

## United Way volunteers honored

At the 1990 United Way campaign kick off luncheon at North Halton Golf and Country Club leaders and patrons of last year's United Way campaign were honored for their committment and participation, Among those honored included Steve Williamson, Chantell Anderson, Monty Hyde, Graham Stratford,

Stacey Hamilton, Jack McInnis, Doug Brock, Barry Kedwell, Coral Charles, Melanie McCracken, Bill McNally, Lori Vermeulen, Ken Morisawa, Norm Bowler, Dennis Foley, Bert Arnold, Tim Kilmer, Doug Penrice and Rud Whiting. (Herald photo)



## Parenting can be learned

"Parenting Can Be Learned" is the banner message for this year's Child Abuse Prevention Month Campaign, declared by the Independent Order of Foresters (IOF) for the month of October.

Citing the need to respond to the growing incidence of child abuse in Canada by educating and raising awareness levels of the general public, the IOF is sponsoring a series of effective parenting workshops in October, in 11 key cities across the country to promote the parenting theme.

"It is extremely important that, as a community, we understand and recognize the extensive nature of this widespread problem so that we can protect our children," says Rosemary Jones, associate public relations director for the IOF.

Hosted by Dr. Arnold Rincover, a well-known child behavioral psychologist, the workshops will offer parents practical techniques for coping with the pressure of raising children. Topics such as disciplining, stress reduction and anger will be covered.

The IOF, which has been involved in the prevention of child abuse for more than 15 years, has gained support for its campaign from a variety of child and health care professionals across the country as well as numerous federal and provincial government agencies.

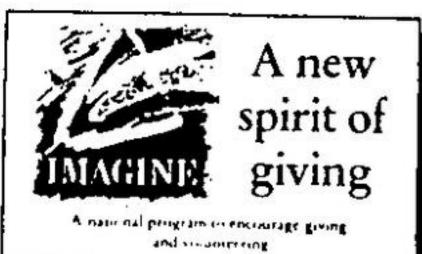
According to Rix Rogers, leading federal government ading attitudes and behavior is of paramount importance to the prevention of child abuse. "Public awareness programs

visor on child sexual abuse, chang-

such as the IOF's Child Abuse Prevention Month and effective parenting workshops are key initiatives designed to help improve the lives of children by reaching parents," says Rogers.

The IOF has also developed a community guide resource book which is available to the public to help interested individuals organize their own child abuse prevention events. This booklet provides an introduction to the national campaign, as well as ideas for activities and other key information.

For those parents who would like additional information concerning parenting and the prevention of child abuse, the IOF has bookets, films, videos and pamphlets available at cost or free of charge. These materials can be ordered by contacting the IOF's toll free number: 1-800-268-6267.





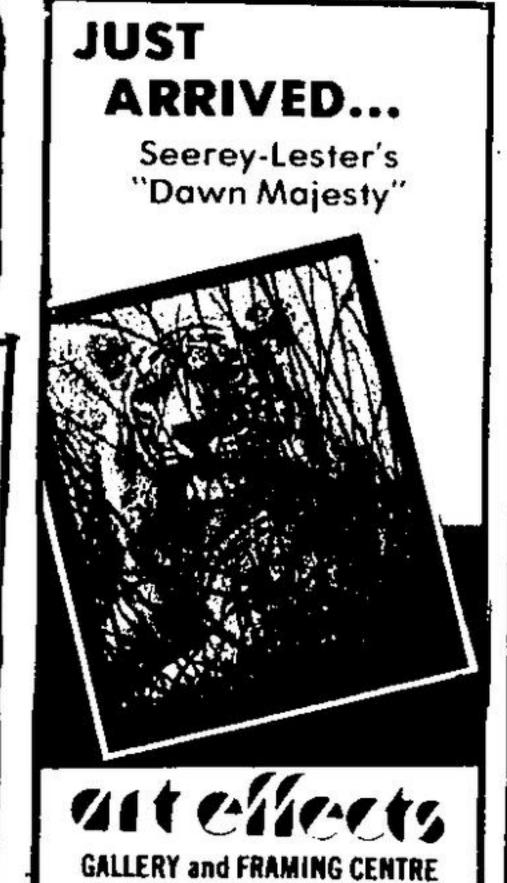


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