

"Since losing 45 lbs. with Nutri/System, staying thin is as easy as getting thin."

"At Nutri/System, I learned that being active not only helps you lose weight faster, it helps you keep the weight off. Nutri/System should know. They've got an activity program designed especially for people who want to lose weight — permanently. Because I've kept the weight off for 7 months now, I'm active all the time: walking, swimming, just about any activity that's healthy and fun, I do. And I'm going to keep on doing them for the rest of my life."

**OVER 19 YEARS
WEIGHT LOSS
SUCCESS**

Lynn Sokol



**Our comprehensive
Weight Loss Program
will help over
ONE MILLION
clients this year.**

- Safe, Easy and Permanent Weight Loss
- Professional Supervision
- No Calorie Counting
- No Gimmicks

*Our client,
Lynn Sokol,
lost 45 lbs.*



OVER 1,500 CENTRES WORLDWIDE

nutri/system[®]
weight loss centres

SAVE 50%*

CALL TODAY FOR A FREE, NO OBLIGATION CONSULTATION

290 Guelph St.
Georgetown

873-1900

Georgetown
Market Place

*Special offer does not include cost of exclusive Nutri/System Food.
Offer valid at participating centres. New clients only.