

# Kilts and cabers abound at Highland Games



Photos  
by  
Ben  
Dummett



Heavy weight athletes competing in last Saturday's Highland Games at the Fairgrounds show in their faces the strength required to throw the various weights making up the competition. (Above and Left) Two athletes spin their entire bodies to achieve maximum power in tossing the ball weight and hammer. (Right) This competitor steadies the caber before catapulting it upwards.



A young Scottish dancer concentrates on her feet as she executes the Highland fling.



A serious-minded Scottish band leader comes to attention during the Massed Bands presentation on Saturday.



A number of young Scottish dancers show off the difficult steps involved in Scottish dancing at the Highland Games.