

Ladies Flag Football

Corrigan posts upset win

By LEANNE FOURNIER
Herald Special

Corrigan pulls off another upset this weekend as they defeated an undermanned Avia squad 8-6. Ferg's Flicks cemented a berth in the top ranks with a flying leap over Burns Bullfrogs 14-6.

Lett's Dive grabbed sole possession of second spot with a 30-14 decision over JV. In other action Arnie's Body Shop snuck into a tie with Burns for third and fourth as they beat Rockwell 16-6.

It was a battle of few as Avia and Corrigan started with seven players. Avia without the help of Lisa Allen put up a decent effort but Corrigan continues to gain momentum. Sandy Brownridge picked off two passes and scored a TD but Corrigan answered back with six points for Shelley Harrison, two points for Linda Husar and an interception for Michele Keess and Jeanine Larusso.

At this pace, Corrigan could defeat first place opponents Ferg's Flicks in this Sundays matchup.

The second contest of the day proved to be a defensive struggle. Both offences were stalled by tight coverage. Marg Walinga broke through the zeroes on a pass and run play that made Brad Ferguson's receptions look no more than average.

Julie Fournier found another thing to excel at as she kicked 2-2 in this match. Burns answered right back with a fine pass and run play

to Donna Davey.

In the fourth quarter, Monica Mastalerz found "sis" Marci McDonald in the endzone for six more. Ferg's breathed a sigh of relief as Burns is four points away from top spot.

Rockwell looked as if their first win was not a dream but it was not to be. Kelly Cunningham and Joanne Searle combined for all of Arnie's points. Cunningham posted 12 while Searle had four. Rockwell's only score came on a pass to Lisa Tancoo. With Carol Izio at the helm, Rockwell demonstrated some offence seldom seen by this team.

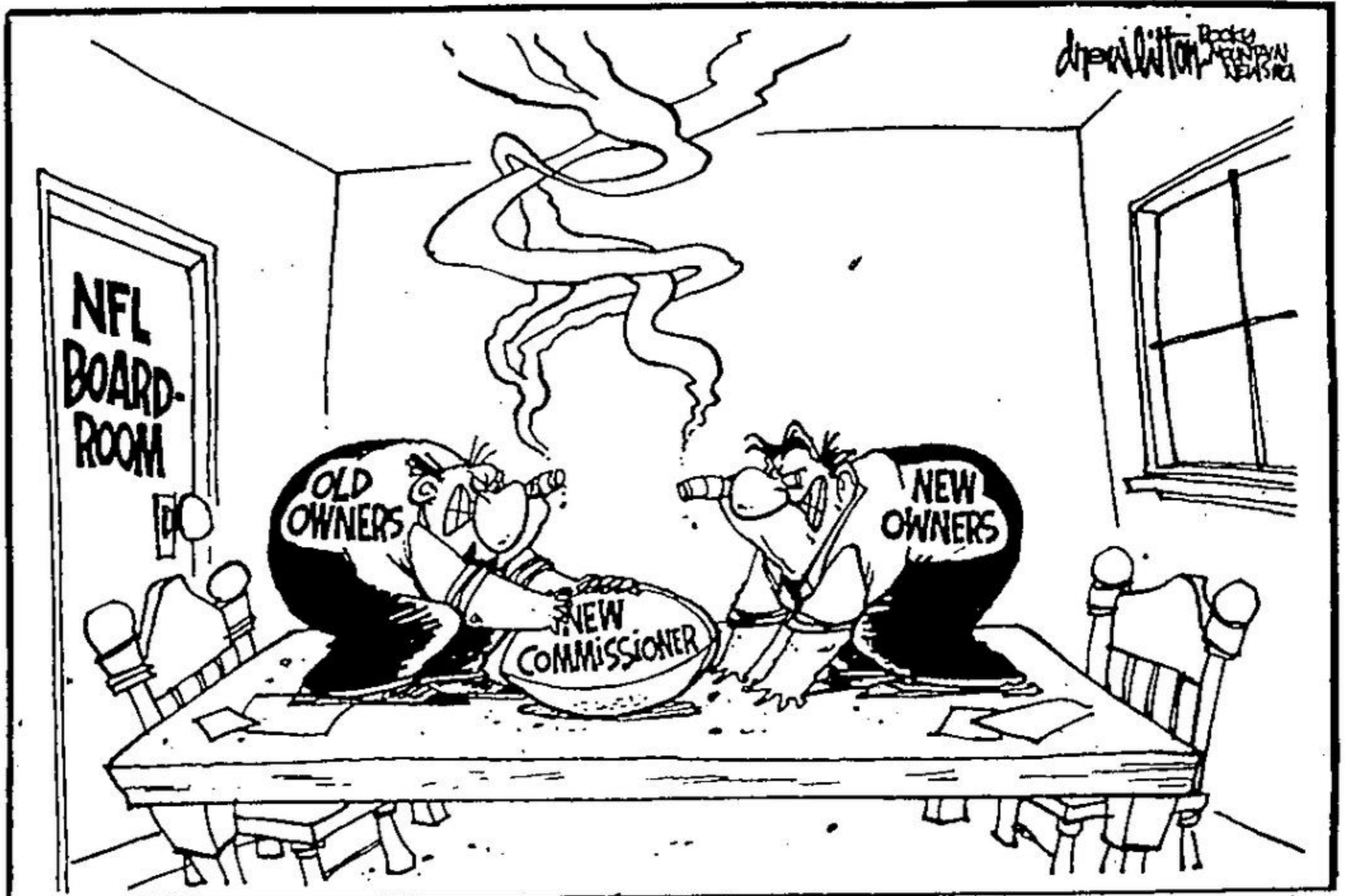
JV Jets had a shock on the weekend as Michelle Miehm tumbled out of bed for the 8:45 game. Miehm snagged an interception and threw for two TD's and a two point convert to Janet Allison, Kim Beckett and Helen Slingsby respectively.

Patti Wettlaufer chose a JV pass to be her seventh interception of the season. Kathleen Lenvey scored 12 while other scores were recorded by Kathy Waters and a nameless player. Bev Vickery, Judy Terpstra, Dianne Dilling each added a two point convert to the tally.

GAMESTARS

Kathleen Lenvey (LD), Marci McDonald (FF), Kelly Cunningham (ABS), Sandy Brownridge (A), Shelley Harrison and Linda Husar (C).

win, lose & DREW



Air conditioning in cars may be thing of the past

By Peter Bohr
Contributing Editor, Road & Track

"Do you want to be hot, or dead?" California Assemblyman John Vasconcellos asked reporters recently as they sat in his comfortably air-conditioned office.

Like politicians in other states, Vasconcellos is doing a bit of grandstanding on the trendy chlorofluorocarbons (CFCs) issue. Fortunately, his bill has about as much chance as that proverbial snowball in Hades — or maybe in downtown Palm Springs in August.

That's not to say the dangers of CFCs escaping from automotive air conditioners aren't very real. Some 87 million cars and light trucks in the United States have air-conditioning systems. Each one of them is filled with the refrigerant CFC-12, commonly known as Freon or Genetron. CFCs are gases widely used to pro-

duce not only coolants, but also plastic foams and aerosol sprays. And in case you haven't heard, most of the world's scientific community now agrees that errant CFCs are linked to reductions in the earth's protective layer of ozone. This part of the atmosphere blocks most dangerous ultraviolet light and other high-energy radiation.

But help for the atmosphere is on the way.

Two major American producers of CFCs, DuPont and Allied-Signal, have gone even further. They've promised to discontinue their production of CFCs altogether by the year 2000.

Now here's the rub: There is no substitute for CFC-12 used in today's automotive air conditioners. Which means that as the supply of CFC-12 dwindles in the next few years, our

car air conditioners could become as useless as breasts on a bullfrog, regardless of silly legislation like the Vasconcellos bill.

Not that DuPont and others aren't trying to come up with a substitute. DuPont alone claims to have invested some \$100 million in research. The company has developed a new refrigerant — HFC-134a — that's supposed to be harmless to the atmosphere. But it will need an entirely redesigned air conditioning system in which to work, one automakers expect to introduce on 1994 or 1995 new cars.

DuPont has also developed a blend of other refrigerants — HCFC-22, HCFC-124 and HFC-152a — that is 97 percent less harmful to the ozone layer than Freon, and will work in current systems.

Well, sort of anyway. The blend doesn't cool quite as well as Freon, doesn't last as long — and most important, may require a few modifications to current air conditioning systems. The modifications will probably involve changing a system's dryer, hoses and oil, at a cost of perhaps \$200 to \$400.

In any case, one thing is certain: Air conditioner refrigerant, whether it's CFC-12, the blend or HFC-134a, will soon be three to five times more expensive than it is today, according to those who make the stuff. That will add about 25 bucks to the typical \$20 or \$25 cost of recharging a car's air conditioning system.

But then, that's a relatively small price to pay if we can continue to live and be cool.

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NHL Oldtimers back on ice

Former NHL Stars are back for one more try in "The Stars of Hockey Championship Series".

They may not be as swift a-skate as they were a decade ago, but there is little doubt that 5 teams of

former NHL players will more than make up for diminished speed by heightened guile when they gather in Kitchener for a 13 game series, made for television.

The series will be taped over a four day period, beginning August 24 and running through to Sunday, August 27th when the championship game will be held. All games will be played at the Kitchener Memorial Auditorium.

Dubbed "The Stars of Hockey Championship Series", former stars such as Darryl Sittler, Paul Henderson, Ron Ellis, Eddie Shack, Andre Savard, Don Marcotte, Danny Gare, Butch Bouchard, Michel Plasse, Gilles Lupien, Walter Tkaczuk, Bill Fairbairn, Ted Irvine, Fred Stanfield and a host of others, will don the colors of Toronto, Montreal, Buffalo, Boston and New York one more time. Hockey fans who have followed the careers of this illustrious group of former NHL stalwarts, will have the opportunity of focussing their memories and enjoying the skills of their Hockey Heroes.

For the 1989-90 series it is hoped to add the likes of Tiger Williams, Clarke Gillies, Henri Richard, Steve Shutt and Yvan Cournoyer to make the series even stronger.

The tournament begins Aug. 24 with two games in the evening. Friday and Saturday, the schedule is repeated with two afternoon games and another pair in the evening, with Sunday afternoon devoted to the Semi-Finals and evening, Aug. 27 the Championship Game.

The television "On Air" crew has Ron Hewat doing play by play with Gary Dornhofer as color analyst with Bill Inkol and Red Story as hosts. The officiating crew lists Bruce Hood and Ron Wicks to restore law and order.

Genetic factors affect weight

By Peter H. Gott, M.D.

First, the calculations are based on someone else's idea of "ideal" weight. This may not be appropriate for everyone. For example, you may be short and muscular or tall and slender. Depending on your body-build, you may need more — or fewer — calories to maintain your weight.

To a large degree, our body weights depend on our inherited, genetic makeup. You and I could weigh the same but, because of our genetic inheritance, we might burn calories (or store them as fat) at different rates.

Therefore, on the same caloric regimen, you would gain and I would lose — or vice versa.

Second, calculations do not take into account physical activity. Take two people with the same weight, similar genes and identical caloric intake. One is a trained athlete, the other is sedentary. Obviously, the active person will require more calories to maintain weight than will the inactive individual.

Because of variations in genetically determined metabolism and activity levels, calculating calories is an inaccurate way to control weight.

Topping off summer fun

Top off your summer fun this year at the Halton Hills Recreation and Parks Department's action-packed Summer Activity Centre camps. All participants, ages 5 to 14, will travel on our final Bus Trip to the African Lion Safari; learn new crafts; participate in cooperative and competitive games; swim Tuesday and Friday; and much, much more!

Register now for a half day, full day or full week. It will be a summer you'll never forget! For more information call 873-2600 Ext. 270.

Pewee - Bantam game results

Orange 6
Goals: Melanie Booth, Cathy Paul 2, Nicole Remedios, Yvonne Bergama 2.
Noteworthy Players: Melanie Booth, Sarah Williamson, Cathy Paul.

Blue 1
Goals: Anne Donnelly.
Noteworthy Players: Alison Munro, Taraesa Smith, Tanya McMaster.

Green 2
Goals: Wendy Padillo.
Noteworthy Players: Wendy Padillo, Tracy Henning, Michelle Boulanger.

Purple 2
Goals: Ruth Burrows, Julie O'Neil.
Noteworthy Players: Loel Morgan, Stephanie O'Brien.

Green 4
Goals: Darby Erier 2, Wendy Padillo 2.

Blue 3
Goals: Anne Donnelly, Janet Scida 2.
Noteworthy Players: The Whole Team - best game this season.

Green 8
Goals: Darby Erier 13, Wendy Padillo 2, Tracy Fowler.
Noteworthy Players: Darby Erier, Tracy Fowler, Tracy Henning.

White 6
Noteworthy Players: Cindy Harnden, Andrea Schneider.

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