



Richard Thomson (left), Bev Scruton, Audrey Hillman and Darlene Munden run the North Halton branch of the Woodview Children's Centre for the emo-

Self-esteem important

Before social worker Bev Scruton can help an emotionally disturbed child, she first has to convince the child to like him or herself.

One of a five-member team that runs the North Halton Branch of the Woodview Children's Centre located in Park Public School here in Georgetown, Ms. Scruton said this lack of self worth is the root of an emotionally disturbed child's problem.

Richard Thomson, the group's co-ordinator and one of the centre's counsellors, stresses showing care for the child, irrespective of the emotional problems, is vital to helping the child overcome a low level of self-esteem.

Those children showing signs of either hyperactivity, or severe depression resulting from a life situation, or aggressive behavior, or moodiness or an inability to get

tionally disturbed. Any referrals made to the centre should be directed to Bev Scruton at Park Public School, 873-1990.

along with others are some of the problems the provincially-funded centre treats.

The centre's headquarters was founded in Hamilton in 1960 and the North Halton branch was established in 1984. There are also programs in Burlington, Brantford and Brampton.

Before the centre accepts a child, the child's parents must be willing to participate in the planning and treatment processes. Ms. Scruton explained the child's emotional problems cannot be separated from the family.

For example it might be a contributing factor in the child's behavioral problems, she said. But whatever the case, Ms. Scruton said, the child has a significant effect on the family's relationship with each other.

Besides Ms. Scruton, the branch's staff includes a child development counsellor, Darlene Munden, an academic co-ordinator, Park Public School teacher, Audrey Hillman, and a psychometrist, Geoff Hall, who specializes in pinpointing learning disabilities.

The group also uses the services of a child psychologist and a pediatrician.

According to Mr. Thomson, a child is treated an average of 18 months. During this period the centre's staff employ a variety of techniques including play therapy, social skills training and individual and family counselling to help the child. Counsellors interact with the child 24 hours a day. Mr. Thomson said the camps provide the counsellors an opportunity to establish a friendship with the child.

Once the child's therapy has been completed, the centre maintains contact with the child and family for six months.



Rebels without a cause

"Rebels without a cause" is a poem about some of us. Not all of us, just the ones that have been emotionally hurt, by someone we trusted or loved (at least that is how I was able to write it).

Don't get me wrong, I'm not saying this is about the Open Door crowd. I'm saying this is about all people in general. I'm also not saying that these feelings will last forever, and that we will always have walls built up around our souls. So please don't consider me a cold-hearted beast.

Rebels Without a Cause

We are rebels without a cause. You should best keep your distance as we need no assistance.

People may wonder why feelings are not shared. Why pain is not shown, emotions not known.

They don't understand why we run from our problems. Why forever we hide and hurt is denied

We strive to rebel against those that we love, hurt them first, before we get it worse.

We want to live on the brink of disaster so close to danger forever a stranger.

We are rebels without a cause. We suggest at a distance you remain as we use only the weapon of pain.

—Anon



Mayor Russ Miller officially opens the new Canadian Tire Gas Bar on Guelph Street in Georgetown May 11. He is helped by Steve Bochen, Canadian Tire district manager for Metro West (left); Bill Rupert, director for operations for Canada East; Murray Lawton, associate store dealer; and Iona Piehl, store manager. (Herald photo)

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RIDE on for long weekends

TORONTO-For the first time, the Ministry of the Solicitor General, in conjunction with the Ontario Provincial Police, regional and municipal forces, is sponsoring a cooperative RIDE program, to take place on long weekends during the summer.

The concept was initiated by a coordinated traffic management group looking at ways to solve common accident-causing problems affecting forces throughout the province.

A media conference will be held Thursday, May 18 at 10 a.m. in the auditorium at Metro Toronto Police Headquarters, 40 College St., to launch the program, set to run from Victoria Day weekend through until Thanksgiving Day weekend.

Tasty Recipes

★ PEANUT BUTTER & BANANA BARS

- 2 eggs, well beaten
- 1/2 cup peanut butter
- 1/4 cup molasses
- 1/2 cup brown rice flour
- 1/2 cup chopped walnuts or peanuts
- 1 ripe banana, chopped
- 1/2 tsp. cinnamon
- 1/4 tsp. sea salt

Preheat oven to 350°. Combine all the ingredients and mix well. Turn into a buttered eight-inch square baking pan and bake 15 minutes. Cut into bars while still warm.

Yield: 12 to 18 bars.



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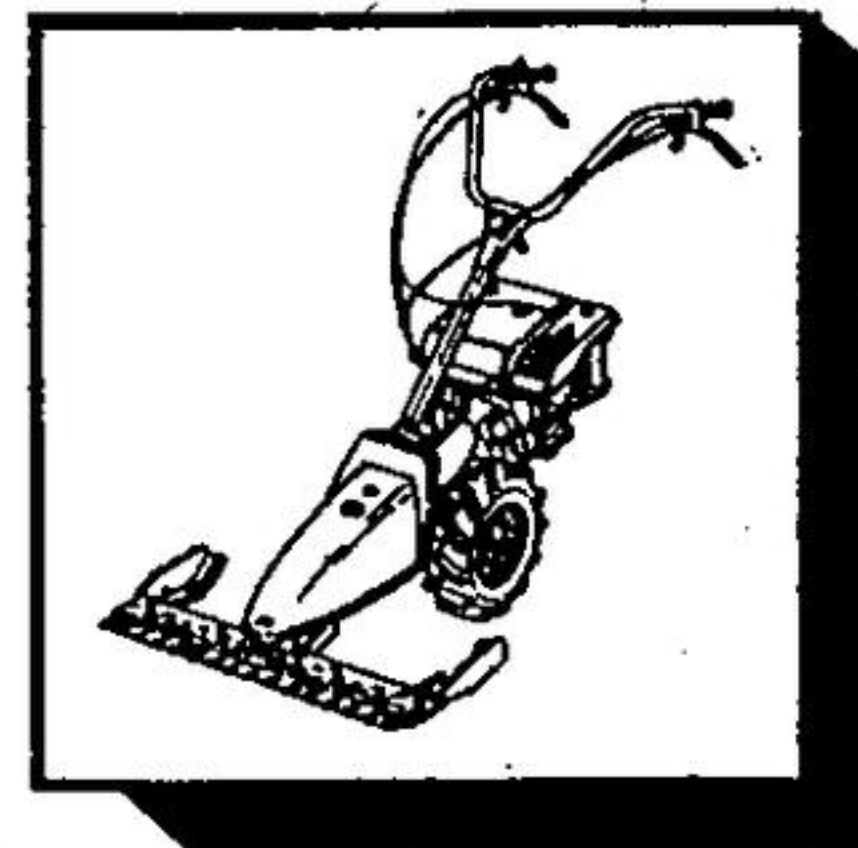
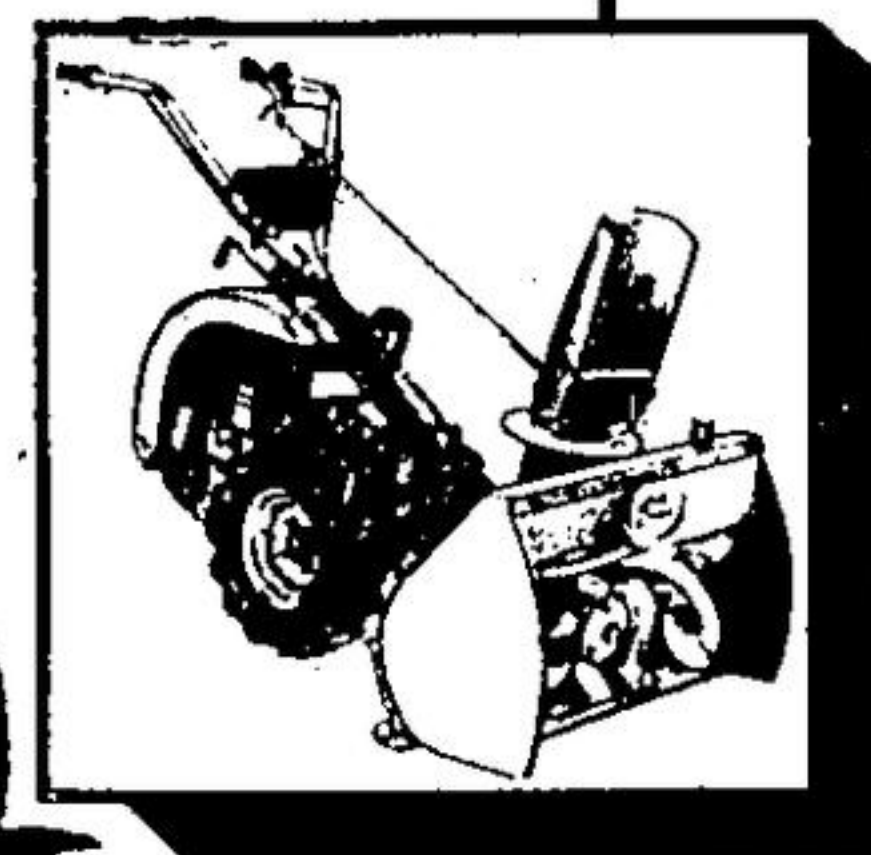
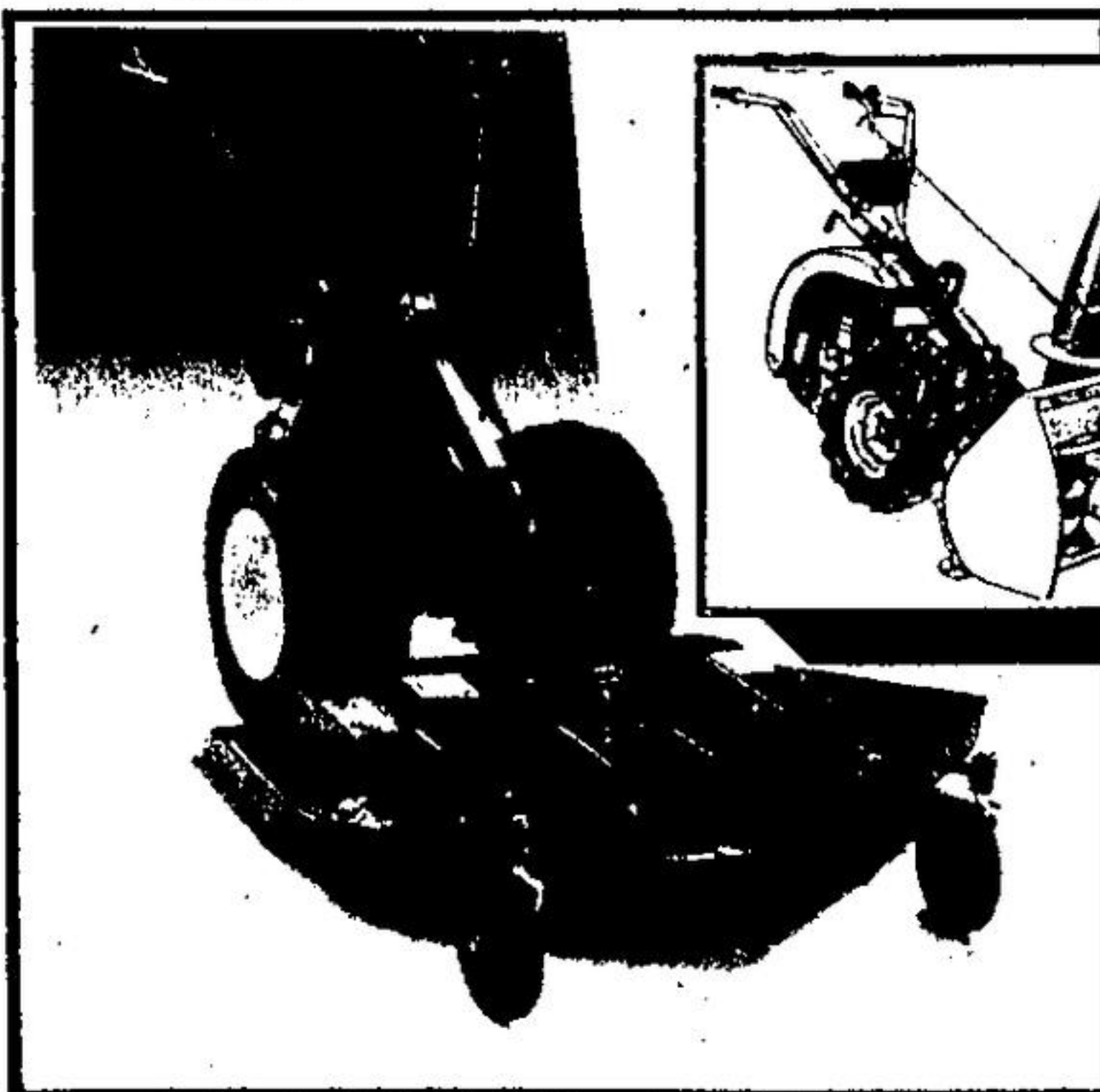
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