

Three techniques help working woman through wedding

If you're a working woman and a bride-to-be, you've undoubtedly discovered that gown fittings, blood tests and honeymoon arrangements can wreak havoc with an already hectic schedule. How do you cope? By using three techniques familiar to every professional woman:

organize the project, delegate responsibilities, and pace yourself so you can focus on things that require your personal attention.

First, spend time with your groom-to-be making important foundational decisions such as a suitable date and the number of wedding

guests. Also, decide on a certain wedding style: traditional, Victorian, contemporary or one unique to you.

Next, devise a countdown calendar of events leading up to your big day. Include all your plans in an easy-to-follow chart form; update it regularly as you get things done. If you have access to a computer, it will be easy to input and update tasks. And while you are doing this, ask recent and even not-so-recent brides for their wedding preparation advice and suggestions.

For additional help, you can always elicit the assistance of a wedding consultant. Because of their contacts, they can save you money, time and effort. They handle all the nitty-gritty work like renting a hall, hiring a florist, caterer and decorator, ordering paraphernalia such as napkins and match boxes, and, best of all, negotiating prices. Once you give them a budget to work with, you're in the clear to spend time on the star of the wedding...you.

Start by getting your hair in tip-top shape. A beautiful head of healthy-looking hair can be achieved in three easy, carefree steps. First, chart out a trimming and shaping schedule, four to six weeks apart, with your hairstylist. Second, shampoo and condition daily for clean, manageable hair. Pert Plus, a two-in-one conditioner, delivers great-looking hair in one easy step, leaving you more time for the third element to looking great: styling. When possible, air dry hair to cut down on

blow drying damage. You can also try a combination of both air and heat drying. Use wide tooth combs on wet hair to avoid snarls and choose natural bristle brushes for premium care.

Next, experiment with makeup colors in eyeshadows, lipstick, foundation, eye-liner and nail polish that complement your skin tone. Remember, soft and natural-looking hues are best for the camera and allow your true beauty to shine through. For reassurance about your makeup choices, consult with a makeup artist, color analyst or a good friend.

To ensure a smoothly-run beauty countdown, begin collecting all necessary wedding-day items. Some examples are: a light, non-greasy moisturizer, a favorite fragrance, hair clips if needed and an emergency sewing kit. Importantly, don't forget your anti-perspirant. Secret, in its new refreshing Sporty Clean

scent, specially pH balanced for women, offers optimal, longlasting odor and wetness protection. And, if you are a contact lens wearer, an extra pair in your goody bag will calm your nerves of possible lastminute damage or loss.

Somewhere along the way, insist on giving yourself a well-deserved break and do something that you normally wouldn't do. Treat yourself to fresh flowers on your desk as a quick "pick-me-up" or set some private time aside to do something unrelated to work or your wedding plans. You could spend a day relaxing at your favorite museum or curl up with a great novel.

Preparing for your wedding and keeping up with your job at the same time can be a challenging juggling act, but by following these organizational bridal tips, you'll have a chance to enjoy the activities leading up to your special day.



WEDDING FOOTNOTES WITH FANCY ACCENTS... Individual expression is the new focus, so brides can choose footwear styles that are whimsical, glamorous or traditional. All styles shown are part of the dyeable collection available at Kinney Shoes stores nationwide.

Accessorize...



Brides & Bridesmaids Satin Shoes Jewellery & Other Wedding Accessories
Hairpieces & Hand Bags dyed to match Men's Florsheim Shoes & Accessories



SHOES & ACCESSORIES LTD.
212 Main E. MILTON 875-1627

Reception a large party

Planning a wedding? Before you fall victim to the stress of trying to ensure that your ceremony and reception will be perfect in every way, read this advice from Miss Manners, also known as Judith Martin, from Miss Manners' Guide to Excruciatingly Correct Behavior (Warner Books):

A wedding reception is basically a large party and is therefore not perfect because there are too many variables...Miss Manners' advice to young brides is to plan weddings that will be pretty and festive, but not to attempt to make them grand on a scale unrelated to the rest of their lives, and not to expect them to be perfect. Many an otherwise lovely bride has turned ugly attempting to create a "dream" occasion and to make everyone else conform with her conception of their roles in it.

Milwone Vanity Fair

Dear Brides:

May we at North Halton's newest fine linen boutique congratulate you and your fiance on your engagement!

Now let's talk business. If giant "cloned" department-style stores bore you and if megamalls "maul" you, then you are ready to experience Milwone Vanity Fair. Our old-fashioned quality, good service and real value set us apart from the ordinary.

Please enquire about our Preferred Bridal Registry Service. We invite you to record your special selections of our fine Canadian and imported linens for your table and bath as well as our in-stock and custom made bedding and accessories.

Your future home will reflect your personal taste and your guests will be spared all of the usual guesswork. Also your family and guests will receive a 10% bonus off any gifts for your Milwone Vanity Fair Preferred Bridal Registry Service. To save your guests further worry, deluxe gift wrapping and even delivery will be available.

Thank you for your attention at this special but hectic time.
I hope to meet you and have the opportunity to serve you.
Sincerely,

Brenda J. Catalano
Brenda J. Catalano (Mrs.)

P.S. All Registered
Bridal Couples Receive
Gift Certificates



Milwone Vanity Fair
Fine Linen and Gifts - Bridal Registry
246 Main St. E., Milton 876-4244

Now It's Worth
The Drive To
Downtown Milton

