

Kitchen windowsill is ideal for nurturing most plants

The kitchen windowsill is an ideal place to nurture indoor plants. It's close to a watering supply and is frequently among the most humid places in the home. Most plants like the combination of moisture and bright light provided by kitchen windows.

If the view through a window is uninspired, you can use plants to add interest or even mask a dull outlook while still letting some natural light shine through. Or, if you are "planting" a view window, you can select

colorful, low-growing plants to frame or accent the view. Color is important, of course - African violets, geraniums, hibiscus, impatiens are favorite choices - but you can also plant windows with decorative grasses, cacti, succulents or exotic tropical plants.

Terra Boxes from Weathashade Corporation are perfectly designed for the typical kitchen window. Their clean lines and natural clay look enhance colorful ivy geraniums, small ferns, chives or an

herb garden. Or, you can plant a living salad in a large, round Terra Bowl. Lettuce does well on the kitchen windowsill because it likes protection from the hot midday sun and drying winds.

The Terra containers, as the name suggests, resemble old-world terra cotta flower pots. But, new Terra Boxes, Terra Bowls, Terra Pots and Terra Baskets are actually made of *Enduralon*, a high-tech resin.

Terra containers are much lighter in weight and far less costly than clay plantware. And, condensation does not form on the outside of Terra containers and damage kitchen windowsills. Terra containers are ultraviolet (UV) stabilized for long outdoor use. The colors will not fade and the containers have a five-year warranty against breakage and deterioration. They will not crack or chip.

Terra containers are available in three colors: Terra Cotta, Desert Sand and Granite. A full range of three sizes are available in boxes and baskets, four sizes in bowls, and nine sizes, from 4-inches to 24 inches, are offered in the traditional pots.



WINDOW BOXES can mask a dull or uninspired view. On any windowsill they add color, cheer, even something for the salad bowl. Photo courtesy of Weathashade Corp., of Apopka, Fla., manufacturers of Terra Boxes™, Terra Bowls™, Terra Baskets™ and Terra Pots™.

Preparation of eggs is no small feat

1. Purchase only Canada Grade A eggs with clean, uncracked shells, that have been stored under refrigeration (temperature of 4 C is recommended). It is advisable to buy only the amount needed for one or two weeks at a time.
2. Refrigerate eggs at home in their original carton as soon as possible.
3. Use raw shell eggs by the "Best Before" or expiration date on the carton.
4. Avoid keeping eggs out of the refrigerator for more than 2 hours.
5. Refrigerate leftover yolks and whites immediately, and use within 4 days.
6. Wash hands with hot, soapy water, and wash and sanitize utensils, equipment, and work areas immediately after food preparation. Do not re-use a container or utensil (i.e. fork or spoon) which was used for a raw-egg mixture, even for another raw-egg mixture, until it has been thoroughly washed and sanitized, 30 to 45 millilitres (approximately 1 to 1½ oz.) of household bleach in 4 litres of water makes an effective sanitizing solution.
7. Serve cooked eggs and egg-rich foods immediately after cooking, or refrigerate and serve within 3-4 days. Hard boiled eggs (in the shell or peeled) may be held under refrigeration for up to one week.
8. When refrigerating a large amount of a hot egg-rich food or leftover, divide it into several shallow containers to ensure rapid cooling.

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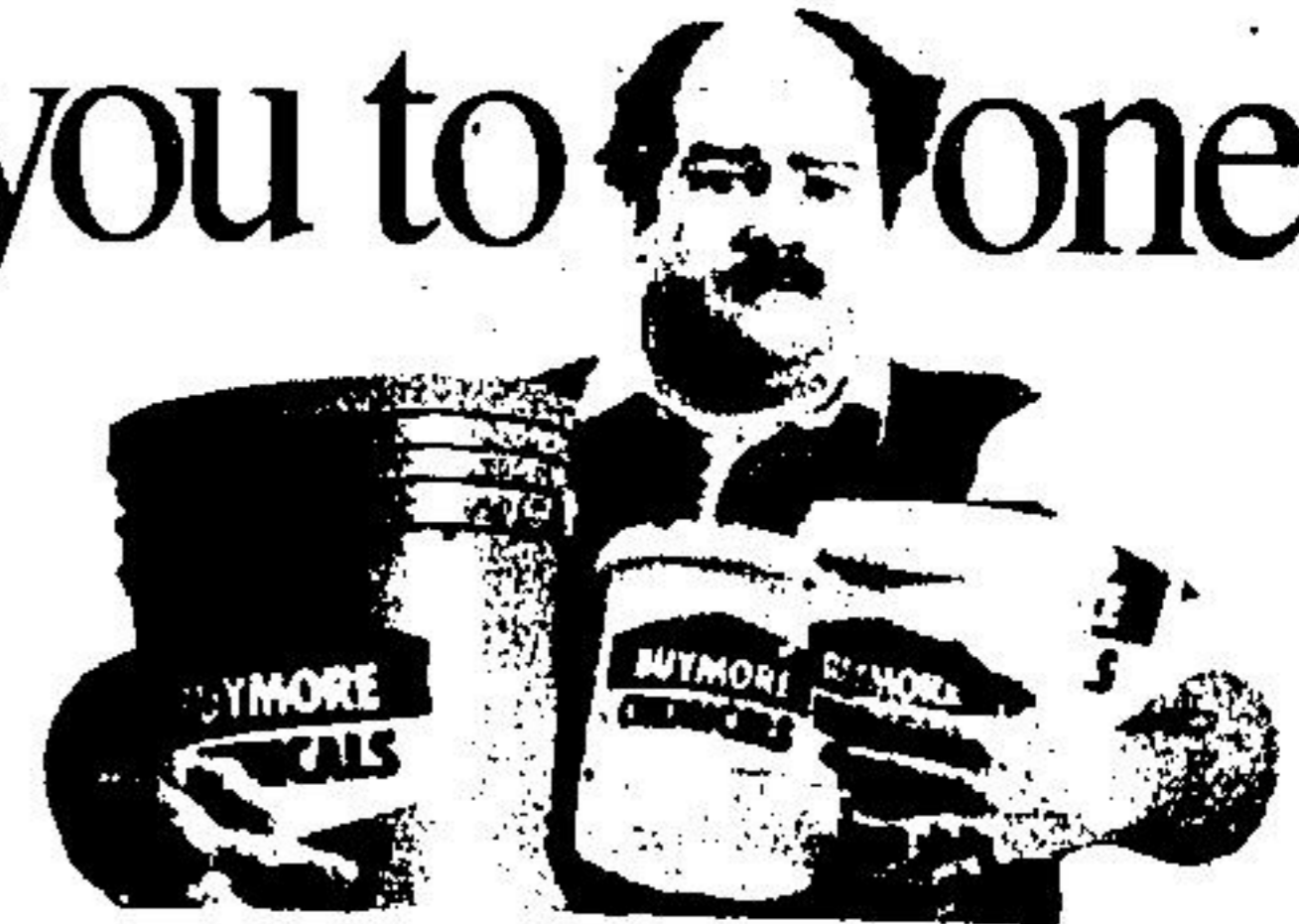
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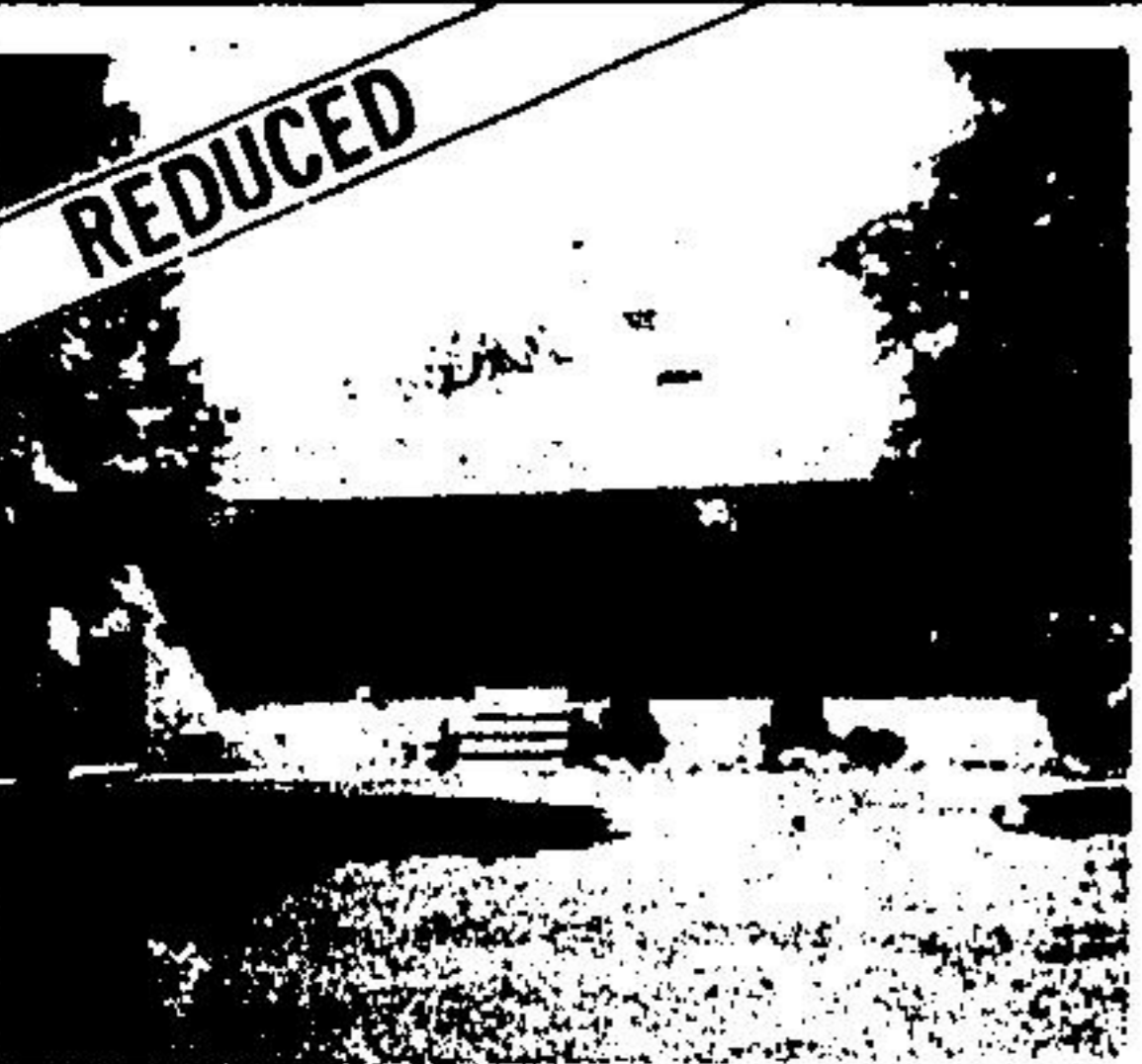
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