



Very fitting

Mayor Russ Miller takes a ride on the wild side last week as Work That Body owner Laurie Burns looks on. Six Halton Hills citizens have agreed to "Commit to Get Fit" for the month of May. The program is being run by Work that Body and the Halton Hills Recreation Department. (Herald Photo)

## Six "Commit to Get Fit"

Six Halton Hills citizens have agreed to "Commit to Get Fit" for the month of May. Dr. Marg Cawkwell, BIA co-ordinator Margaret Vint, United Way Chairperson Arlene Bruce, Herald Publisher Bob Malcolmson, Independent Publisher Ken Bellamy and Halton Hills Mayor Russ Miller have agreed to work their bodies for the month.

The program is being run by Work That Body health club and the Halton Hills Recreation Department.

During the month-long program, Halton Hills and area residents are invited to participate in a variety of free activities. Work That Body and the Recreation Department are organizing a corporate challenge.

Teams of 10 people (five males and five females) can enter a fun Olympics on Participation Day, May 30 from 7 to 9 p.m.

Registration forms are available at the town offices or Work That Body. During May

Work That Body will offer free fitness evaluations and use of their facilities.

The idea is to educate the public about value of regular, moderate exercise, organizers say.

### Male Perfume

A new perfume, selling for \$250 an ounce, is now on the market for men.

Cologne is perfume that has been diluted with water and alcohol.



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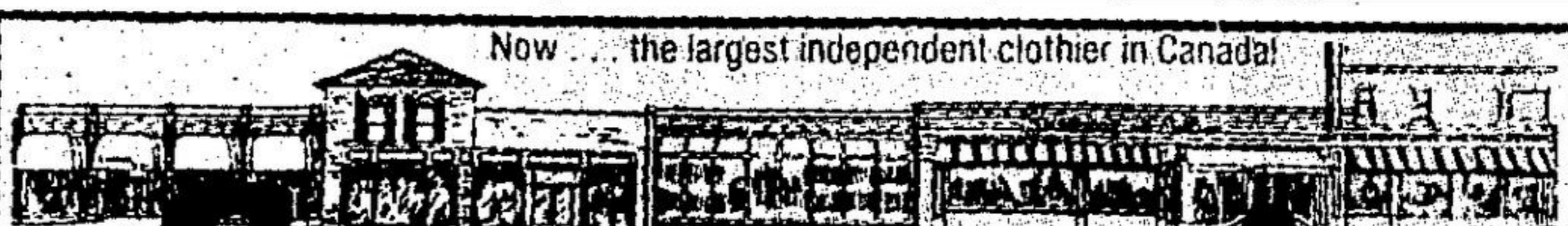
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### GIANT 83rd BIRTHDAY SALE

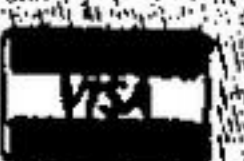
SAVE 20% TO 70% OFF STOREWIDE ON ENTIRE STOCK OVER \$4,000,000 WORTH OF THIS SEASON'S NEWEST MEN'S & LADIES' FASHIONS - ALL AT TERRIFIC SAVINGS.

<b>MEN'S SUITS</b> Sizes 36 to 50 Reg. \$249.00 to \$299.00 <b>SALE \$99.00</b>	<b>SPRING ALL WEATHER TOPCOATS</b> BY LONDON FOG Slip-on And French Coat Styles Reg. \$140.00 to \$185.00 <b>SALE \$99.00</b>	<b>SAVE 20% OFF &amp; MORE</b> On Our Tremendous Selection of Famous Brand Short Sleeve Knit Tops SAVE 20% TO 40% OFF OUR NEWEST SHORT SLEEVE DRESS SHIRTS Reg. \$34.00 to \$50.00 <b>SALE \$19.95 - \$24.95 - \$29.95</b> Sizes to 3X Tall - Fashion Leaders I. Miller, Arrow and Hathaway
<b>1000 MEN'S SUITS</b> Sizes 36 to 50 Reg. \$249.00 to \$350.00 <b>SALE \$159.00</b>	<b>SAVE 20% OFF &amp; MORE</b> ON ENTIRE SELECTION OF SPRING JACKETS Famous Brands Include London Fog, Urex, Sun Ice, Far West, Gant, Polo, Nautica, Fil A Fil, Daggi and More. Reg. \$55.00 to \$240.00 <b>SALE FROM \$39.95 &amp; UP</b>	<b>SAVE 20% OFF</b> ENTIRE SELECTION 5000 LONG AND SHORT SLEEVED DRESS SHIRTS Top Makers Include Arrow, Hathaway, Christian Dior, B.V.D., Gant, Pegasus, Leo Chevalier, Alexander Julian and more Sizes 14 1/2 to 21 Includes Tall Reg. \$28.00 to \$95.00 <b>ON SALE FROM \$19.95 &amp; UP</b>
<b>ANOTHER 1000 MEN'S SUITS</b> Sizes 36 to 54 Reg. \$295.00 to \$695.00 Famous Brands Include Shibley, Merril, Chaps by Ralph Lauren, Savoy, McGregor, Sheiland Progress and more. <b>SALE \$239.00</b>	<b>SAVE ON 2000 MEN'S DRESS &amp; CASUAL SLACKS</b> Sizes 28 to 56 - Reg. to \$125.00 <b>SALE \$19.95 - \$29.95 - \$39.95</b> SLACK ALTERATIONS WHILE YOU WAIT	<b>SAVE 1/2 OFF 1000 MEN'S SILK TIES</b> <b>SAVE 20% OFF ENTIRE SELECTION NEW SPRING TIES</b> <b>SAVE 20% TO 30% OFF ENTIRE SELECTION "SIGNATURE COLLECTION FOR MEN"</b> This shop within a shop is devoted to famous brand casual wear of Sport Shirts, Casual Pants and Jeans, Knit Tops, Shorts, Sweaters, Outerwear, Beachwear, Collections of Britches, Genders, Christian Dior, Colours by Alexander Julian, Boston Traders, Maxx, Sperry Topider, Ocean Pacific, Royal Robbins, Coconut Club, Calvin Klein, Point Zero, Scotland Yard, J.J. Farmer and more.
<b>SAVE 20% AND MORE</b> ON ALL OTHER SUITS IN STOCK Terrific Selection 3000 This Spring's Very Newest. All Famous Brands. Sizes 36 to 56. Save \$100.00 to \$150.00. Great Selection For Shorts, Talls, Stout Figures. Reg. \$350.00 to \$750.00 <b>NOW \$249.00 To \$600.00</b>	<b>SAVE 20% OFF ENTIRE SELECTION OVER 3000 MEN'S DRESS SLACKS</b> All This Season's Newest - Sizes 28 to 56. Famous Brands Include Nash, Merril, Sansobell, Riviera, Shibley, Gala, Keith Moor And More	<b>SAVE ON TENDOUS DESIGNER NAME SPORT SHIRTS</b> Short & Long Sleeve Styles Reg. \$55.00 <b>SALE 2 SHIRTS FOR \$19.95</b>
<b>SAVE ON 1000 SPRING FASHION SPORTCOATS</b> Sizes 36 to 54 - Reg. \$170.00 to \$295.00 <b>SALE \$69.00 - \$99.00 - \$139.00</b> This Spring's Newest Tweeds, Fine Wools, Silk Blends and more. <b>SAVE 20% OFF ALL OTHER SPORTCOATS</b>	<b>SAVE 1/2 OFF ENTIRE NEW SPRING COLLECTION MEN'S SWEATERS</b> Sunday Brand - Reg. \$85.00 to \$120.00 <b>NOW FROM \$42.50 TO \$60.00</b> Other Sweaters On Sale From .75" To 1.9"	<b>SAVE 20% TO 50% OFF ALL OTHER SHORTS AND SWIMWEAR</b> <b>SALE \$9.95</b> MANY OTHER TERRIFIC SAVINGS THROUGHOUT OUR STORES!
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<b>MANY OTHER BLAZERS</b> Reg. \$119.00 to \$199.00 <b>ON SALE \$89.00</b>		

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**"RESPECT FOR LAW WEEK"**

**WHEREAS**, crime and its effect upon the lives and property of our citizens continues undiminished, despite efforts by government, citizens' organizations and many individuals, and

**WHEREAS**, the problems of crime touch and affect all segments of our society undermining and eroding the moral and economic strengths of our communities and their citizens, and

**WHEREAS**, there is still a reluctance on the part of many citizens to involve themselves in actions to insure the protection, rights and well-being of their fellow citizens, and

**WHEREAS**, Optimist clubs and their members continue to sponsor and support programs aimed at combatting crime and disrespect for law through year-round efforts; now therefore be it

**RESOLVED**, that I, Russell Miller, Mayor of Halton Hills, proclaim the week of May 6-12, 1990, as **RESPECT FOR LAW WEEK**, and ask all citizens of Halton Hills to join with the Optimists in carrying the message of respect for law to other citizens, and by example, exercise responsible citizenship.

Done at the Town of Halton Hills, this 9th day of April, in the year of our Lord, nineteen hundred and ninety.

**Russell Miller**  
 Mayor of Halton Hills.