

Sports Outlook

With a little help...

A Holy Cross Crusader has a little back-up help from a teammate as he meets the ball during boys volleyball tournament play at Centennial School on Wednesday. Holy Cross won the round robin competition with a victory over W.I. Dick of Milton in the final. (Herald photo)

Bingham wins WMU letter

Georgetown's Joanne Bingham was one of eight volleyball players at Western Michigan University to receive a varsity letter in 1989.



Joanne Bingham

where she led the Rebels to an Ontario championship, Bingham enjoyed one of her best seasons ever at WMU in 1989.

The third-year student had the most kills on the team this year (330) and a corresponding team-high attack percentage of .278. Bingham added 194 digs on defence (third highest on the WMU team) and led the Broncos in kills in 16 out of 26 matches, including a stunning string of seven consecutive contests.

Bingham, who is studying communications at the Kalamazoo-based university, has one year remaining and has already heard offers from both European and North American-based professional women's volleyball leagues.

Bingham, a left side hitter, was joined by seven of her teammates on the Broncos women's volleyball team that finished the 1989 season by winning its seventh consecutive Mid-American Conference (MAC) title. This year's team compiled an impressive 14-12 record including a perfect 8-0 slate in its conference and added an appearance in the NCAA nation-wide tournament. The Broncos have won 91 consecutive regular season MAC games, dating back to 1982.

A former standout at GDHS

Biathlon a go

The first annual Georgetown Biathlon is a go for 1989.

The endurance event is set for Sunday, Aug. 13 beginning at 10 a.m. with Stewarttown Public School serving as start-finish and transition site.

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Halton Hills RECREATION & PARKS DEPARTMENT 877-5185 453 2411

Leisure Lines

Tennis time is here

It's that time of year again to start putting away the winter equipment and to bring out the spring essentials. Our Recreation and Parks Department has scheduled tennis lessons for adults and youth eight years of age and up at locations in both Georgetown and Acton. Please refer to our Spring and Summer Brochure for specific dates and times or call us at 877-5185 extension 260. What follows is a short article on Tennis Etiquette to help you get back into the "Swing of Things."

TENNIS ETIQUETTE

During Play
To avoid embarrassment to himself/herself and to those with whom he/she plays, a player should learn and know the basic rules of the game. If he/she knows all the technicalities and fine points of the rules, he/she will avoid many embarrassing situations. A rudimentary knowledge of the most important rules, however, will prepare him/her for pleasant play.

In addition to knowing the specific rules of the game, players should be aware of the following customs:

1. The server should have two balls when starting a point.
2. The server should determine that the receiver is ready to receive the serve. Server should offer to replay the serve if the receiver was not ready for it.
3. After a fault on the first serve, the server should avoid serving the second ball too quickly. He/she should give the receiver sufficient time to get set for the second ball or to remove the first ball from the court if necessary.
4. When receiving the serve, a receiver should not return a ball that is obviously out.
5. The receiver is responsible for determining whether a served ball is in or out. If he/she is not sure whether it was a good serve or not, he/she should offer to play a let; (if an umpire has been assigned to the match, it is his/her responsibility to make the decision).
6. During a rally, a player judges all balls that land on his/her side of the net. He/she should play the good balls without comment, but should promptly call those balls that are out. If there is doubt about any call, a let should be played.
7. If a ball rolling onto a court during a rally interferes with play, a let should be called.
8. When returning balls to an adjacent court, a player should wait until the rally or point is concluded, then roll or bounce the balls directly to the players there on the court.
9. If a player's ball rolls onto an adjoining court, he/she should wait until play is completed before asking the players there to

return the ball.

10. Spectators at a match, or those waiting on the side lines for a court to become free, should not make a nuisance of themselves. Jumping around, bouncing balls, shouting, and loud conversations are all distracting to the players. Quiet subdued conversation is the rule on the court and on the sidelines.

11. Players should not walk behind a court while a point is in progress there.

Sign up for tennis lessons

Once again the Halton Hills Recreation and Parks Department will be offering tennis lessons for all ages and abilities. Choose from Beginner or Intermediate, and from one of two formats - one lesson per week for six weeks or two lessons a week for three weeks. The choice is yours. Our Spring Lessons Program begins the week of May 1 at

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tennis courts at George Kennedy P.S.; Joseph Gibbons P.S. and at Prospect Park in Acton. For more information please refer to our Spring and Summer Brochure or call 877-5185 extension 260.

Spring ahead, shape up

We've turned the clocks ahead, the buds are starting to peek and believe it or not, but the sunshine, blue skies and 80 degree (25 Celsius) weather is just weeks away. To help you celebrate (and prepare for) the advent of spring and summer the Halton Hills Recreation and Parks has set up the following programs:

Shape Up For Summer; Dance to Fitness; 50 Plus Fitness; Countdown to Fitness; Pre/Post Natal Fitness; and Water Exercise.

See your Spring/Summer Brochure for more detail or call 877-5185 extension 260. Don't hesitate - get in shape!

Synchro swim

Synchro will be offered this spring at the Acton Indoor Pool on Saturdays from 12 noon - 1 p.m.

LIMEHOUSE RECREATIONAL SLO-PITCH

Required **ONE FULL TEAM**

For Details Call **Dave Ward**

877-0427

GEORGETOWN MINOR HOCKEY ASSOC. SPRING REGISTRATION

Sat. April 15th, 1989 1:30 - 4:00 p.m.

GORDON ALCOTT ARENA in Lobby

1 Player: \$130.00 Basic 2 Player: \$225.00
3 Players: \$310.00

HOUSE LEAGUE CARDING

Will be done also, birth certificates will be needed for 1st-year carding.

Must have birth certificate, parents signature, post dated cheque allowed dated for Sept. 1st.

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