

## Holy Cross Volleyball Champs



**HOLY CROSS CRUSADERS** boys volleyball team. Sam Sherratt tournament champions; Bishop Reding tournament champions; Saint Bernadette tournament finalists and third place finishers in North Halton Catholic elementary schools league play. Front row, left to right, Dave Desousa, Jonathan Burak, Danny Bond, Kristin Murphy, Robbie Wands,

Dave Kotsos, Tim Diardichuk and Brad Spears. Back row, left to right, coach Doug MacDougall, Geoffrey Freeman, Rex Heslop, Jose Mora, Zack Parent, Kevin Lumb, Donny MacLeod, Brent Dezousa, Mike Kotsos, Joe Stephens, Mike Reichlmayr and Chris Earl. (Herald photo)

### Bragging rights on line

## Major juniors meet in Cornwall

With bragging rights on the line, the Ontario Hockey League/Quebec Major Junior Hockey League single game, winner-take-all All-Star Challenge will be staged this year at the Cornwall Civic Complex on Tuesday, Jan. 30, 1990. The fifth annual event will see the top players from both the OHL

and the QMJHL meeting in an arena that has a rich history. "Cornwall is the perfect place to watch the best players from both the OHL and the QMJHL since the hometown Cornwall Royals have played in both leagues," said Gilles Courteau, president of the QMJHL. "The city of Cornwall

holds junior hockey in high regard, many great players have passed through this city and many more will come here on Jan. 30. "This game is a chance for the players, coaches and management to display our best talent in an extremely competitive match," Courteau added, who personally has seen his troops win five out of the six games played between the two leagues since 1986. "The QMJHL will certainly be ready to defend our title."

The Cornwall Royals competed in the QMJHL for 12 years, from 1969-70 until 1980-81 and have played the last eight seasons in the OHL. In their 20-year history, the Royals have captured three Memorial Cups, including back-to-back championships in 1980 and 1981, one of only six teams to do so. The Royals have also been able to produce many fine hockey players and currently have 11 graduates playing in the National Hockey League including Dale Hawerchuk and Doug Gilmour.

Despite the fact that the OHL has won only once in previous head-to-head competitions, David E. Branch, commissioner of the OHL is confident his league can turn their fortunes around this time.

"We have put together some new strategies this season and our coaching staff and players are committed to bringing back the Chrysler Cup Trophy this year," said Branch. "Our players will only have to remember what happened last year and they won't need much more motivation than that to play well."

No doubt, with the strong challenge that has been set forth, the battle on Jan. 30 will be more than a game.

### Minor Novice

## McNally's split two

Georgetown's Minor Novice Rep team gained no ground in the standings this past week, registering one loss and one win.

Thursday night at home, the McNally Construction team hosted Milton.

Daniel Smith scored

Georgetown's only goal midway through the first period. Milton answered back with four straight goals to win the game 4-1.

Despite this poor showing on Thursday, the McNally Construction Minor Novices pulled themselves together Sunday afternoon for a solid win in Oakville.

In the first period, Derek Buckton opened the scoring off a pass from Jason Hayes. Two minutes later Jason Campbell popped one in to put Georgetown ahead 2-0 on a second period power play.

Georgetown's Daniel Smith scored, assisted by winger Matthew Hotham. The Oakville defence couldn't handle the quick Georgetown players and the third period tallied three more goals for Georgetown.

Derek Buckton scored his second goal of the game, assisted by Jason Hayes and Daniel Smith.

Minutes later, Matthew Hotham snapped the puck by the Oakville goalie, unassisted. Another unassisted goal, this time by Matthew Walinga, brought the score to 6-0 for Georgetown.

Tyler Pearce, Georgetown's superb netminder, registered his second well-deserved shutout of the season.

## Star Fuels stifled

Georgetown Star Fuel Major Atoms travelled to Orangeville with a depleted team due to the recent flu bug and suffered a 6-2 loss.

Goal scorers were Stephen Markham and Peter Mashinter with an assist going to Darren Finlayson.

A fine effort was put forth by Shane Thompson who was called up from the minor team at last minute notice to bolster the numbers.

Andrew Craig and Geoff Beauparant shared the goaltending.

The Major Atoms will take a short rest during Christmas break and then find themselves very busy in tournaments at Newmarket and Peterborough in January.

## Fitness classes in new year

Area fitness expert Sandra Cousens has designed a fitness and health program for those of us who have allowed a few too many pounds (30 plus) to accumulate. Sandra's program combines moderate exercise with nutrition, health, and lifestyle information to help you burn off some of those excess pounds sensibly and safely in a small group setting. Perhaps most importantly you will have fun doing it and feel better for it.

The program will run Thursday evenings, 8 to 9 p.m. beginning Jan. 11 at the Cedarvale Community Centre. For more information call 873-2600 ext. 268.

### DAY-FIT WITH SANDRA

Need to do a little tuning and toning up? Need that little "kick-start" in the morning to get your motor running?

Fitness instructor Sandra Cousens has designed a fun, uplifting morning fitness program to get you in gear. Held at the newly reconstructed Glen Williams Town Hall you can choose from Monday, Wednesday and/or Friday morning (9:30 to 10:30 a.m.) and baby sitting will be available. Begins the week of Jan. 8-12 so be sure to sign up now. For more information call 873-2600 ext. 268.

### OHL

## New format used for All-star game

The Ontario Hockey League announced that it will be using a new format for choosing its entry for the 1990 Ontario Hockey League/Quebec Major Junior Hockey League All-Star Challenge.

The new format will see a committee of three members select the entire team, which differs from previous years in which the first 10 skaters and two goaltenders were selected by the general managers of each team, by way of a ballot. Subsequently, the coach of the team was only able to name the remaining eight skaters.

The selection committee will be comprised of Dick Todd, coach of the Peterborough Petes, who will be the coach of the all-star team, as a result of his Petes being defending league champions. Sam McMaster, general manager of the Sudbury Wolves and Dave Draper, general manager of The Dukes of Hamilton.

In making the announcement, David E. Branch, commissioner of the Ontario Hockey League pointed out that "this process will allow the committee to select a team, which it sincerely feels, will have the best chance of beating the QMJHL All-Stars. In the past some players who might have been able to contribute were left off because they did not receive enough votes. This year, we will ice the best possible team."

Branch noted that all OHL member teams supported the change. "Everyone across the league realized that we had some difficulties with the old system and they were very supportive in letting this committee pick the entire team."

The OHL is hoping this move will change its fortunes as it has lost five out of the six all-star matchups played to date between the two leagues since the All-Star

Challenge series began in 1986.

The all-star selection committee announced its first two selections for the OHL All-Star team, right winger Owen Nolan and defenceman John Slaney, both from the Cornwall Royals. Nolan and Slaney, both 17 years old, are eligible for the 1990 National Hockey League Entry Draft and they were also recently invited to attend Canada's national junior team selection camp.

A Thorold, Ontario native, Nolan, currently leads all right wingers in the OHL in scoring while Slaney, a native of St. John's, Newfoundland, is third among OHL rearguards. Nolan won the Emms Family Award last season as the OHL's rookie-of-the-year and was runner-up for the CHL Toshiba Facsimile Rookie-of-the-Year Award. Both players were drafted by the Royals in 1988, Slaney in the first round and Nolan in the second.

Future selections to the OHL's all-star team will be announced by the committee at a later date.

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