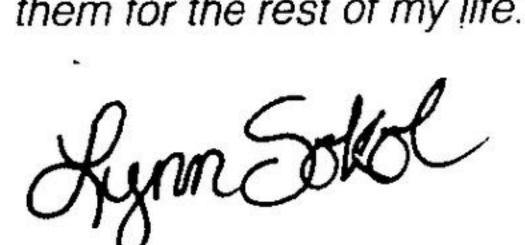
JVER 19 YEARS

WEIGHT LOSS

## "Since losing 45 lbs. with Nutri/System, staying thin is as easy as getting thin."

"At Nutri/System, I learned that being active not only helps you lose weight faster, it helps you keep the weight off.

Nutri/System should know. They've got an activity program designed especially for people who want to lose weight -- permanently. Because I've kept the weight off for 7 months now, I'm active all the time: walking, swimming, just about any activity that's healthy and fun, I do. And I'm going to keep on doing them for the rest of my life."



Our comprehensive Weight Loss Program will help over ONE MILLION clients this year.

- Safe, Easy and Permanent **Weight Loss**
- Professional Supervision
- No Calorie Counting
- No Gimmicks

Our client, Lynn Sokol, lost 45 lbs.



nutri/system weight loss centres



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\*Special offer does not include cost of exclusive Nutri/System Food. Offer valid at participating centres until May 4th/90. New clients only.