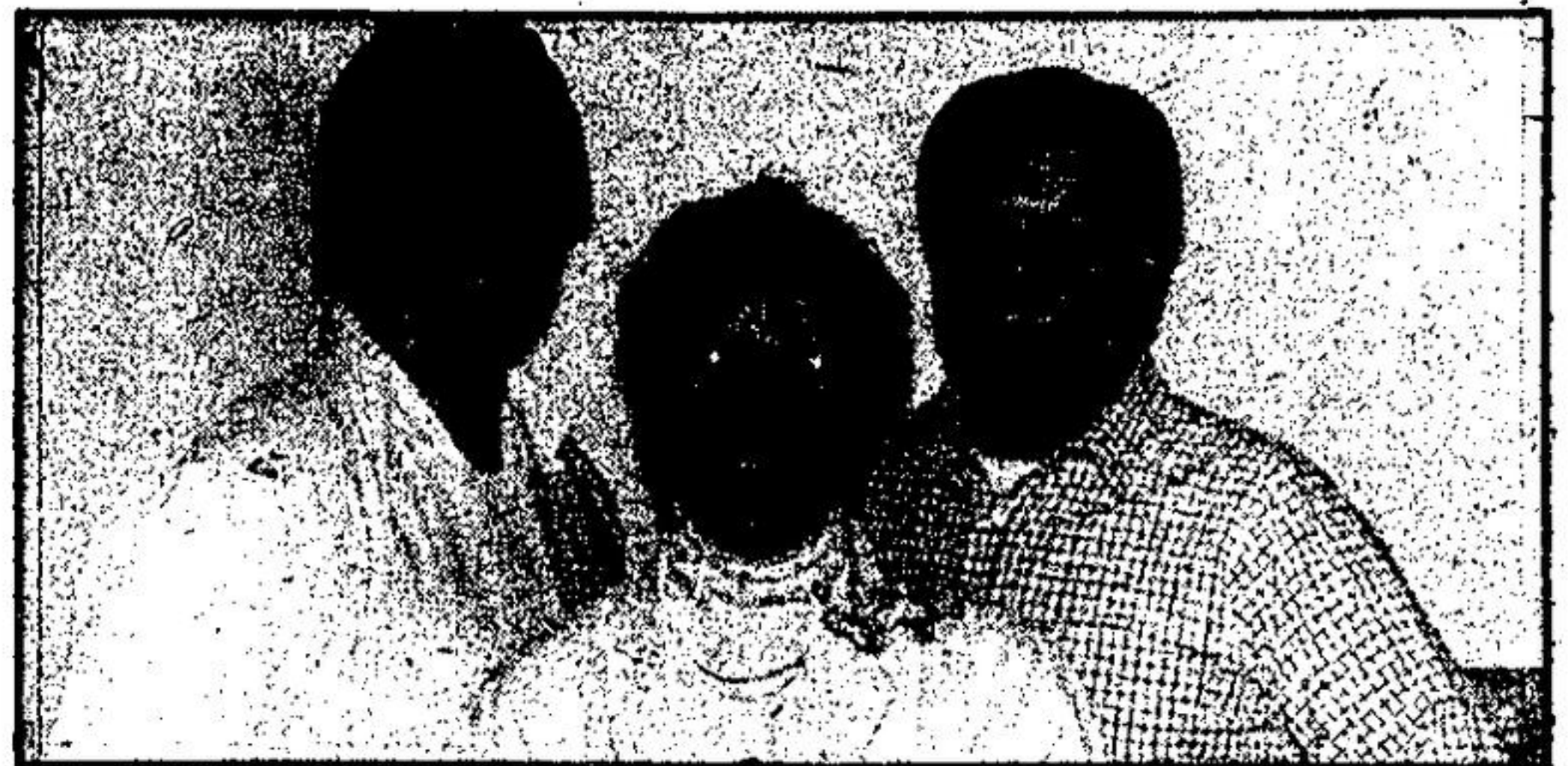


VALUES IN EFFECT FROM MONDAY, MARCH 27 TO SATURDAY, APRIL 1



The Knechtel's Meat Team Gives You Quality Cuts

We trim all excess fat and bone, leaving only enough for proper cooking. Any extra trimming, grinding or wrapping done at no extra cost.



THE KNECHTEL MEAT TEAM: Pictured here, left to right, are Gerard Van Opstal, Kim Toth and Bob Creasy.

OUR COMMITMENT

To select and purchase only the Finest Quality Meats. Ask us for that speciality cut for your special occasion, such as: Chef Style Prime Ribs, Crown Roast of Pork, Thick Cut Barbeque Steaks.



NOT EXACTLY AS ILLUSTRATED

Fresh Boneless CHICKEN BREAST FINGERS

4.49 LB.

9.90 kg

SAMPLING
SAT., APRIL 1st
11:00 a.m. to 3:00 p.m.

THIS WEEK'S RECIPE

FINGER CHICKEN

- Boneless chicken breasts
- 1/4 cup butter
- 1 clove garlic minced
- 1 tbsp Dijon mustard
- 1 tsp lemon juice
- Salt and pepper
- 1/4 cup bread crumbs
- 1/4 cup Parmesan cheese
- 2 tbsp Parsley

In a frying pan melt butter and saute garlic, add mustard, lemon juice and salt and pepper (to taste). Cut chicken into bite size pieces and add to frying pan. Cook chicken. Mix bread crumbs, cheese and parsley. When chicken is cooked add crumb mixture to pan and toss with chicken.



FRESH BUTT PORK CHOPS

1.19 LB.

2.62 kg

CELERY STALKS

Produce of U.S.A. Canada No. 1 Grade

59¢

Knechtel **ORANGE JUICE**

2 Litre Plastic

1.79



HEINZ KETCHUP

1 Litre Bottle

SPECIAL PRICE WITH 50¢ COUPON BELOW

1.99

Special Price Without Coupon 2.49

Florida Grown **RED GRAPEFRUIT**



6/99¢

Oven Fresh **APPLE PIE**

24 oz. Pkg.

1.99

SAVE 1.16

VALUABLE COUPON

With This Coupon **SAVE 50¢** Off The Purchase Of 1 - 1 Litre Bottle Of **HEINZ KETCHUP**

Special Price With This 50¢ Coupon **1.99** Special Price Without Coupon **2.49**

Valid Only At Knechtel Assoc. Stores. Coupon Expires Sat. April 1, 1989.

COUPON

\$2.00 OFF (WITH THIS COUPON) ON ANY LARGE DELI TRAY MEAT, CHEESE, VEGETABLE OR COMBINATION TRAY

VALUABLE COUPON

With This Coupon **SAVE 50¢** off the Purchase of 1 - 300 g Assorted Grinds **MOTHER PARKER'S VAC PAC COFFEE**

Special Price With This 50¢ Coupon **1.49** Special Price Without Coupon **1.99**

Valid Only At Knechtel Assoc. Stores. Coupon Expires Sat. April 1, 1989.



GEORGETOWN FOOD MARKET

Moore Park Plaza, Georgetown 873-3963

STORE HOURS

Mon.-Fri. 8:00 a.m.-9:00 p.m.
Saturday 8:00 a.m.-6:00 p.m.
Sunday CLOSED