leaf, heart or circle shapes of dough using small cutter or sharp knife. Place shapes around dampened pie crust edge and press lightly to secure.

Beat all filling ingredients. Pour into pie shell. Bake on lower oven rack in a pre-heated 450°F (230°C) oven for 15 minutes, then reduce heat to 350°F (180°C) for 25-30 minutes or until set. (Insert knife in centre; if it comes out clean, the pie is done.)

Mix together topping ingredients. Sprinkle evenly over pie. Cover pastry edge with foil. Broil 5" (12 cm) from heat until topping is bubbly and browned. Serve warm or cooled with Nutriwhip topping.

Tenderflake
Nothing Makes It Flakier. Every Time.