

Young Outlook

DAIRY DAYS

There are many dairy words hidden in this word search. Circle each one you find.

E	S	E	E	H	C	Y	O	G	U	R	T	B	A
I	V	H	G	F	R	A	Y	R	S	H	I	R	E
H	G	A	M	A	E	R	C	E	C	I	E	C	D
J	M	L	P	K	A	Y	R	E	M	A	E	R	C
S	A	M	A	O	M	T	S	R	Q	P	R	N	H
S	E	J	S	M	R	A	F	Y	R	I	A	D	U
I	R	E	T	I	U	A	R	W	X	C	Y	Z	R
W	C	R	U	L	B	U	T	T	E	R	O	A	N
S	R	S	R	K	N	M	L	E	K	I	H	W	H
N	U	E	I	O	P	Q	R	S	D	J	G	B	S
W	O	Y	Z	Y	Z	W	S	R	E	M	R	A	F
O	S	B	E	A	F	X	V	T	U	F	I	C	D
R	C	D	E	G	U	E	R	N	S	E	Y	L	E
B	A	R	N	S	N	I	E	T	S	L	O	H	K

cheese dairy farm churn Jersey evaporated milk
sour cream cows pasturize Guernsey ice cream
yogurt creamery farmers Ayrshire milk
cream barn Holsteins Brown Swiss butter

DAIRY FARM

Milk production begins at a *dairy farm* where the cows are milked by machine. The raw milk then goes to a dairy plant to be processed. Then the *milk* is put in containers and stored in a refrigerated room. In the word ladder below, change FARM to MILK by changing only one letter at each step. Each letter change must make a new word.

FARM

- solid; not soft
- thin sheet of material used in cameras to take pictures
- to put papers in a cabinet in order
- unit of length, equal to 5,280 feet

MILK

Answers: farm, film, file, mile

TASTY TREATS

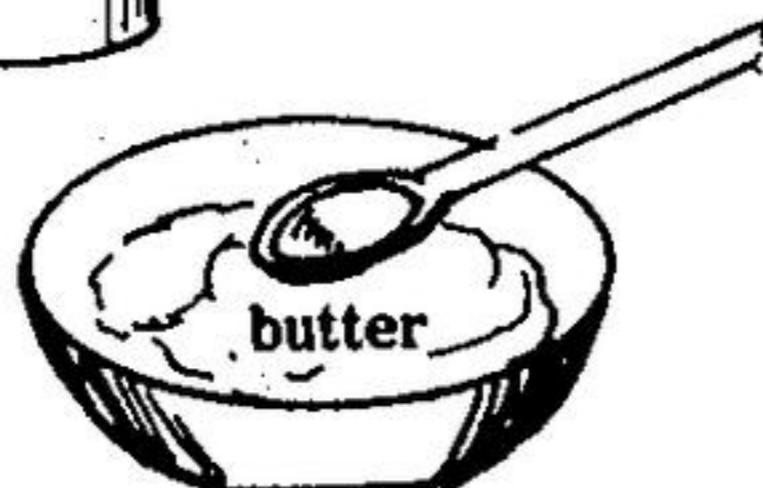
How would you like to make your own butter and buttermilk? It's fun and easy!

Materials:
jar with tightly fitted lid
bowl
wooden spoon
glass
measuring spoons
knife

Ingredients:
whipping cream
salt



jar with tightly fitted lid



butter

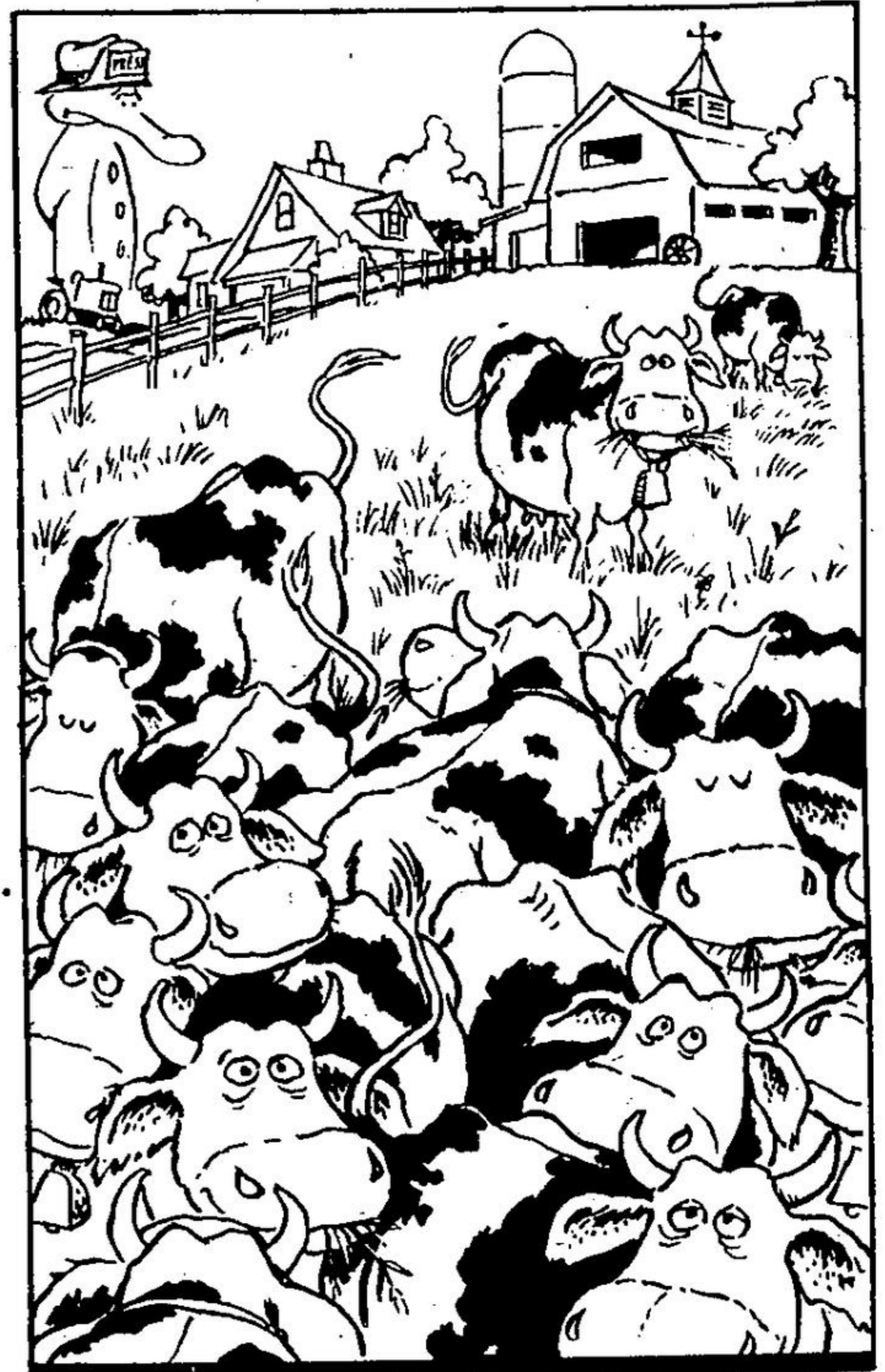


butter milk

- Directions:**
1. Take cream out of refrigerator and allow to come to room temperature.
 2. Pour cream into jar, filling half full.
 3. Shake until lumps of butter form. (You might want some friends to help because it takes about 20 minutes of shaking.)
 4. Pour off the buttermilk into a glass.
 5. Work the rest of the buttermilk out of the butter with a wooden spoon.
 6. Wash butter with cold water.
 7. Add 1/4 tsp. salt to butter.
 8. Now your butter is ready to spread on a slice of bread. You can enjoy it with a glass of buttermilk!

HERD OF HOLSTEINS

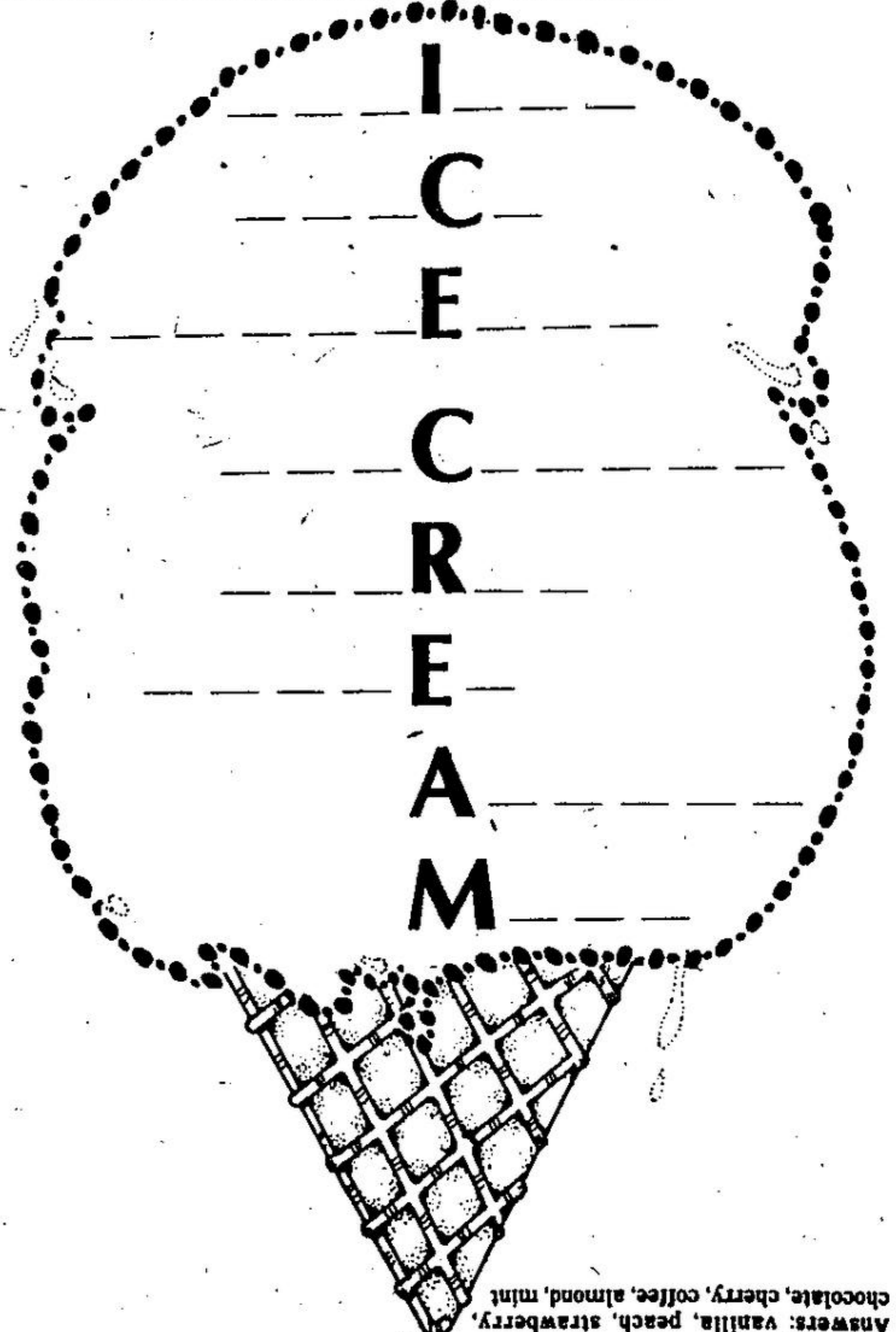
Alfie Alligator is confused. He keeps trying to count the number of cows (or parts of cows) in the herd of Holsteins but they keep moving around. Can you help Alfie count the cows? _____ Alfie knows that Holsteins are important cows because they produce more milk per cow than any other breed.



Answers: 12 cows

FLAVORFUL FUN

Ice cream is a milk product made mostly from milk, sugar and water. How many flavors of ice cream do you like? _____ Which is your favorite? _____ Fill in the blanks below to discover some flavor favorites.



Answers: vanilla, peach, strawberry, chocolate, cherry, coffee, almond, mint