

Blue Jay broadcaster to speak at Heart Foundation kick off

By ALLISON MACKENZIE
Herald Special

Buck Martinez, former star Toronto Blue Jay catcher, who went on to a successful career in sports broadcasting, will be in Georgetown Wednesday for the Heart and Stroke Foundation's Kick Off Luncheon for the annual fundraising campaign.

The luncheon is being held at the North Halton Golf and Country Club from noon until 1:30 p.m. Local businessmen and members of the community are invited to attend.

Rick Gallop, the executive director of the foundation, will be joined at the luncheon by Mr. Martinez, the special guest speaker.

Heart disease and strokes are Canada's number one killer; more than all other disease combined, explained Bob Malcolmson, the Halton Hills campaign chairman.

"I'd hope everyone would give something to the campaign. It's an important cause. Everyone knows someone, either in their family or a friend, who have been affected by heart problems," said Mr. Malcolmson. "It's an opportunity to give something back."

Mr. Malcolmson, previous co-chairman for the cancer society, and a volunteer in the fight against cystic fibrosis, explained fundraising for the Heart and Stroke Foundation is in a transitional stage this year.

For the last few years the Halton Hills campaign has been organized from Burlington. It was after a personal request from "Steamer" Emmerson that Mr. Malcolmson accepted the job of organizing a local campaign.

"We haven't set a goal for the campaign. We would be happy if we raised \$14,000 combined from the kick off luncheon, the change boxes and the door-to-door canvassing," said Mr. Malcolmson.

"The end result is we'd like to set up a local chapter of the foundation, both for fundraising, and as a support system," said Mr. Malcolmson. Statistics Canada says improvements in diagnosis, treatment and life-styles have resulted in many lives being saved from heart disease each year.

While the Heart and Stroke Foundation is encouraged by the improvements, over 80,000 Canadians died in 1989 as a result of heart disease and stroke.

The foundation's fundraising goal for 1990 is \$29 million, to be used primarily to pay for research and education programs. The foundation funds more than two-thirds of all heart and stroke research in Ontario. Many research requests have to be turned away because of a lack of funds. Volunteers will be canvassing in Halton Hills during the week of Feb. 7 to 14.

Another fundraising event is also happening in town Wednesday. Work That Body aerobics studio is hosting "Dance for Heart" at the studio in the morning from 9:15 a.m. - 12:15 p.m. and again in the evening from 7 - 10 p.m. The owner



Buck Martinez

of Work That Body, Laurie Burns, says she expects about 200 participants to show up for three hours of continuous fun, team exercise, done to a Calypso theme.

According to Ms. Burns the idea is to promote aerobic fitness, while raising money for the Heart and Stroke Foundation. "I think every business should support a charity. For me, fitness and the Heart and Stroke Foundation go hand in hand. We are in the business of prevention." Last year \$24,593 was raised at the Dance for Heart event and Ms. Burns says this year's goal is to top that.

Participants have a choice of either raising donations or paying a minimum fee of \$20 to participate

on a team. Spectators are welcome to attend in return for a donation. For more information on the Dance for Heart, call Laurie Burns at 877-0771, or drop by Work That Body and pick up a sponsor sheet.

Volunteers for the Heart and Stroke Foundation are needed for canvassing. Contact Bob Malcolmson, 877-2972. Tickets for the kick off luncheon are available, \$25 each, from NRS Brand Realty, 45 Mountainview Rd. N., or phone 873-0300.

Glen Williams is now preparing for Canada Day

By CLIFF SIMON
Herald Special

The Glen Williams Town Hall board seeks your support and involvement in preparation for this year's Canada Day celebrations. All who attended last year's festivities will recall a dramatic change in format from previous years. Primarily the change of location into the Glen Williams Park, afforded a far more intimate atmosphere for the many activities, displays and commissaries. Various community groups (Block Parents, EAGLE, POWER, Newcomers Club) were well represented and gained a high level of public exposure. Many church groups, citizens clubs, scouts and guides provided a rich selection of food, refreshments and good old fashioned fun.

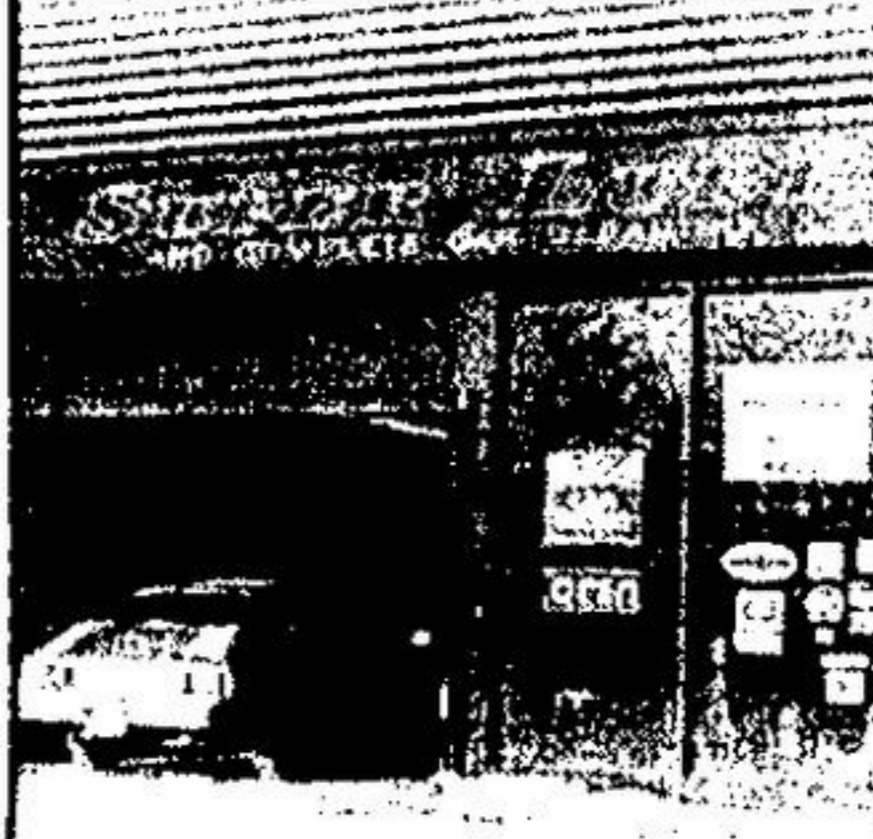
Notable by its absence, was the perennial beer garden. By all accounts this feature was not missed and will not be planned into this year's event. It was generally observed that without the beer garden as the strong focal point, and with the new sprawling, relaxed site in the park, the day's events

were watched, enjoyed and participated in by more people and in a relaxed and easy-going way. A strong contrast to Canada Days in recent memory.

The Canada Day bash in the Glen has a long history and is traditionally enjoyed by virtually everyone living within an ever increasing radius from Glen Williams.

The folks and organizations upon whom the success of the day depends, find the rewards are many and fulfilling. This year it's up to you! Find the time and inclination this Thursday evening, Feb. 8 at 7:30 p.m., to go to the Glen Williams Town Hall. Be part of the planning and the making of "the best yet" Canada Day.


Without fresh community (read personal) participation, the spirit and life of the community risks stagnation and decay. But with your modest investment of time and dedication, coupled with that of a growing host of regular volunteers (who can't seem to get enough fun) the community will together grow closer and prosper.



GOT 10 MINUTES?

SUPER LUBE
MOUNTAINVIEW RD. &
ARMSTRONG AVE.
877-9394

Help Your Son/Daughter Plan For 1990-91



COURSE SELECTION INFORMATION FOR PARENTS

Thursday, February 8th
6:45 p.m. - 8:00 p.m.
AT GEORGETOWN DISTRICT HIGH SCHOOL

Junior (Gr. 9 & 10) and Senior (Gr. 11 & 12) presentations
both will be made at 6:45 p.m. and at 7:30 p.m.

Learn to Drive... and Survive



CALL YOUR LOCAL YOUNG DRIVERS OFFICE FOR FUTURE COURSES!

Over 300,000 graduates recommend
Young Drivers of Canada
Training centres coast to coast

- Driver training for all ages
- Retraining courses available for commercial drivers
- Free pick-up at home for in-car
- The Young Drivers program is only available at a Young Drivers Centre
- Private in-car instruction
- Defensive driving you can live with

SERVING GEORGETOWN ACTON AND SURROUNDING AREA

877-0751



OFFICE MAGIC
877-2300

FOR ALL YOUR OFFICE & STATIONERY NEEDS
136C Guelph St., Georgetown

HOMEMADE PIES

DAILY SPECIAL
SMALL COFFEE & REG. DONUT
ONLY **\$1.00**

Donuts Baked Fresh Daily on Premises
OPEN 24 HOURS

308 Guelph St. Georgetown
873-1211 **Mister Donut**

NOSEWORTHY'S
FINE FURNITURE

CUSTOM DESIGNED FURNITURE
Re-Upholstery

853-1359
38 Mill St. E. ACTON



DENTURE THERAPY CLINIC

A.W. TRENTON, D.T.

18 CHURCH STREET
GEORGETOWN

ACROSS FROM LIBRARY AND CULTURAL CENTRE

877-2359

GEORGETOWN MEDICAL ASSOCIATES

1A Princess Anne Drive
are pleased to announce that
MARGARET CAWKWELL, B.Sc., M.D., C.C.F.P.
has joined their association

Dr. Cawkwell graduated from the University of Toronto Medical School in 1987. She completed a two year Family Medicine residency at Sunnybrook Hospital in June 1989 and recently completed 6 months of extra training in Obstetrics and Gynecology at St. Michael's Hospital. She obtained her certification in Family Medicine from the College of Family Physicians of Canada.