

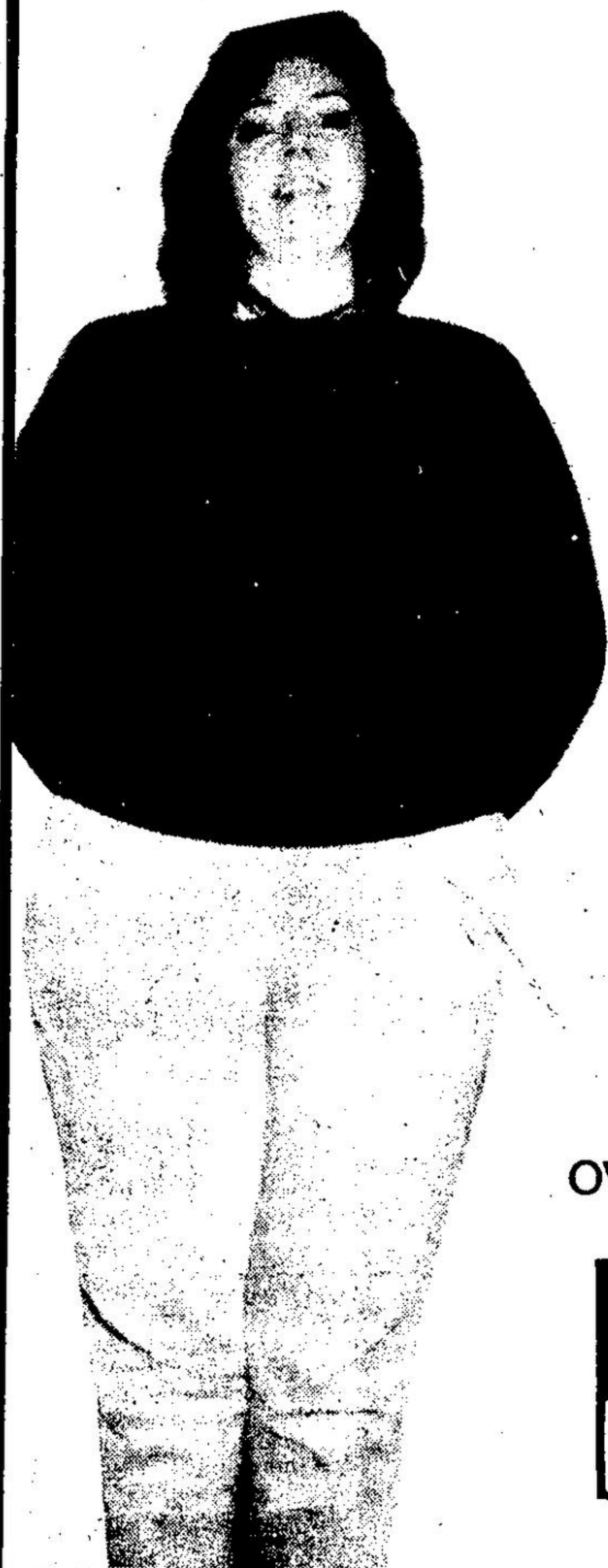
# "With Nutri/System I lost 88 lbs. and maintained it."

*"For the first time in my life I was able to maintain my weight loss. I couldn't have done it without Nutri/System. In fact, without them I couldn't have lost weight at all.*

*They showed me why I had trouble in the past. Social situations always upset me — as soon as I was under pressure, I binged. Once I understood the problem, I was able to lose weight easily. And I've kept it off for 6 months now.*

*Now I'm confident and comfortable around people. I go out all the time. I'm a regular social butterfly."*

*Sharon Gehrt*



**Our comprehensive Weight Loss Program will help over ONE MILLION clients this year.**

- **SAFE, Easy, and Permanent Weight Loss**
- **Professional Supervision**
- **No Calorie Counting**
- **No Gimmicks**

*Our client, Sharon Gehrt, lost 88 lbs.*

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WEIGHT LOSS  
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