Harrison School gets fitness award

Harrison Public School became the first school in Halton to receive an award of fitness from the Canadian Association for Health, Physical Education and Recreation (CAPHER) and Fitness Canada, says teacher Gary Southworth.

Mr. Southworth spearheaded the fitness campaign once he realized the award could be obtained by the school.

"We had a pretty good program here," he said, but the school got together with consultants and coordinators to strengthen the programs throughout all grade levels.

Only 19 other schools in Ontario received the award.

"We're really proud of our school," Mr. Southworth said. Our programs allow a student to excel at an activity or just participate in one," he said. There are good daily, intramural and interschool activites, he added.

"It's a nice award for everybody at the school," Mr. Southworth said.

The award had a 16-page application that needed to be filled out. The application states the school must have quality, daily physical education that consists of 150 to 300 minutes of class instruction per five day week.

Also, to obtain the award, 50 per cent of the total school population must be active in intramural activities for a minimum of 10 hours during the school year.

The two-year award must also include five of the following activities: team games, gymnastics, dance, outdoor pursuit, fitness and lifestyle, aquatics and individual or dual activities.

Each of the five minimum sections must constitute at least five per cent of the instructional time.

The award was presented to the school's principal, Bob McCaw, Mr. Southworth and four students at the Halton Board of Education meeting May 10 by Halton Hills trustee Dick Howitt.



Bob alceaw, lett, principal of Harrison Public School, and Gary Southworth, teacher, stand proudly behind four of the students who helped the school to become the first Halton recipient of a fitness award from the Canadian Association for Health, Physical

Education and Recreation and from Fitness Canada. The four fit students are, from left to right, Emily -Fuller, Brent McClung, Sarah Arnesen and Richard Hyde. (Herald photo)

Soccer scene

Canada wins final

By ALEX TOUGH

John Catliff struck twice, once in each half, to give Canada a 2-1 win over Mexico in the final of the Three Nations Cup, a new addition to the inter-nations competitions. Catliff also scored against U.S.A., the only goal of that game to send Canada into the final, Mexico having defeated U.S.A. earlier. The match was played in torrential rain in Vancouver's Swangaard Stadium.

Mexico played almost two-thirds of the game with ten men, firstly an injury and secondly an ejection for a second caution to the captain, Javier Aguirre. Hamilton Steelers were well represented with Mike Sweeney, Jamie Easton and Colin Miller in the squad.

The CSL opens with Steelers at home on May 29th, I believe.

Just as well the rain stayed away on Saturday as the youth section of the Soccer Club held opening day at Cedarvale. I managed to catch the second half of the girls bantams and saw lots of endeavour coupled with lack of fitness at this stage of the season.

The club program gets underway this week with games on the few fields we have. Cedarvale is not in good shape and neither is Alcott, the two fields which will certainly bear the brunt of soccer.

The influx of new players and hopefully, volunteers, as the south east development gather momentum, may not hit us until next season. The addition of fields is an urgent matter for soccer administrators to consider. Cobra may be lost as well as Meadowglen.

The Inter-County League commences this evening with games at Acton and Alcott at 7:00 p.m. and Cedarvale at 8:45 p.m. Mariners travel to Crown and Meteor have a bye as one team has dropped out due to lack of players.

TSN has committed to soccer this summer, all year in fact. Soccer Saturday has been shown since the fall with footie from all over the globe. Fans have been kept up to date with long and short tape delays and live games. The surfeit will continue throughout the summer with the advent of the World Cup in June and July. We, up north, will see more than our counterparts in the south (U.S.A.).

That's nice! USA's chances of doing well in the World Cup have nose-dived following the losses to Mexico and Canada. The States have been training and playing in Europe with mixed results. However, they have managed to score the odd goal or two, as did Canada in their training explorations across the

'pond'. Hooliganism rears it's ugly head in countries other than England, as well as England these days. Belgium, Holland and Germany have joined the 'club' I am sad to

relate. The authorities will have their hands, security forces and police full should the trend continue through the summer. At least, in the English Cup Final lasto Saturday trouble was scarce, if at all, and non-existent in Scotland for that season finale.

Baseball Tykes ready to go

By DAVE BEAVAN Herald Special

The "Halton Hills Trout Farm" Major Tykes get the regular season, under way this week with games against Oakville and Erin

Unlike the Major Leagues, where a strike made for an abreviated training camp, these boys have been at it since February. Brian Hannah, a wellrespected coach in the Georgetown area for many years ran a clinic for the tyke age group during February and March.

He concentrated on the basic fundamentals of fielding, throwing and hitting. Brian will also be helping at most of the team practices.

On April 6th the boys moved outside to continue the learning process under this year's manager Paul Kelly.

Paul hails from Brampton where he coached in their very competitive system for 5 years.

Paul is a disciplinarian but he is fair, and boys relate well to him.

Coaching at first and third base will be Jeff Hannah, a member of Georgetown's Junior team and Steve Norman another who has donated a lot of his time to kids baseball over the years.

The team members include; Andrew Beavan, Wesley Blight, Isaac Ferguson, Stephen Gibbons, Kevin Humeniski, Doug Inglis, Michael Kelly, Dylan 13e, Andrew Nelissen, Gary Norman, Ryan Smith, and Daniel Young.

The boys played three exhibition games recently against some very tough opposition.

In the first game against Streetsville our bats were quiet as we only managed three hits, but there were some outstanding plays in the field and the opposition never scored more than one run in any inning.

Against a big squad from Oakville we didn't provide a lot of competition until the last inning when we scored five runs.

We totalled nine hits in the game and found out we were a pretty good team. In the third game against Brampton we scored six runs on just six hits and some heads up base running.

After these three exhibition games, Wesley Blight leads the team with four hits. Doug Inglis has a team leading .571 on-basepercentage and Andrew Nelissen has a three game hitting streak.

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