



Creepy Carvers

The Business Improvement Area of Georgetown organization handed out prizes for its Jack 'o Lantern contest outside the Imperial Bank of Commerce on Main Street in Georgetown Saturday morning. The winners are, sitting, Andrea Parker (left) and Lee Snow, (second from the right). Those kneeling are

(left to right) Devan Fraser, Meghan Henderson, Christina Snow and Harvey Snow. Standing in the back row are the judges and they are Nancy Sharpe (IDA) (left), Diane Leferink (Fletchers) and Beverley Cmapbell (Halton Hills Datsun), BIA representative Margaret Vint is sitting (far right). (Herald photo)



Halloween angel

Angels and pumpkins were on hand at Joseph Gibbons Public School Thursday as children celebrated the arrival of Halloween. This angel, Bonnie Vantel, fixes the hat on her pumpkin. (Herald photo)

Lung Association hopes to raise \$160,000 in Halton Region

By ALAN MACKIE
Herald Special

The Christmas Seals campaign, was officially kicked off today as the Lung Association's major source of support.

This year it hopes to raise \$10 million in Canada, \$4.5 million in Ontario and \$160,000 in Halton.

Specially designed Christmas Seals will be sent to 80,000 homes in Halton Hills. Money raised by the campaign will go to programs set up for people with respiratory problems and medical research.

THE LUNG ASSOCIATION
Lungs are for life

One in five Canadians have respiratory problems caused by asthma, chronic bronchitis, emphysema, tuberculosis, pneumonia, or other various disorders, according to the Lung Association. Diseases of the respiratory system ranks third in the leading causes of death in Canada. Almost 26,000 Canadians die each year as a result of these diseases, including 9,200 people in Ontario, the association says.

Asthma affects more than one million people in Canada. Almost 57,000 hospital admissions are for treatment of asthma patients forcing an estimated 320,000 days of hospitalization each year.

Respiratory problems are the leading cause of absenteeism from work and school. It is also the leading cause of hospitalization in children from birth to age 14.

Funding for world-class research is distributed through the Lung Association's medical section, the Ontario Thoracic Society.

Almost \$750,000 will be contributed from Ontario. Two million dollars is targeted nationally to go to medical research programs across Canada.

The programs run by the Lung Association include better breathing clubs, air force and the lungs are for life school program.

Countdown and cold turkey are the two better breathing clubs in Halton. Countdown is designed to help smokers quit over the duration of six night sessions within one month, and cold turkey is designed to help smokers quit over five night sessions in one week, Elizabeth Porter, executive director for the Lung Association said.

Ms. Porter said the programs have "a very good rate" of success. The short term rate of success is 80 per cent and the long term rate is 66 per cent. The lower long term rate happens because some people quit only for a small period of time, Ms. Porter said.

"The programs are only effective if you want to make it effective," she added.

Air force is a new asthma program, introduced last year, designed to help children and their parents learn how to deal with the condition. Asthma is the most common chronic disease of childhood. With proper medical care, asthmatics can live comfortable

and useful lives.

The lungs are for life school program is a major effort by the organization to reach students and focus their attention on health education and smoking prevention. Dr. R.W.T. Haddon, a medical advisor for the association, said: "When you see the suffering experienced by people with lung diseases, it makes you realize how important it is to educate our children about the importance of good lung health."

Christmas Seals are not the only fundraiser for the Lung Association. A recent Ti Kwan Doe program in Halton raised \$5,000, Ms. Porter said. Bingos are a continuous fundraiser, she added.

The mailing of Christmas Seals has been the largest fundraiser for the association since 1927 when it was decided the seals would be the official method of support for the Tuberculosis Association. The Christmas Seals campaign started in 1904.

This year's Christmas Seals package features the cartoon For Better or For Worse, created by Lynn Johnston.

Comedian Howie Mandel has accepted the role of Honorary Chairman of this year's campaign.

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Veterans Day a success

By FLO CARSWELL
Legion Auxiliary

Comments overheard and expressed directly, would indicate that the Veterans Day held at the Branch on Sunday was a huge success. Ruby Bailey, convenor of the

event, has asked to have her appreciation expressed to all that helped in any way, namely: the Ladies from the Auxiliary, the branch members, Fred Bootle for playing the piano, George "Piper

George" Greig for playing the pipes, entertainers, Jean Cairns and Ray Clarke, Marg Clarke for all her hard work in preparing the delicious meal and to Mayor Russ Miller for taking time out of his busy schedule to attend.

Last week I reminded you of the upcoming darts on Nov. 4. Unfortunately I now have to tell you that they have been cancelled. Another sports day on Dec. 9 has

also been cancelled unless they can find another Legion in which to hold it.

Our euchre team consisting of Mae Tost, Vi Hewitt, Jean Roshier, and Floss Tracey went to Norwich on Oct. 28 to compete in district euchre and I am happy to report that with 160 women attending our team placed fourth and will go on the provincial euchre on March 24, 1990. Congratulations!

Twelve teams competed in the open darts on Friday night, from all reports it was a very successful evening.

Condolence to Ladies Auxiliary members Ivy Porter and Marg Martin on the recent death of their brother, Tom Freestone.

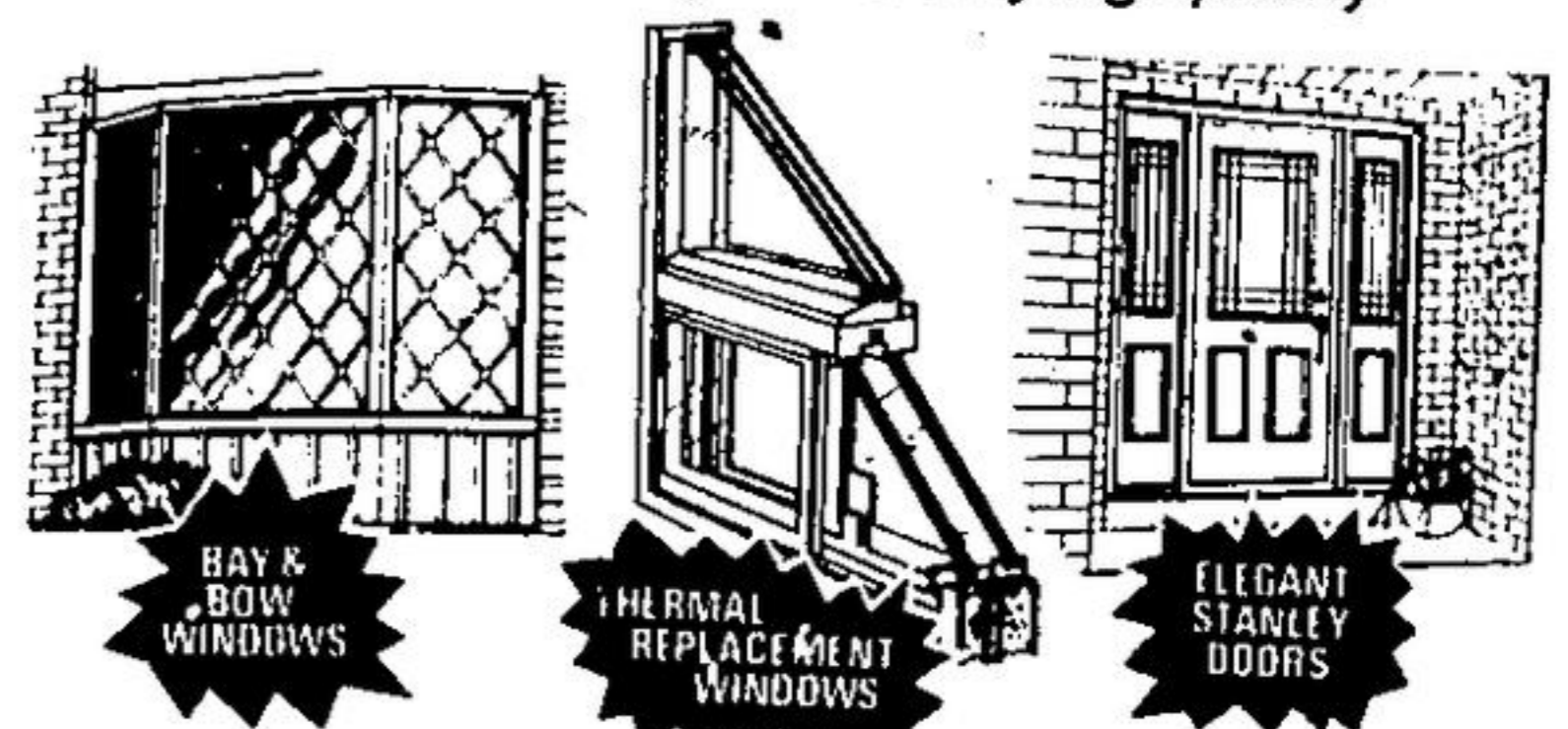
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