Mustang tops the Camaro

FROM

CONSUMER

REPORTS

When the Ford Mustang first ap-

peared in 1964, it was the first of the

small "personal" cars. Since then, it

has undergone many evolutionary and

revolutionary changes. The Chevrolet

Camaro, an early imitator, has also

Although there are many front-

wheel-drive performance cars that

offer stiff competition, the traditional

Mustang and Camaro, both with rear-

wheel drive, are still selling well. Re-

cently, the auto engineers at Consum-

For the test models, the engineers

chose 5.0-liter V-8 versions, since the

cars have made their sporty reputa-

tions on big-engine performance.

Both were equipped with automatic

transmissions and lots of popular op-

tions. Even so, the sticker prices were

modest by today's standards. The

Mustang listed for about \$14,500 and

The Ford's engine started and ran

flawlessly and its gut-wrenching ac-

celeration exhibited lots of good old-

fashioned V-8 torque. The transmis-

sion was mostly very smooth-shifting.

As for fuel economy, the big engine

took its toll, especially when all the

available power was used. You can

expect about 19 miles per gallon

In routine-handling tests, the Mus-

tang proved competent and steering

response was relatively quick. But

snowy roads may be troublesome.

The combination of the powerful V-8,

front-heavy weight distribution, rear-

wheel drive and wide performance

the Camaro about \$15,000.

overall.

changed much or r the years.

er Reports tested both.

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The open staircase ascends to a railed gallery which views the foyer below. The master bedroom features a spacious walk-in closet and ensuite with raised whirlpool spa, his and hers vanity and shower. The four additional bedrooms, two with bay windows share a main bathroom with twin vanity and soaking tub.

The finished floor area of this exciting home is 3,254 square feet.

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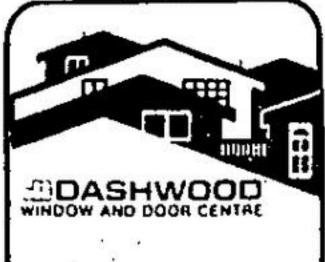
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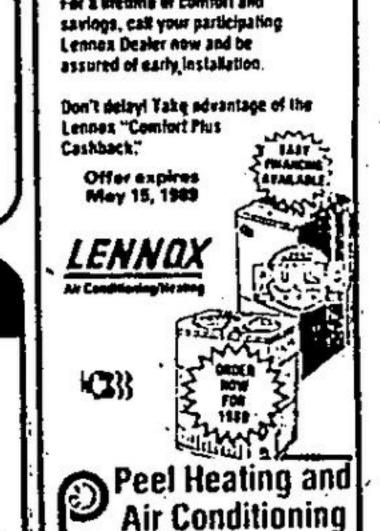
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In emergency-handling tests, the Mustang inspired confidence. Quick and accurate steering helped the drivers attain their fastest speed ever in the abrupt avoidance-maneuver tests. Braking was good, although stopping distances were somewhat longer than expected with the wide performance

tires don't add up to good traction.

The Mustang's ride was harsh, especially on coarsé pavement. Even on expressways, pavement joints and patches jarred the occupants. Expect considerable noise, too. Depending on your outlook, the growl from the engine and exhaust is either a cacaphony or the song of Lorelei.

The Mustang hasn't fared well in the reliability department, but it's likely to be no less troublesome than most domestic models.

The Chevrolet Camaro is a rolling assemblage of all the day-to-day disadvantages of sporty cars: wide, low and hard to see out of. Its doors are long and heavy. And its luggage area is a bad joke. Even if acceleration is all you care about, the Mustang offers more.

The Camaro's big V-8 engine started and ran without missing a beat. The transmission shifted smoothly enough, but the shift selector was very difficult to get out of park. Fuel economy was comparable to the Mustang's. Expect about 20 mpg overall.

In routine-handling tests, the Chevrolet's handling was fairly quick and precise, although the auto engineers would have liked a bit more feel of the road from the power steering. Like the Mustang; the Camaro is not expected to have good traction in snow. In emergency-handling tests, the

Camaro was responsive enough and negotiated the abrupt avoidance maneuvers at very high speed. Braking was excellent. The ride was very firm and jittery

on most roads and the car was moderately quiet at all speeds.

But be forewarned: The Camaro's repair record has been poor.

## Special milk goes down easily

By the Editors of Consumer Reports

Some 30 million to 50 million Americans risk bloating, gas, cramps and diarrhea when they drink milk or eat ice cream. Those symptoms result from a deficiency of lactase, an intestinal enzyme needed to digest milk sugar or lactose.

It's the undigested sugar that causes the intestinal problems. Although adults of all races may suffer from lactose intolerance, the problem affects a far greater percentage of non-whites than whites.

If you like milk and other dairy foods, but have trouble tolerating them, several products sold nationwide under the Lactaid name can help. Lactaid milk is a lowfat milk treat-

ed with lactase. When Consumer Reports' food technologists tested the product, they discovered lactose levels 80 to 85 percent below those of regular milk. That's better than the 70 percent reduction claimed on the label. But you pay a premium for Lac-

taid's benefit. In the New York City area. Lactaid sells for about \$1 a quart, about 33 cents more than the same dairies' regular low-fat milk.

Lactaid tasted slightly sweeter than ordinary low-fat milk and had a slightly caramelized flavor. The sweetness comes from the slightly sweeter simple sugars into which the enzyme breaks milk sugar. The caramelized flavor comes from ultrapasteurization. The milk is briefly heated to a much higher temperature than regular pasteurized milk to give it a

longer shelf life - at least six weeks in the dairy case.

Lactaid Inc. also sells Calcimilk, a low-fat, lactose-reduced milk with about two-thirds more calcium than Lactaid and other low-fat milks. And early this year the company rolled out Lactaid skim milk, fat-free and with 20 percent fewer calories than Lactaid low-fat.

Lactaid lactase drops, sold in drug and health-food stores, let you treat your own milk to cut lactose. Typically, you use five drops per quart, shake and refrigerate the milk. You must wait a day for the results. At usual refrigerator temperatures, the drops reduce milk sugar by about 70 percent after 24 hours. More time or more drops do an even more thorough

The product worked well in the food technologists' tests. The treated milk tasted more like regular milk than Lactaid did and adding drops is a little cheaper. It cost about \$6.25 for enough liquid to treat 30 quarts. There's also a 75-quart size (\$15.69 suggested price) and a 12-quart size (\$3.29). At those prices, the drops add between 21 to 27 cents to the price of a quart of milk.

Lactaid enzyme tablets, sold over the counter, can help when you dine out or indulge in ice cream or some other dairy product for which there is no lactose-reduced equivalent. You take the pills just before eating. The dosage varies from one-half to three tablets, depending on the meal and your system - you'll have to experiment. Prices range from about \$3 for a dozen tablets to about \$18 for 100 tablets.

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