



147th anniversary

The Acton Baptist Church congregation looked on as its oldest member Harriet Helwig, lifetime Deacon Wilmer Fryer and its youngest member plant a Maple tree to celebrate the church's 147th anniversary. (Herald photo)

Protect yourself against winter chills, fever

The Canadian winter is nearly here and that heralds the beginning of the flu season. Familiar symptoms of fever, chills, weakness, loss of appetite and aching limbs may be signals that influenza has struck. The treatment of taking to your bed, drinking plenty of fluids and generally pampering yourself is usually enough to get you well again within a week. Your staying at home protects your friends from catching the virus when you sneeze and cough.

For some people, however, there can be complications. When the body is weakened by a bout of flu, defences are lowered and other infections can occur. In elderly people and those who are already coping with an existing disease, the body's normal defences may not be adequate for the fight. Residents of nursing homes and other chronic care facilities as well as persons over 65 years of age are at risk. Also at risk are adults and children with chronic heart or lung conditions, kidney disease, and other conditions such as diabetes, blood disorders, and immune system problems.

Recent studies show that the use of flu vaccine will decrease occurrence of illness as well as cut down on hospital admissions, pneumonia, and death.

Each year scientists study the

previous winter's influenza incidence and predict which viral strains will likely cause illness in the current season. Flu vaccine is then prepared by the pharmaceutical companies using a combination of these killed viruses. The 1989-90 flu vaccine is available now and physicians offer this annual protection to their high-risk patients.

If you are a person who may be seriously affected by influenza, now is the time to check with your family physician for that annual flu shot.

For further information, contact Lynda Galbraith, Communicable Disease Program Supervisor, Halton Regional Health Department, 338-7100, ext. 535.

Petals Ladies' Fashions

NORTHVIEW CENTRE
211 Guelph St.
Georgetown

877-9218

MAID SERVICE? WHO'S BEST?



Maidco
THAT'S WHO THE AWARD WINNER
CHAMPION MAID SERVICE
ON LIVE IT UP TV SHOW
COAST TO COAST

For "FREE" Estimates
CALL 873-2165

The Feminine Way
INTERNATIONAL

Passive Reducing Exclusive Ladies Salon

"NEW" Tanning Beds Manicure Table

873-4907
116 Guelph St.
Rear Entrance
Georgetown

WIGO APPLIANCES
• SALE OF APPLIANCES AND PARTS •

Air Conditioner Tune-ups!!
Free In-Store Microwave Leak Detection and Heat Test

Authorized Maytag Dealer
Service and Installation

130 GUELPH STREET GEORGETOWN, ONTARIO PHONE 877-3376 840-4702

Singers from Ohio to appear at Alliance church

Once again, Georgetown Alliance Church is pleased to be able to open the doors to the community with a musical presentation.

Bill and Donna Gasset, a delightful singing-speaking team from Ohio, will be guests of the church on Sunday, Nov. 5. The Gassets will be a part of the regular Sunday morning service at 11 a.m. and in the evening, they will be presenting a special musical program.

Donna is a member of the widely-known Parschauer Sisters Trio and grew up in Germany, where she began singing and

recording in five different languages: German, French, Dutch, Spanish as well as English. Donna received her masters degree from Eastman School of Music in New York. She is also becoming recognized as a capable speaker at women's retreats throughout the United States and Canada.

Bill is the songwriter of the group, and their 14 year old daughter, Sonja often joins her parents in their singing engagements.

For more information call 873-0249.

Plenty of spots left for volunteers

Enjoy the many rewards of volunteering. Learn new skills, make new friends, add a special purpose to your life and give of yourself to someone who needs you.

The following volunteer opportunities are waiting to be filled: be part of an independent living program working with developmentally handicapped adults. Learn new skills in public relations position. Take persons to medical appointments or deliver hot meals to seniors. Consider the satisfaction of taking a senior out to do errands or raking leaves for someone unable to do so.

For information on these and many other volunteer opportunities contact the Halton Hills Volunteer Centre at 877-3219.

Barrie
Belleville
Bracebridge
Bradford
Brockville
Cobourg
Collingwood
Gravenhurst
Huntsville
Keswick
Kingston
Lindsay
Midland
Napanee
Newmarket
Orillia
Orangeville
Pembroke
Peterborough
Stratford
St. Thomas
Trenton
and now...

GEORGETOWN

The Municipal Trust Company and The Municipal Savings & Loan Corporation are pleased to announce that we will soon be opening a full service financial branch in Georgetown — the corporation's 25th branch in Ontario. With headquarters in Barrie, Ontario, The Municipal has grown steadily throughout the province and prides itself in becoming an integral, active member in all the communities it serves. And the residents of these towns have discovered that The Municipal offers a comfortable, refreshing alternative to existing bank services.

With several decades of experience behind us, we at The Municipal are looking forward to our future years in Georgetown and throughout this part of Ontario.

We'd like to meet you.

In the very near future, we'll be opening our doors for business. We'd like to meet you and would be happy to discuss our full line of banking services. Ask about our investment/chequing accounts, US dollar savings accounts, investment certificates, term deposits, RRSPs, loans, mortgages, travellers cheques, safe deposit boxes, MasterCard and more. Plus, we offer higher rates and special packages for those age 50 and over.

Grand Opening Specials!

Watch for our grand opening specials. They'll be advertised in this paper at a later date.

The Municipal Savings & Loan Corporation and The Municipal Trust Company are a part of the Municipal Financial Corporation which has assets in excess of one billion dollars. The Municipal is a member of the Canada Deposit Insurance Corporation.



the municipal
savings & loan corporation

25 branches across Ontario. Over \$1 billion in assets

Watch for our grand opening at 28 Main St. South at James.

Member Canada Deposit Insurance Corporation