

Sports Outlook

COLIN GIBSON - Herald Sports Editor



ROYAL PIZZA, gold medal winning team in the Georgetown Non-Contact Hockey League playoffs "Day of Champions." Front row, left to right, Bob Sargent, Dave Ashby, Peter McCracken, Howard Ferguson, Paul McCracken and Tim Tolton. Back

row, left to right, Fred Harris, Charlie Knoepfli, Doug Thompson, Fin Arnold, Hal Hulme, John Viera, Paul Thompson and Mike Reynolds. (Photo by Steve Frost)



Doug "Doc" Thompson of the Georgetown Non-Contact Hockey League playoff gold-medal winning team, Royal Pizza, was selected the gold medal game Most Valuable Player. Although he didn't collect any scoring points, Thompson controlled play as Royal Pizza defeated Derbys, 3-1. (Photo by Steve Frost)

Recreation Report

Tune up for the summer

With summer sports (and shorts) just around the corner, it's time to tone up. The Recreation and Parks Department has a variety of fitness programs to help you get in shape including:

Countdown to Fitness, Pre/Post Natal Fitness, Shape Up for Summer, Big But Trying, Spring Tune-Up, Water Exercises, Tai Chi, Morning Fitness (baby sitting

available). See your Spring/Summer Brochure for more detail or call 873-2600 ext. 268. Don't hesitate - get in shape!

ADULT FUN
The Halton Hills Recreation and Parks Department has an interesting variety of programs for you to choose from this spring including:

Green Acres
Here's a chance to get some tips on how to "spruce" up your flowerbeds and gardens from our Sheridan Nurseries expert.

Tai Chi
Enhance your health by learning this historic Chinese art of gentle exercise and stretching.

Indoor Golf Lessons
Beginner and Intermediate classes.

Poise and Polish
To help young women develop poise and self confidence.

Also being offered are programs in Lawn Bowling, Interior Decorating, Sewing, Tennis, Fitness and Seniors TV and Games. Be sure to check your Brochure for more details on these and other exciting programs or call 873-2600 ext. 268.

PARK USERS PRE-SEASON MEETING
Reminder to all Regular Sports Field Users League Contacts: The annual meeting is scheduled for this Thursday, April 5, 6:30 p.m. at the Acton District High School cafeteria. Please RSVP your intention to attend to 873-2600 ext. 262 by Wednesday, April 4.

INDOOR GOLF LESSONS FOR YOUTH
Adults are not alone with this unique lesson program in golf. Any interested youth can learn how to golf. Choose from beginner or advance class conducted by Ang Puma, our expert instructor. In addition to working on how to swing, other topics covered include golf rules, scoring, etiquette, dress, accessories and club selection. Classes will be held at Sacre Coeur School, Thursdays, 5 to 7 p.m. commencing April 19, for our spring session and May 31 for the summer session. Cost is \$30 for six weeks and participants must provide his/her own clubs. For registration information please refer to the Halton Hills Recreation and Parks Department's Spring and Summer Brochure or call 873-2600 ext. 268.

LOOKIN' GOOD MAKES YOU FEEL GOOD
An introduction to modelling. This course is for youth and adults 12 years and up. It is designed to assist women in developing a long lasting attitude of self confidence through personal improvement skills. If you look good - you feel good! For more information call the Halton Hills Recreation and Parks Department at 873-2600 ext. 268.

EASTER POOL CLOSURE
Both the Acton and Georgetown Indoor Pools will be closed Good Friday, April 13 and Easter Sunday, April 15 for the holiday.

Disabled athletes receive grant

The Ministry of Tourism and Recreation is making it easier for disabled athletes to participate in sports competitions with the assistance of a \$60,000 grant.

Ontario Minister of Tourism and Recreation Ken Black announced the grant to Sport for Disabled Ontario recently.

"Sport for Disabled Ontario promotes competitions for disabled athletes," Mr. Black said. "I am proud to assist this organization and the thousands of dedicated athletes who are pursuing their highest potential."

Sport for Disabled Ontario will use the money to assist clubs and individual athletes with the costs of participating in sports events. The funds will cover the athlete's travel and accommodation expenses as well as administrative costs.

A provincial sports organization based at the Ontario Sports Centre, Sport for Disabled Ontario represents four disabled sports organizations: the Ontario Blind Sports Association, the Ontario Wheelchair Sports Association, the Ontario Cerebral Palsy Sports Association and the Ontario Amputee Sports Association.

Athletes from these four organizations compete in several regional games throughout the year, culminating in the Ontario Games for the Physically Disabled. The 1990 Games will take place July 6-8 in Etobicoke.

The Ontario Games for the Physically Disabled encourage wider participation in sport. They provide a level of competition that enhances an athlete's ability to attain national and international status. The promotion of sports for physically disabled athletes increases awareness of the capabilities of disabled people in Ontario.

Karen Pepper swims to glory

Karen Pepper of Georgetown has been awarded the highest athletic honor at the University of Western Ontario.

Pepper, Senior captain of the Lady Mustangs Swim team, was one of only eight athletes to earn the coveted Purple Blanket at the annual Athletic Awards night.

The award is a symbolic of outstanding contribution to UWO Athletics during a university career.

The former Georgetown High School Rebel swimmer was one of the top Ontario university backstrokers over her four year career at Western, and each year has qualified for the University National Swimming championships.

She was also awarded the Swimming MVP Award in each of the past two years.

Melanie Jans rules the court

Ajax, Ontario was the site of the Toronto and District Junior Squash Championships, held March 30 - April 1, 1990. With 165 participants and 306 matches played, the tournament had the largest number of entries ever.

Sixteen-year-old Melanie Jans from the Georgetown Racquet Club won the under-19 ladies' section, by winning her semifinal match 3-0 against Allison Giachino of Ottawa and the final 3-0 against Tara Sharpe of Peterborough.

Three more tournaments will round out the competitive season: the Junior Provincials to be held in April, and the Junior and Senior Nationals in May.

Sports Chuckles



This is the safest Place to be