

Business Page



Mayor Russ Miller was in his glory Saturday morning when he helped out the women at The Feminine Way's grand opening. Others who attended the event at the fitness centre's Guelph Street location were (left to right) Bonnie Keyes, Dorrie Bland, Marilyn Serjeantson, Marilyn Russiani (owner), Gwen Huxley and Barbara Gordon. (Herald Photo)

Cut inches the Feminine Way

The Feminine Way International on Guelph Street in Georgetown offers area women a new way to tone up their bodies.

The franchise's owner, Marilyn Russiani, says those who come to the unique fitness centre "can reduce unwanted inches with minimal effort, strain and fatigue."

The Feminine Way is an international company with franchises worldwide that employ a series of five scientifically designed tables that do most of the inch-loss work, she explained.

The specially designed tables are the sandbag table; the waist, tummy, hip table; the stretch table; and the vibrator table said Ms. Russiani.

She explained the sandbag table strengthens stomach muscles, firming and lifting flabby muscles in the buttock area. It is also designed to tighten the skin, the waist, tummy and hip table raises and lowers a person's legs, shedding inches away from the waist, stomach and hip areas. The leg table concentrates on thinning the inner thighs. The stretch table works on the upper arms, back and tummy muscles. Finally, the vibrator table tones the entire body. It smooths and relaxes the skin by increasing blood flow to the surface skin cells.

Ms. Russiani says each customer is suited with a program to specifically meet a person's par-

ticular needs. But regardless of the specific program all programs are based on only three 60-minute weekly sessions. This is equivalent to 21 hours of floor exercises or other strenuous forms of exercises, she said.

Ms. Russiani stresses women of all ages can use the machines. The franchise also caters to women who have back problems certain arthritic conditions or have recently given birth.

J. C. Duff tender rejected despite appeal by owner

A lengthy discussion about Halton Hills' tendering process for supplying road sand this year ended with the town denying a Limehouse company a second crack at the \$32,000 service.

Councillors Monday night heard Ian Duff of JC Duff Ltd. say that the tender was confusing because it didn't ask for all three services of supplying sand, mixing the sand with town's salt and delivering the sand. In past years, the three contracts were bid on separately, he said.

The town will use 4,400 tonnes of sand to be mixed at municipal yard with salt.

Mr. Duff said his company bid on the sand contract last year and lost "fair and square" because another competitor had the lower bid. But

this year "we've obviously been left out in the cold...this year we are the lowest bidder."

JC Duff Ltd. bid \$6.25 a tonne to deliver sand to the town's yard where it would be mixed with salt. The bid on the delivery alone was lower than that of McNichol Trucking of Erin who bid \$6.36 a tonne to deliver the sand.

But McNichol trucking was bidding on a "package deal", Mr. Duff told councillors.

"McNichol is not honoring his tender on mixing alone."

JC Duff Ltd. is willing to offer the town a similar package deal at a lower price, Mr. Duff said.

"As any business man would know, you would supply a better price for a package deal," Mr. Duff told councillors.

But some said this deal could not be signed "after the fact" of the tender process, that was completed Sept. 22.

"Now you're going back to us and saying give us the contract and we'll mix it for a dollar," Coun. Al Cook said of Mr. Duff's offer of a package deal.

Acton Coun. Norm Elliot said it is within the town's power to award the tender contract to the Limehouse company, but "I don't suspect the town will do that," he said.

Councillors voted six to five in favor of awarding the tender to McNichol Trucking, but that decision must be finalized at a town council meeting next week.

Permit violators will face fines

Building permit violators could face fines if a report soon to be completed by Halton Hills building director Ron Shettell is approved by town councillors this fall.

The recent violation of the building code by the Croatian Centre in Norval prompted town staff to comment on the building permit system in Halton Hills. Some councillors say the laws are being "flouted in the face" of town council.

Mr. Shettell said he will suggest the cost of acquiring a building permit for work already done, increase to twice the present amount of \$265. If the building is constructed before a permit is obtained, that cost would increase to \$530.

The new costs would stop people from what Coun. Pam Johnston said is "using the system." Acton Coun. Gerald Rennie said it "irritates" him that people build first, then apply for a building permit.

The Croatian Centre violation of the building permit law "is another case where it's easier to ask forgiveness than permission," Coun. Rennie said Monday.

There have been other recent cases in Halton Hills of buildings altered or constructed without permits, Mr. Shettell told councillors.

He said in other parts of the Region, stiffer penalties stop this from happening.

Under the present system, a building offender who doesn't apply for a permit within a time stated

on a notice, is likely to face a \$50 or \$100 fine if taken to court for a first offense, Mr. Shettell said.

He said the new system would collect costs out of court and would save the town money.

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