



### Christmas countdown

Staff at Georgetown Nutri/System toast the beginning of their Christmas countdown, a program that has its members set a weight goal they must try to reach by the December holiday. From left to right, Mary Alice Wever, Roxanne Lukas, Judith Gooding, Terri White, and manager Evelyn Peach. (Herald photo)

### Fall colors in bloom at Terra Cotta

Meadowvale - Why travel for hours up north this fall when Terra Cotta offers an incredible display of fall colours just a few short minutes from home.

periods and colder temperatures trigger deciduous trees to shut down sap production. This leads to a decay of the leaves showing underlying red, orange, yellow or brown pigments.

For more information call the Authority's Community Relations spokesperson, Robert Peace at 670-1615.

Aside from the regular show of colors, the Credit Valley Conservation Authority is hosting its Annual Harvest of Colour Day on Sunday September 30, 1990.

"For the regular entrance fee of \$6.50 per vehicle to the Terra Cotta Conservation Area, we have added a few special delights including a pancake breakfast, horse drawn wagon rides, craft vendors displaying goods and displays and demonstrations by various interest groups," says Robert Peace, C.V.C.A. Community Relations Spokesperson. Muskkrat Pond has just been restocked for the anglers and Fly tying demonstrations will be held."

Since the 1940's people have been driving to the Terra Cotta area to view the fall colours," says Peace. The area offers year round beauty but is certainly unique during the fall months."

The Terra Cotta area boasts over 36 species of trees which give the scene a great variety of shapes and colours. White Ash turn burgundy red, Sugar Maples burst with yellow, orange and red and the Red Oak warm to a deep, dark brown.

The Niagara Escarpment also provides many cliff faces in the area offering a panoramic view of all the colours.

In the autumn shorter light

## 1st ANNIVERSARY CELEBRATION

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