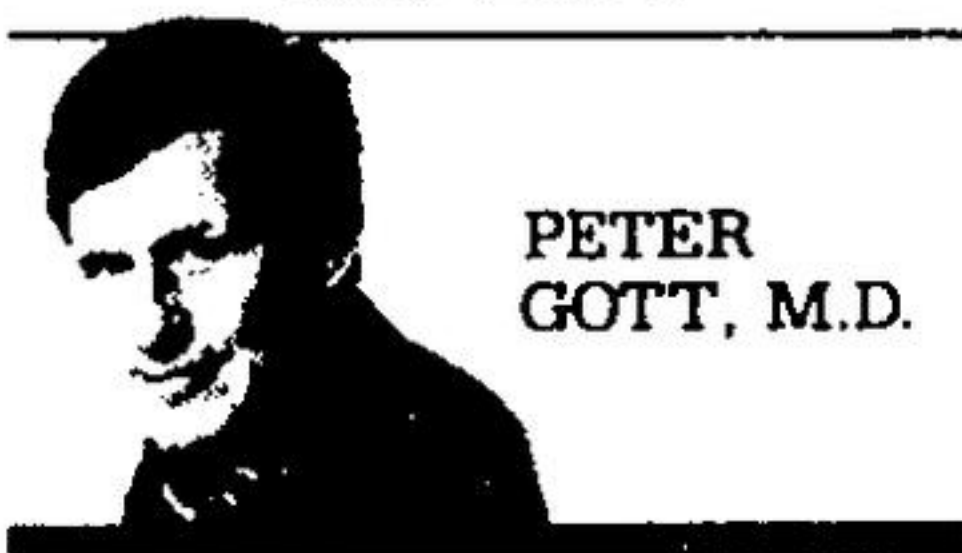


Abortion is part of medical history

DR. GOTT



PETER GOTT, M.D.

DEAR DR. GOTT: I had an abortion at age 15. Will this hinder my chances of getting pregnant in the future, and when I do, does the doctor or anyone else have to know what happened? Is there a chance the pregnancy will not go smoothly?

DEAR READER: If you had a single abortion, properly performed and without complications, you will probably have no trouble becoming pregnant again. Problems can arise if you suffered an infection at the time of the procedure. This infection could block one or both Fallopian tubes, making pregnancy difficult or impossible without additional treatment — usually surgery to unblock the tubes.

In addition, repeated abortions often weaken the cervix, which makes it difficult for a woman to carry a baby to term; she may tend to miscarry. If you did not suffer these complications, the abortion should not affect your ability to become pregnant.

Nonetheless, you should share your experience with a gynecologist. This information is part of your medical history and will help the specialist guide you through an uneventful pregnancy. The doctor needs to know in order to give you and your baby the best possible medical care. He or she will keep the information confidential. You do not have to discuss your abortion with any other person, including health professionals.

Abortion should never be viewed as a form of (or substitute for) birth control. Because you may not wish to become pregnant right away, I am sending you a free copy of my Health Report "Contraception: An Update." Other readers who would like a copy should send \$1.25 with their name and address to P.O. Box 91369, Cleveland, OH 44101-3369. Be sure to mention the title.

DEAR DR. GOTT: My 10-year-old niece has been diagnosed with Dyggve-Melchior-Clausen syndrome. It's a very rare genetic bone disease, and the doctor at Johns Hopkins in Baltimore, who made the diagnosis,

has seen only one other case. Can you provide any information?

DEAR READER: Dyggve-Melchior-Clausen syndrome is an inherited genetic abnormality marked by mental retardation, short stature, exaggerated spinal curvature and clawed fingers. The affliction is so rare that it does not appear in the standard medical texts or dictionaries; in fact, it's so rare that I cannot give you further information about treatment or prognosis. Perhaps you can obtain this information from your Johns Hopkins doctor.

DEAR DR. GOTT: In a recent column, you responded to a query about Paget's disease. Would you now speak of Paget's carcinoma-in-situ, especially as to its prognosis and, hopefully, a cure?

DEAR READER: Sir James Paget, a famous 19th-century British surgeon, had several diseases named after him.

Paget's disease of bone (osteitis deformans) is a common non-cancerous affliction of the body's bones, characterized by spotty areas of rapid bone destruction and regrowth, leading to pain and fractures.

Paget's disease of the breast is a rare form of cancer involving the nipple and milk ducts. Malignant cells grow outward from the ducts, causing a roughened and inflamed nipple, resembling eczema.

When the cancer is confined to the breast and has not extended or spread, it — like other malignancies — is called carcinoma-in-situ. Such a lesion is treated with surgery, radiation or chemotherapy.

If the cancer is confined to a limited area, the prognosis is good. However, as in other breast malignancies, if it has spread or involves a large por-

tion of the breast, the prognosis is less favorable.

Some types of Paget's disease also affect other sites, especially the groin and external female genitalia. An extremely rare form of Paget's disease causes cancer of the penis in males. In general, the treatment and outlook for Paget's disease is identical to the therapy and prognosis of other malignancies.

To give you more information, I am sending you a free copy of my Health Report "Breast Cancer and Disorders." Other readers who would like a copy should send \$1.25 with their name and address to P.O. Box 91369, Cleveland, OH 44101-3369. Be sure to mention the title.

DEAR DR. GOTT: I had back surgery seven years ago for a ruptured

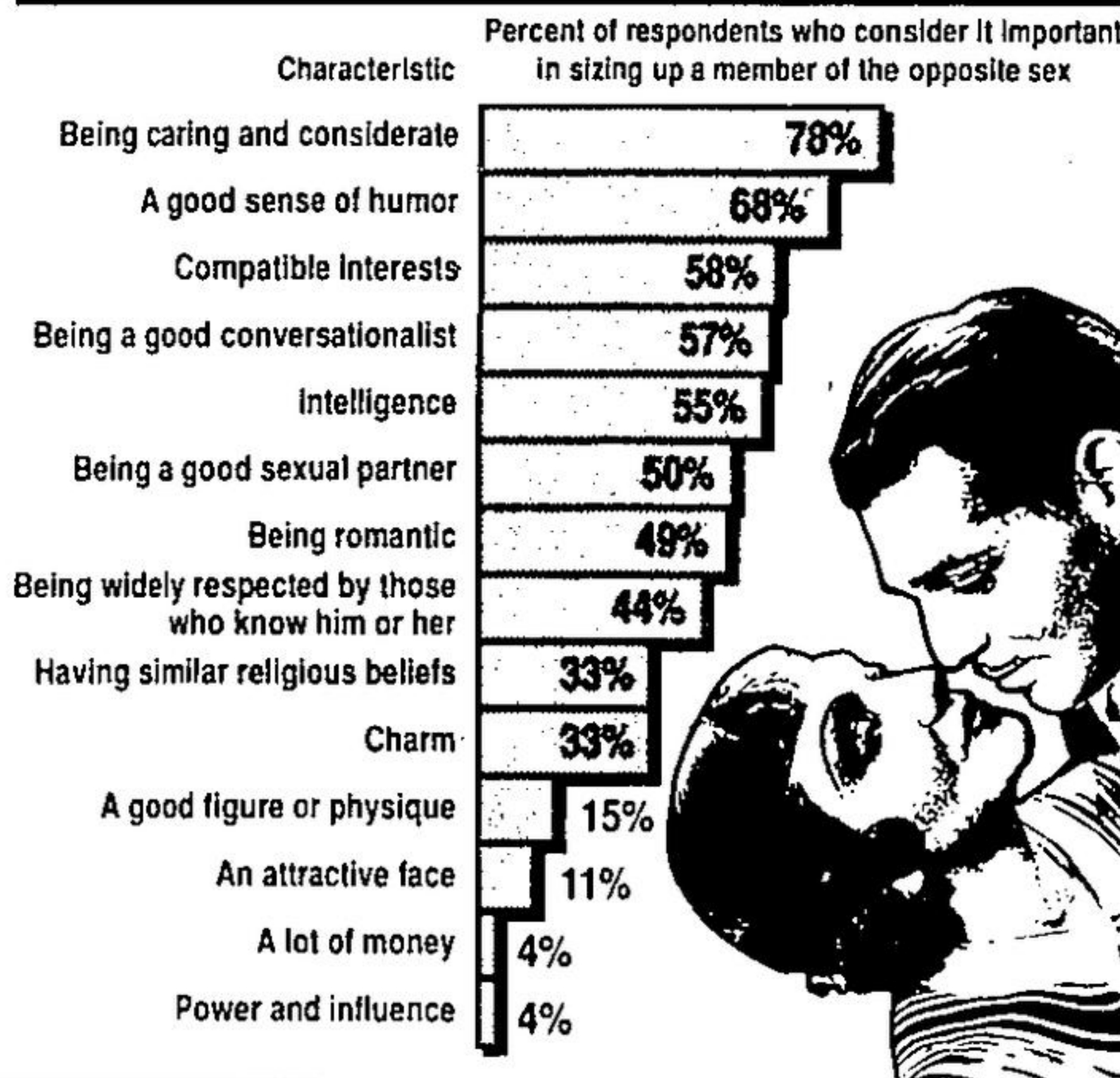
disc and have now been told that I have arachnoiditis of the spine. Can you tell me about it? Can I take walks and do stretching exercises as I used to?

DEAR READER: Arachnoiditis is inflammation of one of the delicate membranes covering the spinal cord. It can result from injury or infection.

Spinal arachnoiditis will not cause symptoms unless the spinal nerves also become inflamed, resulting in pain and tingling.

If infection is to blame, antibiotics may cure the disorder. However, if arachnoiditis is due to injury or the consequences of surgery, treatment is more difficult. Physical therapy, pain medication and — sometimes — cortisone may relieve symptoms.

FATAL ATTRACTION: What draws people to love



Source: Parents Magazine

NEA GRAPHIC

Intangibles — such as being considerate and having a good sense of humor — figure most importantly in judging a member of the opposite sex, according to a survey. Such physical attributes as a good figure or attractive face were said to be less significant.

AUTOS FOR SALE

1983 White Ford Thunderbird, automatic, 6 cylinder, good condition. \$5,000.00, or B.O. 877-4669 or 877-6718. (es)

1973 Datsun 240Z. Good for parts or rebuild. \$500.00, O.B.O. 873-1935. (es)

1989 Daytona 5 speed, 16,000 km. Top quality am fm cassette, sunroof, Tonneau cover, etc. Call 877-0445 after 6, or 878-8808 daily. (es)

1980 Dodge Omni, excellent running condition. Air conditioning, sun roof and rear louvers. 60,000 miles, certified. \$1,300.00 or best offer. 873-3079. (es)

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1987 Buick LeSabre V6, auto, P/B, P/S, air conditioning, power seat and electronic climate control. \$8,500.00 as is. 519-833-2572. (es)

1984 Nissan King Cab, 4X4 with cap. Good condition, \$4,200.00, O.B.O. 877-3784 after 5. (es)

TENDERS

Town of Halton Hills

TENDER

Sealed tenders, clearly marked as to contents will be received by Mr. H. D. Patterson, Purchasing Agent until

12 Noon, local time, Tuesday, Feb. 20, 1990

For the following equipment

- 90-E-1 One 15420 GVW Truck with 2 way sander and Snow Plow Equipment
- 90-E-2 One 15420 GVW Truck with 2 way sander and Snow Plow Equipment
- 90-E-3 One 4800 GVW Dump Truck
- 90-E-4 One 1/2 Ton Pick Up Truck
- 90-E-5 One 45 HP Tractor
- 90-E-6 One 1 Man Refuse Packer
- 90-E-7 One 1 Man Refuse Packer
- 90-E-8 One 2 Man Rear Loading Refuse Packer

Tender forms may be obtained from the Purchasing Agent, 1 Halton Hills Drive, P.O. Box 128, Halton Hills (Georgetown).

Lowest or any tender not necessarily accepted.

H. D. Patterson
Purchasing Agent
Town of Halton Hills
P. O. Box 128
Halton Hills
(Georgetown), Ontario
L7G 5G2

Ad. No. 1216

1349-0214-0214

TENDERS

Town of Halton Hills

PROSPECT PARK SPORTSFIELD LIGHTING

Electrical suppliers and contractors are invited to quote on the above project. Full details and specifications may be seen at the office of the Purchasing Agent, Town of Halton Hills Civic Centre, 1 Halton Hills Drive, Georgetown, or by calling Mr. Bryan Shynal, Superintendent of Parks, at 416-873-2600.

Deadlines for the work are May 11 for the outdoor work, and July 13 for the indoor work.

Bids will be received on the forms and in the envelopes provided until 12 Noon, Feb. 21, 1990 at the office of the Purchasing Agent. Bidders will be required to enclose a bid deposit of \$500 to be returned within 30 days. A form of agreement will be signed by the contractor selected.

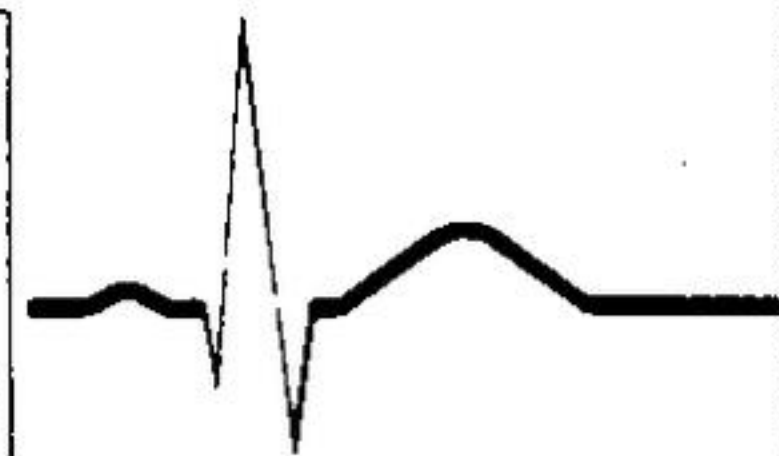
Lowest or any bid, not necessarily accepted.

H. D. Patterson
Purchasing Agent

Ad. No. 1218

1348-0214-0214

February is Heart and Stroke Month in Canada



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