



Blue Fins conquer COBRA

HALTON HILLS BLUE FINNS SWIM CLUB award Amy Willis, Tania Welters, Laurie Duncan, Lauren winners at the C.O.B.R.A. swim meet. Left to right: Potosky and Danny Morris. (Herald photo)

Fitness promotion grant

TORONTO - Participation Ontario will assist companies with their employee health promotion campaigns thanks to a \$50,000 grant from the provincial government.

Ontario Minister of Tourism and Recreation Ken Black announced the fitness promotion grant today.

Participation Ontario will use the funds to produce information materials on a variety of health and fitness topics. The materials, including articles, brochures, booklets and posters, will be available to small to mid-sized companies on a subscription basis.

The packets of materials, available bi-monthly, will focus on various health and fitness-related topics, such as nutrition, back care, workplace safety and stress.

"For some time companies have been aware of the benefits of a

healthy workforce. Yet, smaller companies may not have the financial or human resources to implement employee fitness programs," Mr. Black said.

"This project offers such companies practical information that will assist employees in developing their own personal fitness routines."

Through fitness grants, the Ministry of Tourism and Recreation encourages Ontarians to pursue healthy lifestyles by increasing physical activity.

Fitness grants are allocated annually by the Ministry of Tourism and Recreation to key provincial organizations that deliver fitness services across Ontario.

Fitness organizations receive funding to assist them in their organizational efficiency and effectiveness. The grants cover ac-

tivities such as administration, promotion and co-ordination of programs.

These grants help the organizations to encourage more Ontarians to get involved in physical activity. Priority is given to organizations or projects that address the needs of the Ministry's clients.

These efforts reflect the Ministry of Tourism and Recreation's commitment to help reduce the social and economic costs of ill health by promoting "wellness" - the combined fitness of the mind, body and spirit.

Soccer scene

Officials clinic set for Sunday

By ALEX TOUGH

Last week's announcement in the column of the possible referee session with the soccer club took a few by surprise, including some of the committee. Only a few were in attendance for Luc Bertrand and self, however, the small and intimate group is often the best.

We had an introductory gathering with wide scope of rules and application with signals and equipment essentials. I felt the session went well and the youngsters had several good points to raise.

This Sunday again we attempt to put together a small clinic for local and budding officials at the High School, I believe. Anyone is welcome to attend whether intending to ref or not. We can all learn something.

Can a player stand in front of the goalkeeper if the goalie has the ball? Can a player be ejected for kicking the ball deliberately at an opponent? In Mini soccer, can an attacking team score a goal whilst an attacking player is inside the goalie's semi circle?

Can a team wear black uniforms, the traditional colour of referee uniforms? If yes, what does the game official do? If no, what does the team do? Can a spectator be ejected from the field surrounding area? Can a game be refed by an unqualified official? How many players are allowed inside the 'eighteen yard area' at a free kick inside the area? What is the difference between a direct and an indirect free kick?

Are there any differences in referee signals for offences for these last two? How many steps is a goalie allowed to take whilst the ball is in his hands and under control? How close can a player stand

to the ball at a free kick? How close the referee? Is it dangerous for a player to lower his/her head to meet the ball whilst an opponent is reaching to kick - or is it dangerous for the kicker?

Just a few questions to ponder whilst you await your opportunity to turn up and participate at our clinic.

Did you know a Canadian ladies team reached the bronze medal stage at a tourney in Europe? Well they did, after defeating Russia 1-0, Italy 6-0 and Hungary 1-0. Semi-final next and again a 0-2 loss to China, a repeat of the score at the same stage two years ago.

The bronze match is against Russia who lost 0-7 to France in the other semi final.

The under 19 boys squad has been in Rochester training for the upcoming CONCACAF championships. Most of the players are tied to CSL teams and are the future senior World Cup squad potentials. This weekend saw the final matches take place in conjunction with the area national bodies congress, in Guatemala City.

An opener to the soccer season could well have been the international masters challenge at the Skydome between Italy, Paulo Rossi et al, and Portugal, Eusebio, et al. The game ended with a 3-3 tie.

Italy led 3-0 and a few minutes from the end came the deserved equaliser as Portugal began to take control of the whole field. A very entertaining game played at a slower pace than normal by some excellent players.

Local opening will be in mid-May and we should all look forward to the event.

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873-2600

PUBLIC INFORMATION CENTRE
Proposed Improvements of the First Line from Regional Road 12 northerly to Highway No. 7
A Public Information Centre will be held:
PLACE: Town of Halton Hills Public Library
17 River Street
Acton, Ontario
DATE: Wednesday, May 2, 1990
TIME: 6:30 p.m. to 8:30 p.m.
This Information Centre is being held to provide the public with an opportunity to review the preliminary design proposals for alterations and improvements of the First Line as a result of the proposed development of the Blue Springs Golf Facility.
Interested persons are invited to drop in at the Information Centre and comment on the proposed work.
R.C. Austin, P. Eng.
Town Engineer
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