

# You can buy or learn to play at Beaumont's Music



**Rod Beaumont**

Whether you're looking for that magic flute or even if you just want to learn how to play one, Beaumont's Music at 130 Guelph St. in Georgetown can help you.

Rod Beaumont bought the store, formerly known as Neil's Music Centre in January, 1989. A resident of Georgetown for over 34 years, Mr. Beaumont has always enjoyed music.

Beaumont's sells a variety of musical instruments including accessories and songbooks. Beaumont's has increased the variety of musical instruments it sells; that

plus low prices, keeps the music store competitive with the Toronto market, says Mr. Beaumont.

However, with the vast selection of musical products on the market it is difficult to keep everything in stock, he says. But, just ask and Rod will check the price and availability of the instrument, accessory or songbook.

Variety has been a "pet project" for Beaumont's Music and Rod hopes to increase his lines of instruments in the near future.

Beaumont's Music also offers private lessons in guitar, keyboards and percussion. The lessons are structured so the student can enjoy the instrument, rather than the more formal format of a certified course, said Mr. Beaumont.

Music instructors are local high school and college students who are friendly and professional, says Mr. Beaumont.

And Beaumont's has students from seven to 60 taking lessons on a variety of instruments at the store. That helps to give the musical store a "warm, family image," said Mr. Beaumont.

# Shed pounds with Nutri/System

Shedding those unwanted pounds can be easier at Nutri/System in Georgetown.

Heidi Ablett is the manager of Nutri/System in town, located at 290 Guelph St. Heidi is originally from Montreal. She recently moved to Georgetown where she became manager of the Georgetown location.

Heidi says she became very interested in Nutri/System after learning of the system's outstanding reputation.

"The most important things in life are feeling good about yourself and being healthy," Heidi says. "It's great to work for a company that has the same beliefs as I do," she added.

The Nutri/System chain has been in business for 19 years, with 1,500 centres all over the world, including Australia and Great Britain.

The motto of Nutri/System is "permanent weight loss" success, Heidi says.

Nutri/System is one of the largest chains of reducing offices in North America. It has a sound, comprehensive program based on common sense and the most advanced nutritional knowledge, Nutri/System officials say.

Nutri/System uses no drugs or pills. It includes personalized counselling, its own food program, behavior education classes, and moderate, optional exercise, according to Heidi.



**Heidi Ablett**

Prepacked Nutri/System Cuisine Foods provide nutritionally balanced meals in the proportions that ensure safe and constant weight loss, Nutri/System officials say.

Nutri/System clients attend behavior education classes conducted by trained weight-loss counsellors where personal eating habits and influences are addressed.

A weight goal is set for each client with the help of a Nutri/System weightminder computer. The computer also sets a target date for achieving that goal. If the client doesn't reach that goal in the time predicted, the client stays on the program at no extra charge until the goal weight is reached, provided the client completely follows Nutri/System diet, say Nutri/System officials.

*Beaumont Music*

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