Seniors shine in athletics at London Actifest games

By MARION HOGAN and MADDIE HOWAT

The Ontario Senior Games allows seniors from all over Ontario to participate in games for fun, social interaction and competition at local regional and provincial levels.

The first games were held in 1986 at Kitchener and were followed in 1988 in Brampton. This year the provincial competitions, Actifest 90 were held in London on August 7. 8, 9. The games included euchre. cribbage, contract bridge, 5 pin bowling, shuffleboard, tennis, swimming, lawn bowling, horseshoes, 3 km walk (predicted), ladies golf, men's golf, carpet bowling, snooker and a .riathlon (swim, walk, and softball throw).

There was also a slopitch ball game, demonstration. To enter the provincial games, a person has to win the competition at local and regional levels. The Halton Region is District 21, with 33 districts participating.

Many people helped orgnaize the local and regional games under the leadership of Bill Dudgeon of Burlington. Jeff Bitton of parks and recreation hleped coordinate the local games in Halton Hills. Georgetown was represented on different games committees by Norma Maynard, Joyce Tilson, Kay Braiden, Bill Maynard, Jean Reid, Monica Hancock, Dovie Fiebig, Bill Collier, Reg



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On July 12 the top three winners of the regional games were honored at a luncheon in Burlington at the Senior's Centre (which is a beautiful and functional facility). Also present were representatives of the local and regional councils of Halton, members of the committees for the games and the executive committee District 21 for 1990. Pins (gold, silver and bronze) were awarded to the winners of each event. After the presentations, the guests saw a

ACTON

Thursday, Aug. 23

ACTON HIGH SCHOOL

7:30 P.M.

video of the fun day hosted by Buriington on June 21, 1989 where over 250 seniors from the region participated.

At the provincial level in London,

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The participants and guests

Zoe Greenspan, Ted Harkins, Ken Howat, Archie Lawr, Shell Lawr, Elmer Pembleton, Eva Roberts, Ross Smart, Arlie White, Elsie Whitham, Ron Whitham and Dorothy Young participated from Halton Hills, with Dorothy Young winning a silver medal in "A" flight of golf.

were housed at the University of Western Ont, where they were served breakfast and lunch. Dinner was held in the Western Ont. Exhibition Park where medals were presented to the winners of the day's event. Peter Bacon provided a variety of music for dancing and Jim Swan of a local radio station acted as master of ceremonies. There were bus tours, shopping and walking tours and cruising aboard the London Princess on the Thames River for those who had completed or were waiting for an event.

Hamilton or Thunder Bay will be the host city for the games in 1992. Maybe you will be one of the lucky

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Watch for the Georgetown and District Seniors Association's bake sale and afghan raffle at the Georgetown Fall Fair on Sept. 8 and 9. The afghan draw will take place on Sunday at 2 p.m. Coffee and muffins will be available. Donations of baked goods and help needed at the booth for both days.





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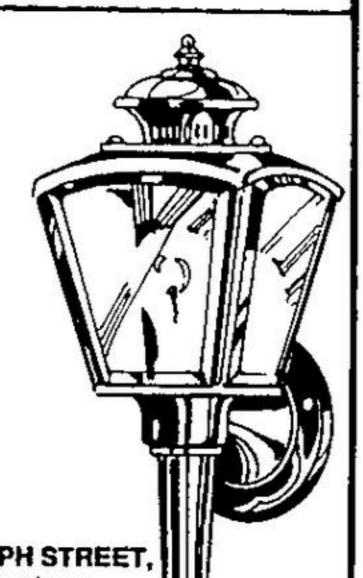
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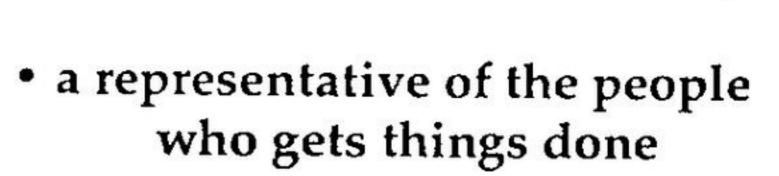
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