



The Knechtel's Meat Team Gives You Guaranteed Quality

OUR MEAT GUARANTEE

With more than 40 years combined meat experience OUR MEAT TEAM guarantees 100% satisfaction from everything we cut and sell.

OUR COMMITMENT

To select and purchase only the Finest Quality Meats. Ask us for that specialty cut for your special occasion, such as: Chef Style Prime Ribs, Crown Roast of Pork, Thick Cut Barbeque Steaks.



THE KNECHTEL MEAT TEAM: Pictured here, left to right, are Gerard Van Opstal, Kim Toth and Bob Creasy.



STORE-MADE SAUSAGE

1.79

3.95 Kg. LB.

ITALIAN, BRATWURST, HONEY-GARLIC & OCTOBERFEST & GARLIC

SAMPLING
Sat., March 11th
11:00 a.m. - 3:00 p.m.

THIS WEEK'S RECIPE

PATRICIA'S SAUSAGE SOUP

- 3/4 lb. hot (Italian) sausage
- 3/4 lb. sweet (Bratwurst) sausage
- 1 cup chopped onion
- 2 cloves chopped garlic
- 1 28 oz. can tomatoes
- 1 cup beef broth
- 1 cup wine (water will do)
- 1 tsp. oregano
- 1 tsp. parsley
- 1 tsp. basil
- 1 cup macaroni

In a frying pan simmer sausage in 1/2 cup of water. After 8 minutes pierce sausages and drain. Add butter and brown. Saute onion and garlic. Cut sausage to bite size pieces. Transfer sausage, onion and garlic to large pot and add remaining ingredients, except macaroni. Bring to a boil. Add macaroni, reduce heat and simmer for one (1) hour.



FRESH, YOUNG ONTARIO PORK

PICNIC SHOULDER ROAST

79¢

1.74 Kg.

LB.

Product of U.S.A.
NUTRITIOUS

BROCCOLI 49¢
BUNCH

Canada Grade 'A'

LARGE EGGS

1 DOZEN
Special Price
With 30¢
Coupon
Below

99¢

Special Price Without Coupon 1.29

FRESH
SWEET CALIFORNIA STRAWBERRIES
1.29
Pint

COUNTRY BEST ICE CREAM **1.59**
2 Litre
CHOCOLATE - VANILLA - NEOPOLITAN
CHOCOPOLITAN

MISS VICKIE'S HAND-MADE POTATO CHIPS **1.89**
180 g. PKG.

DELI CUT POLISH SAUSAGE **1.99**
44¢ 100 g. LB.

KNECHTEL VALUABLE COUPON

With This Coupon **SAVE 30¢**
On Purchase Of 1 - Dozen Canada Grade 'A' LARGE EGGS

Special Price With This 30¢ Coupon **99¢** Special Price Without Coupon 1.29

Valid Only At Knechtel Assoc. Stores. Coupon Expires Sat. March 18, 1989.

OVEN FRESH BAKERY
WHITE BREAD **69¢**
Available at stores with in-store bakeries

KNECHTEL VALUABLE COUPON

With This Coupon **SAVE 30¢**
Off The Purchase Of 1 - 48 oz. Tin Of V-8 JUICE

Special Price With This 30¢ Coupon **99¢** Special Price Without Coupon 1.29

Valid Only At Knechtel Assoc. Stores. Coupon Expires Sat. March 18, 1989.



GEORGETOWN FOOD MARKET

Moore Park Plaza, Georgetown **873-3963**

STORE HOURS

Mon.-Fri. 8:00 a.m. - 9:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.
Sunday CLOSED